

Diploma in Rehabilitation Medicine (Staff Registrar Scheme)

Fee Structure:

- *Registration fee: \$500 (one-time payment per applicant)
- *Course fee \$5000 per year
- *Examination fee \$250 per examination

*Prevailing rate of Goods and Services Tax (GST) is not inclusive in the fees and is collected on top of the Registration fee , Course fee and Examination fee

Application Procedure:

Candidates are required to fill up the

- Application form (available at <http://www.ams.edu.sg/srs.asp>)
- Obtain endorsement from their Head of Department and their Human Resource Department.
- Attach the supporting documents (certified as true copies) as indicated in the application form and mail to:

Academy of Medicine, Singapore
Education & Training Department
81 Kim Keat Road
#11-00 & #12-00, NKF Centre
Singapore 328836

Withdrawal and Bond Policy (if any):

Please refer to your sponsoring institution for the withdrawal and bond policy (if any).

Contact Details:

Contact person : Ms Era Syairah
Designation : Executive, Administration & Training
DID : (65) 6593 7885
Fax : (65) 6593 7880
Email : syairah@ams.edu.sg

Website - <http://www.ams.edu.sg>

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ACADEMY OF MEDICINE, SINGAPORE

PATRON: PRESIDENT OF THE REPUBLIC OF SINGAPORE

Staff Registrar Scheme

Diploma in Rehabilitation Medicine

3rd Intake

Jointly awarded by the
Academy of Medicine, Singapore

and

Chapter of Rehabilitation Physicians
(College of Physicians, Singapore)

Programme Director

Dr Bok Chek Wai

Diploma in Rehabilitation Medicine (Staff Registrar Scheme)

Objectives:

The Diploma in Rehabilitation Medicine is designed specifically for doctors who intend to work within the field of Rehabilitation Medicine but not as specialists. The aim of the programme is to enable the trainee to acquire the following:

- Skills and knowledge in the evaluation and management of patients in Rehabilitation Medicine
- Management of common medical complications that occur in rehabilitation patients
- Effective communication skills and professionalism in rehabilitation care
- Awareness and knowledge of the social support system in the local context

Admission Criteria:

Applicants must satisfy the following criteria for admission into this programme:

- a. Possess a basic medical degree registrable with the Singapore Medical Council (SMC) on a Temporary (Service), Conditional or Full registration;
- b. Either Qualified locally trained doctors with 3 years experience as a medical officer including 1 year of clinical experience in rehabilitation medicine; or
- c. Doctors from Non-traditional sources who have worked at least 1 year with the sponsoring public hospitals in Singapore with at least 1 year experience in Rehabilitation Medicine may be eligible to apply if strongly supported by the employing institution.
- d. Must be supported by the Head of Department on basis of merit.

Programme Duration:

This is a 2 years structured Diploma programme. 20 months will be spent in the parent rehabilitation unit where the physician is employed. 3 months would be spent in a general General Medicine rotation and 1 month will be spent in another rehabilitation medicine unit.

Training Curriculum:

Trainees will be guided by specialists in Rehabilitation Medicine who will ensure that all topics specified in the syllabus are covered. They need to achieve knowledge in the core topics in the first year and elective topics in the second year. Trainees also need to list the necessary basic clinical, procedural and professional skills into their logbook and must demonstrate expertise in these areas.

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Core Topics:

1. Common emergencies for the rehabilitation physician
2. Functional Independence Measure and other commonly used functional scales in Rehabilitation Medicine
3. Stroke / Neurorehabilitation
4. Traumatic Brain Injury Rehabilitation
5. Pressure ulcer prevention and management
6. Amputee Rehabilitation
7. Joint replacements
8. Spinal cord injury rehabilitation
9. Neurogenic bladder & bowel
10. Spasticity management
11. Musculoskeletal examination of the upper and lower limb
12. Pain management in the rehabilitation setting
13. Orthotics / walking aids / wheelchairs
14. Therapeutic exercise
15. Physical agents and modalities
16. Immobility & deconditioning
17. Leading multidisciplinary meetings and leadership in a multidisciplinary team
18. Social support system in Singapore
19. Visits to day rehab centre / nursing home / shelter home / food and limb centre / community hospital

Assessment Criteria:

A formal half yearly review of the trainee's progress by the supervisor is required. The aim of such a review is to ensure that the trainee is exposed to and is taught all aspects of the specialty available in the department.

2 case write-ups have to be completed each year.

There will be an exam at the end of the 1st year. An exit exam will be held at the end of year 2.

Expected commencement date : 1 May 2011

Application period : From 1 February 2011 to 1 March 2011