

2ND ANNUAL TRAINING COURSE ON FUNCTIONAL ENDOSCOPIC SINUS SURGERY (FESS) OF UNIVERSITY OF NAIROBI & KAREN HOSPITAL FROM 13-15 October 2007 AT CHIROMA CAMPUS, KENYA, NAIROBI

Trip Funded by:	College of Surgeons Travelling Fellowship Fund
Attended by:	A/Prof Siow Jin Keat
Reported by:	A/Prof Siow Jin Keat
Trip Report	
I was re-appointed as Visiting Professor to the Dept of Surgery, University of Nairobi, Kenya for October 2007 having been appointed previously in May 2006. In this appointed academic capacity, I conducted the 2nd Annual Training Course on Functional Endoscopic Sinus Surgery (FESS) organised by the Otolaryngology Head and Neck Surgery Institute together with an international faculty from Germany, Prof Jochen Werner of the University of Marburg, from China, Prof Xu Geng of Sun Yat Sen University Guangzhou, from Singapore, Dr Chan Kwai Onn of Changi General Hospital, from UK, Dr Wolfgang Issing of Freeman Hospital, Newcastle upon Tyne and local faculty Prof Herbert Oburra, Dr. Peter Mugwe and Dr. Peter Masinde of the University of Nairobi, Kenya. The participants comprised of 13 Kenyans, 6 Ugandans, 2 Tanzanians, 1 Madagascanian, 1 Egyptian and 1 Singaporean Chinese working in the UK. The workshop consisted of didactic lectures in the mornings at the Chiroma Campus followed by cadaver dissection using endoscopic sinus surgery equipment brought in by Karl Storz GmbH Germany. The cadavers were noticeably fresh, some even bleeding during dissection possibly because they were dead for only a few hours! The third day of the course, I performed live surgery on patients at the Karen Hospital. Karen Hospital is named after the owner of the land upon which the hospital was built, Danish Baroness Karen von Blixen Finecke who wrote Out of Africa under the pseudonym Isak Dinesen which later became a movie starring Meryl Streep and Robert Redford. The hospital was well constructed, very clean and run by an energetic CEO, Dr. Betty M Gikonyo who is also a pediatric cardiologist and whom with a group of shareholders owned this 300 bedded hospital facility. It was not surprising therefore for me to see a heart lung machine in the large operating theatre I was given to do my operations.	
Usefulness of Event to Self & College of Surgeons	
The Trainee doctors at the University of Nairobi are hungry for knowledge, so were the other participating doctors from Uganda (14 hours away by bus) Tanzania (12 hours away by bus) and Madagascar. Lacking financial resources they would not have been able to attend such FESS courses elsewhere in the world. By bringing the course there I have a good sense of fulfilment being able to impart surgical expertise we take for granted in our developed world to East African doctors. As these doctors acquire funding for equipment they would be able to perform such surgery for East African patients, thus elevating the standard of local medical care. I presented our Academy of Medicine Commemoration Book to Prof Herbert Oburra, Chairman of the Dept of Surgery, University of Nairobi and our College of Surgeons' ties and tie clips to the international and local faculty members promoting awareness of the name of the College. I also presented two textbooks, "A Manual of Endoscopic Sinus Surgery" and "Basic Otorhinolaryngology" to the Dept of ENT, University of Nairobi through sponsorship of the College of Surgeons of Singapore. The international teaching faculty arranged their own financial sponsorship for their flights and accommodation allowing the course to charge only a minimal registration fee. Funding for such academic teaching trips thus allows these teaching courses to remain affordable to the local participants.	

PICTURES TO SHARE



Presenting Academy of Medicine Commemorative Book to Prof Herbert Oburra , Chairman, Dept of Surgery, University of Nairobi, Kenya



Course Group Photograph at Chiroma Campus, University of Nairobi, Kenya



Demonstrating Cadaveric Dissection