

CORE HAND SURGERY ACTIVITIES / PROGRAMMES

- **Category 1A: Participation at local pre-approved activities**
 1. Advanced Hand Training Programme (NUH)
 2. NUH Clinical Case Discussion
 3. Review Course / Seminar
 4. SGH Advanced Hand Training Programme (Wed)
 5. SGH Combined Teaching Sessions (Fri)
 6. SGH Peri-operative Rounds
 7. SOA/SSHS Combined Meeting
 8. Teaching Round of Accredited Hospital/ Teaching Centre

- **Category 1B: Participation at local ad-hoc activities**
 1. Annual Hand Review/ASM
 2. SOA Annual Scientific Meeting
 3. Chapter CME lectures

- **Category 1C: Participation at overseas ad-hoc activities**
 1. ASEAN Orthopaedic Association Meeting
 2. Asia Pacific Federation of Societies for Surgery of the Hand Congress
 3. American Academy of Orthopaedic Surgeons Annual Meeting
 4. International Federation of Societies for Surgery of the Hand Scientific Meeting (every 3 years)
 5. American Society for Surgery of the Hand Annual Meeting
 6. International Society for Reconstructive Microsurgery Annual Meeting
 7. International Symposium on Limb Salvage
 8. International Shoulder Conference
 9. British or European Hand Society Annual Meeting
 10. Japanese Hand Society Annual Meeting
 11. World Society of Reconstructive Microsurgery Meeting

- **Category 2 / 3A: Authorship / Review / Self-study of original articles published in refereed journals / audio-visual tapes**
 1. American Academy of Orthopaedic Surgeons (AAOS), USA (audiotapes)
 2. American Journal of Sports Medicine
 3. Arthritis & Rheumatism
 4. Bone
 5. Cancer Research
 6. Clinical Orthopaedics and Related Research
 7. Developmental Medicine and Child Neurology
 8. International Journal of Sports Medicine
 9. Journal of Biomechanics
 10. Journal of Bone and Joint Surgery – British Volume
 11. Journal of Hand Surgery – British and European Volume
 12. Journal of Orthopaedic Research
 13. Journal of Orthopaedic Trauma
 14. Journal of Reconstructive Microsurgery
 15. Journal of the American Society for Surgery of the Hand
 16. Muscle & Nerve
 17. Orthopaedic Knowledge Online
 18. Osteoarthritis and Cartilage
 19. Osteoporosis International
 20. Plastic & Reconstructive Surgery
 21. The Journal of Bone and Joint Surgery – American Volume
 22. The Journal of Hand Surgery – American Volume

23. The Journal of Shoulder and Elbow Surgery