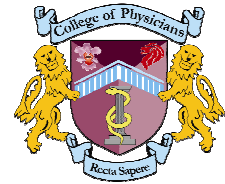


COLLEGE OF PHYSICIANS, SINGAPORE

2008 COUNCIL MEMBERS

President	:	Dr Ng Keng Yeen
President-Elect	:	Dr Wong Kok Seng
Vice-President	:	Dr Khoo Kei Siong
Honorary Secretary	:	Dr Tay Jam Chin
Honorary Treasurer	:	Dr Alan Ng Wei Keong
Council Members	:	Dr Chan Kin Ming
		Dr Terrance Chua Siang Jin
		Dr Roland Chong Siong Eng
Ex-Officio	:	Dr Lim Shih Hui (AMS Council Representative)



<u>Chairman of Chapters</u>	:	
Cardiologists	:	Dr Ho Kheng Thye
Dermatologists	:	Dr Tay Yong Kwang
Endocrinologists	:	Dr Daphne Khoo Hsu Chin
Gastroenterologists	:	Dr Roland Chong Siong Eng
General Physicians	:	Dr Tay Jam Chin
Geriatricians	:	Dr Philip Choo
Haematologists	:	Dr Lee Lai Heng
Infectious Diseases Physicians	:	Dr Leo Yee Sin
Medical Oncologists	:	Dr Kong Hwai Loong
Neurologists	:	Dr Christopher Chen Li Hsian
Rehabilitation Medicine	:	Dr Chan Kay Fei
Renal Physicians	:	Dr Wong Kok Seng
Respiratory Physicians	:	Dr Alan Ng Wei Keong
Rheumatologists	:	Dr Lau Tang Ching
Section of Palliative Care Medicine	:	Dr Cynthia Goh

HIGHLIGHTS

5th ANNUAL SCIENTIFIC MEETING

The 5th Annual Scientific Meeting of the College, held from 5-6 July 2008 was well participated with good representation from Cardiology, Endocrinology, Gastroenterology, Haematology, Infectious Disease, Internal Medicine, Neurology and Renal Medicine.

Programme highlights:

Distinguished overseas speaker: Professor Liaw Yun Fan, Professor of Medicine at the Liver Research Unit, Chang Gung Memorial Hospital in Taiwan, delivered a lecture on "**Management of Hepatitis B Resistance**". Professor Liaw has published over 85 papers, focusing mainly on his research interests in Hepatitis and Hepatoma.

18th Seah Cheng Siang Memorial Lecture

Professor Liaw also delivered the 18th Seah Cheng Siang Memorial lecture entitled: "**Advances in the Management of Viral Hepatitis in the Last Decade**".

5th College of Physicians Lecture

Dr Chew Chin Hin, Past Master and Honorary Postgraduate Advisor & Adjunct Associate Professor of the Division of Graduate Medical Studies, Yong Loo Lin School of Medicine, National University of Singapore, delivered the 5th College of Physicians Lecture entitled: "**A Physician's Odyssey: Recollections and Reflections**", reminiscing the significant events in the Singapore medical scene since the 1930s.



1st row (Left to Right):
Dr Wong Kok Seng (President-Elect), Dr Chan Kin Ming, Dr Ng Keng Yeen (President), Dr Lim Shih Hui, Dr Khoo Kei Siong (Vice-President), Dr Alan Ng Wei Keong (Honorary Treasurer)

2nd row (Left to Right):
Dr Tay Jam Chin (Honorary Secretary), Dr Cynthia Goh, Dr Lee Lai Heng, Dr Kong Hwai Loong, Dr Lau Tang Ching, Dr Leo Yee Sin, Dr Daphne Khoo

Not in picture:
Dr Terrance Chua, Dr Roland Chong, Dr Ho Kheng Thye, Dr Tay Yong Kwang, Dr Philip Choo, Dr Christopher Chen, Dr Chan Kay Fei

Continuing Medical Education Activities

College of Physicians, Singapore

5-6 July	5th Annual Scientific Meeting
5 July	5th College of Physicians Lecture & 18th Seah Cheng Siang Memorial Lecture

Chapter of Cardiologists

5-9 March	Singapore Live 2008
27-28 September	3rd Cardiology Update

Chapter of Dermatologists

14 April	Management of Non-Melanoma Skin Cancer
22 May	Chapter Update for Dermatologists
8 July	Optimising Topical Treatment for Psoriasis
4 September	Chapter Update for Dermatologists - Adverse Drug Eruptions
4 December	4th Chapter of Dermatologists Lecture

Chapter of Endocrinologist

24 March	Cardiovascular Disease - Should Management Strategies Differ in Diabetic vs Non-Diabetic Patients
17 April	Endocrinologists Lecture cum Dinner
23 June	Papillary Thyroid Carcinoma: Pathways & Precursors
1 July	Providing Quality Osteoporosis Therapy: New Evidence & Future Directions
31 July	A New Paradigm in Diabetes Treatment - The Role of Incretin Mimetics
14 November	Dyslipidemia: Understanding the Needs for Different Approaches to Lipid Management

Chapter of General Physicians

23 January	Obstructive Sleep Apnea - Evaluation and Update on Management
27 February	Management of Dyslipidaemia - New Treatments and Difficult Problems
26 March	Retardation of Renal Failure
23 April	Frequent Falls in Elderly - Evaluation and Management
28 May	EM,SJS/TENS- Evaluation and Management
6 June	Talk for General Physicians & SID(S) : Chronic Hepatitis B
23 July	Advanced Care Planning
7 August	Recent Advances in Cancer Symptom Management
27 August	Diabetes Mellitus - New Agents and Clinical Applicability
22 October	Current Anti-Retroviral Therapy
26 November	Non-viral Hepatitis - Diagnostic Work-up and Management

Chapter of Geriatricians

26 February	Update in Alzheimer's Disease
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Chapter of Haematologists

10 January	Clinical Experience in Autologous Haematopoietic Stem Cell Transplant for Severe Lupus Systemic Sclerosis and other Immune Mediated Diseases
18-20 September	5th Congress of the Asian-Pacific Society on Thrombosis and Haemostasis

Chapter of Medical Oncologists

25-27 January	17th SRS ASM in conjunction with 2nd SSO-Chapter of Medical Oncologists Joint Review Course 2008
11 April	2nd Teaching Forum for the Oncology AST Trainees
15-16 August	Best of ASCO '08

Chapter of Neurologists

9 April	Epilepsy Update
19 April	Neuromuscular Update
30 June	Neuro-imaging in Epilepsy

Chapter of Rehabilitation Medicine

24 June	Updates in Spasticity Medicine and Intrathecal Baclofen
24 July	Sports and the Disabled Athlete
4 September	Basics of Rehabilitation Engineering, Current Projects and Future Collaborations in Rehabilitation Research
30 September	Sex for the Disabled. Size does not matter!
31 October- 2 November	10th Singapore Stroke Conference

Chapter of Renal Physicians

12 April	2nd Annual Chapter of Renal Physicians Lecture
2 August	PD College (CME)
23 August	3rd Scientific Meeting of Advanced Speciality Trainees in Nephrology
11 September	Chronic Haemodialysis - A Newer Look at Newer Techniques

Chapter of Respiratory Physicians

16 January	New Strategies in Smoking Cessation
14 March	Lecture - Steering the Future of COPD
12 April	Implementing Smoking Cessation Treatment into Clinical Practice

Chapter of Rheumatologists

10 January	Clinical Experience in Autologous Haematopoietic Stem Cell Transplant for Severe Lupus Systemic Sclerosis and other Immune Mediated Diseases
19 January	New Horizons in Osteoporosis Management
14 March	The Biphosphonates for Osteoporosis: Do We Know Everything Already?
3 April	The Rheumatology / Orthopedic Interface and Use of Biologicals in Rheumatology
25 June	1st COR Round Table (CORRT) CME
1 July	Providing Quality Osteoporosis Therapy: New Evidence & Future Directions
19-20 July	Ten Topics in Rheumatology (nominal sponsor)
6 August	New Data in Rheumatology
2 December	Update on Gout Epidemiology and Treatment

Section of Palliative Medicine

7 August	Recent Advances in Cancer Symptom Management
28-30 September	Singapore Palliative Care Conference 2008

Clinical Practice Guidelines

The College assisted with the development of the following published Clinical Practice Guidelines in 2008:

- Guidelines for Use of ECG for Screening for Coronary Heart Disease in Asymptomatic Patients with Hypertension
- Clinical Guidelines on Prescribing of Benzodiazepine
- Clinical Guidelines on the Management of Asthma

Professional Opinions

The College contributed professional opinions on the following topics to the Ministry of Health, Singapore:

- National Medical Specialty Centres
- Platelet Rich Plasma (PRP) and Granulocyte Stimulating Factor (G-CSF)
- Exposure-Prone Procedures
- Provision of Clinical Services (Health Services Development Programme)
- Cell Therapy
- Use of Anticoagulation and Anti-platelet Agents with Endoscopic Procedures

Staff Registrars Scheme (SRS)

During the year, the College successfully implemented four diplomas:

- Diploma in Infectious Diseases
- Diploma in Geriatric Medicine in Hospital and ILTC (Intermediate and Long-Term Care)
- Diploma in Cardiology
- Diploma in Neurology
- Diploma in Palliative Medicine
- Diploma in Internal Medicine (with focus on Hospital Medicine)

Upon successful completion of the SRS programme and exit examination, the candidates will be awarded a Diploma conferred jointly by the Academy of Medicine and the College of Surgeons. The candidates will also have the opportunity to work as a Staff Registrar in a public institution under the supervision of the hospital's consultants.

Participation in International and Regional Conferences

During the year, the College participated in the following conferences:

- 2008 Congress of the Royal Australasian College of Physicians (RACP), Adelaide, Australia, 11-15 May 2008 represented by Dr Ng Keen Yeen, College President
- 42nd Malaysia-Singapore Congress of Medicine organized by the Academy of Medicine of Malaysia, 31 July–3 August, 2008, Kuala Lumpur Malaysia. Dr Ng Keng Yeen was conferred a Fellow of the Academy of Medicine, Malaysia at the meeting, and Dr Tan Yew Oo, Fellow, Chapter of Medical Oncologists delivered two lectures entitled:

"Molecular targeted therapies in lung cancer – 2008"

"Tailoring or individualizing therapy in advanced colorectal cancer"

More information on the College and the 2008 financial statements are available at <http://cps.ams.edu.sg/>