



## COLLEGE OF PHYSICIANS, SINGAPORE ANNUAL REPORT 2014

### FOREWORD BY PRESIDENT

The College organised a successful 6<sup>th</sup> Medicine Review Course at Khoo Teck Puat Hospital on 30 – 31 August 2014, attracting 311 delegates comprising specialists, residents, medical students, allied health care workers and pharmacists. I would like to thank Dr David Lye and Dr Terence Kee, Chairman and Co-Chairman of the 2014 Organising Committee respectively, and their team for organising yet another exciting programme successfully. Moving forward, we hope to attract an even larger crowd by incorporating more interactive and multi-disciplinary sessions in the two-day course.



57 new Fellows were admitted into the College in 2014, bringing our total membership to 818 as at 31 December. Expanding membership is fundamental in order for the College to serve as an overall representative body in professional issues.

As we look forward to a productive 2015, I would like to record my appreciation to the Council and College members for their support and efforts rendered in the past year. We will continue to work with the Academy and the Chapters for our continued growth in the medical profession.

### ABOUT US

The College of Physicians, Singapore is a Company Limited by Guarantee registered in Singapore. It was incorporated on 17 August 2004 (Registration No. 200410334R) and registered under the Charities Act on 13 October 2004, with its address and principal place of business at 81 Kim Keat Road, NKF Centre #11-00, Singapore 328836.

Physicians in Singapore are medical specialists in field of Adult Internal Medicine which is distinct from surgery, radiology, anaesthesiology, obstetric and gynecology and paediatric medicine.

Physicians have completed about 5-6 years of postgraduate training in the field of Internal Medicine and have obtained postgraduate degrees and certifications such as M Med (Int Med), MRCP (UK), and FAMS. Physicians often choose to specialise in one of the following 15 specialties of Internal Medicine: Cardiology, Dermatology, Endocrinology, Gastroenterology, Geriatric Medicine, Haematology, Infectious Diseases, General Internal Medicine, Medical Oncology, Neurology, Rehabilitation Medicine, Renal Medicine, Respiratory Medicine, Rheumatology and Immunology, and Palliative Medicine.

The College vision is to be the recognised leader in training, education, advocacy and enhancement of professional satisfaction for internal medicine and its sub-specialties and to promote and maintain the highest professional and ethical standards in internal medicine and its sub-specialties.

## OBJECTIVES

The objects of the College are as follows:

- (i) To advance the art and science of internal medicine and its specialties
- (ii) To promote study and research into medical and scientific problems
- (iii) To sustain and foster postgraduate education; to conduct higher professional examinations and to award diplomas
- (iv) To do all such things as are in furtherance of the above objects

## THE 2014-2015 COUNCIL

### Elected Council Members

**DR TAY JAM CHIN**

**President**

Director (from 28 April 2007)

**DR CHAN CHOONG MENG**

**President-Elect**

Director (from 16 May 2009)

**DR LYE CHIEN BOON DAVID**

**Vice-President**

Director (from 7 May 2011)

**DR YIM HENG BOON**

**Honorary Secretary**

Director (from 26 May 2012)

**DR LEE LAI HENG**

**Honorary Treasurer**

Director (from 28 April 2007)

**DR SUM CHEE FANG**

**Council Member**

Director (from 7 May 2011)

**DR TOH HAN CHONG**

**Council Member**

Director (from 31 May 2013)

### Appointed Council Members

**DR WONG SUNG LUNG AARON**

**Chairman, Chapter of  
Cardiologists**

Director (from 31 May 2013)

**DR LEOW YUNG HIAN**

**Chairman, Chapter of  
Dermatologists**

Director (from 31 May 2013)

**DR KON YIN CHIAN WINSTON**

**Chairman, Chapter of  
Endocrinologists**

Director (from from 31 May 2013)

**DR OOI CHOON JIN**

**Chairman, Chapter of  
Gastroenterologists**

Director (from 7 May 2011)

**DR ASHISH ANIL SULE**

**Chairman, Chapter of General  
Physicians**

Director (from 31 May 2013)

**DR PANG WENG SUN**

**Chairman, Chapter of  
Geriatricians**

Director (from 31 May 2013)

**DR NG HENG JOO**

**Chairman, Chapter of  
Haematologists**

Director (from 7 May 2011)

**DR LYE CHIEN BOON DAVID**

**Chairman, Chapter of Infectious  
Disease Physicians**

Director (from 16 June 2012)

**DR LIM SOON THYE**

**Chairman, Chapter of Medical  
Oncologists**

Director (from 7 May 2011)

**DR CHAN YEE CHEUN**

**Chairman, Chapter of  
Neurologists**

Director (from 31 May 2013)

**DR SEAH SOEK TIAN ANGELINE**

**Chairman, Chapter of Palliative  
Medicine Physicians**

Director (from 31 May 2014)

**DR LIM AI CHI PETER**

**Chairman, Chapter of  
Rehabilitation Physicians**

Director (from 31 May 2013)

**DR KEE YI SHERN TERENCE**

**Chairman, Chapter of Renal  
Physicians**

Director (from 31 May 2013)

**DR TEE KIM HUAT AUGUSTINE**

**Chairman, Chapter of Respiratory  
Physicians**

Director (from 31 May 2013)

**DR LEONG KENG HONG**

**Chairman, Chapter of  
Rheumatologists**

Director (from 7 May 2011)



*Council photo taken at the 11<sup>th</sup> College of Physicians Lecture and 24<sup>th</sup> Seah Cheng Siang Memorial Lecture on 30 August 2014*

**1st row (Seated from Left to Right):**

Dr Yim Heng Boon (Honorary Secretary), Dr Lye Chien Boon David (Vice-President and Chairman, Chapter of Infectious Disease Physicians), Dr Tay Jam Chin (President), Dr Chan Choong Meng (President-Elect), Dr Lee Lai Heng (Honorary Treasurer)

**2nd row (Standing from Left to Right):**

Dr Chan Yee Cheun (Chairman, Chapter of Neurologists), Dr Pang Weng Sun (Chairman, Chapter of Geriatricians), Dr Seah Soek Tian Angeline (Chairman, Chapter of Palliative Medicine Physicians), Dr Kee Yi Shern Terence (Chairman, Chapter of Renal Physicians), Dr Lim Ai Chi Peter (Chairman, Chapter of Rehabilitation Physicians), Dr Leong Keng Hong (Chairman, Chapter of Rheumatologists)

**Not in photo:**

Dr Sum Chee Fang (Council Member), Dr Toh Han Chong (Council Member), Dr Wong Sung Lung Aaron (Chairman, Chapter of Cardiologists), Dr Leow Yung Hian (Chairman, Chapter of Dermatologists), Dr Kon Yin Chian Winston (Chairman, Chapter of Endocrinologists), Dr Ooi Choon Jin (Chairman, Chapter of Gastroenterologists), Dr Ashish Anil Sule (Chairman, Chapter of General Physicians), Dr Ng Heng Joo (Chairman, Chapter of Haematologists), Dr Lim Soon Thye (Chairman, Chapter of Medical Oncologists), Dr Tee Kim Huat Augustine (Chairman, Chapter of Respiratory Physicians)

## COMPANY SECRETARY

Rodyk & Davidson LLP was engaged as the Company Secretary to provide corporate secretarial services to the College.

## AUDITOR

Geetha A & Associates was re-appointed as the auditor for the accounts of the College.

## ANNUAL GENERAL MEETING

The 10<sup>th</sup> Annual General Meeting of the College was held on Saturday, 31 May 2014 at 1400 hours in Lee Kong Chian Boardroom at Academy of Medicine, Singapore.

It was attended by 28 Fellows, meeting the quorum of not less than 20 voting members at the commencement of a general meeting in accordance to Article 68 of the Articles of Association of the College.

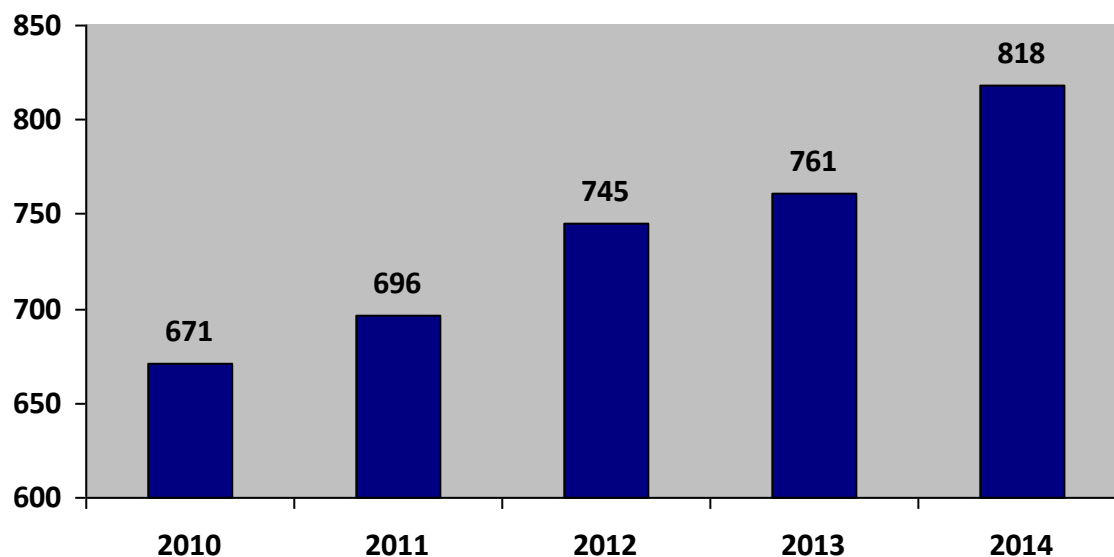
## COUNCIL MEETINGS

The Council had seven meetings in 2014 to conduct the business and affairs of the College:

- (i) 14 January
- (ii) 11 March
- (iii) 15 April
- (iv) 31 May
- (v) 14 July
- (vi) 9 September
- (vii) 4 November

## MEMBERSHIP

As at 31 December 2014, the College had a total of 818 members comprising 815 Fellows and 3 Associate Members. The College welcomed a total of 57 new Fellows in 2014.



The total membership of 818 comprises:

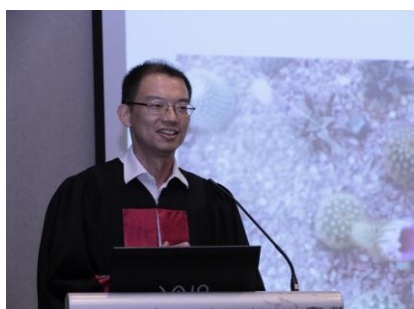
Cardiologists	126
Dermatologists	90
Endocrinologists	63
Gastroenterologists	71
General Physicians	68

Geriatricians	50
Haematologists	24
Infectious Disease Physicians	19
Medical Oncologists	61
Neurologists	60
Palliative Medicine Physicians	33
Rehabilitation Physicians	20
Renal Physicians	48
Respiratory Physicians	71
Rheumatologists	37

**NAMED LECTURES**

**2<sup>nd</sup> Monteiro Lecture (Chapter of Infectious Disease Physicians)**

The 2<sup>nd</sup> Monteiro Lecture was delivered by Dr Hsu Li Yang on 29 March at Grand Copthorne Waterfront Hotel. The title of the lecture was ‘Collaborative ID Research: Personal Lessons from a Decade of Observations’.



Dr Hsu Li Yang delivering the 2<sup>nd</sup> Monteiro Lecture.



Guests gathered at the Lecture.



Left to right: Dr David Lye (Chapter Chairman), Dr Hsu Li Yang, Dr Edmund Monteiro, Prof Paul A Tambyah

**8<sup>th</sup> Chapter of Renal Physicians Lecture**

The 8<sup>th</sup> Chapter of Renal Physicians Lecture was delivered by Professor Yap Hui Kim on 4 October at OneFarrer Hotel & Spa. The title of the lecture was ‘Netball, Birds and the Kidney: What Do They Have in Common?’.



Prof Yap Hui Kim delivering the 8<sup>th</sup> Chapter of Renal Physicians Lecture



Chapter Chairman, Dr Terence Kee (left) presents Prof Yap Hui Kim (right) with a token.



Guests gathered at the Lecture.

### 11<sup>th</sup> College of Physicians Lecture

The 11<sup>th</sup> College of Physicians Lecture was delivered by Professor Lim Shih Hui, Master of the Academy of Medicine, Singapore. It was held on 30 August at Khoo Teck Puat Hospital, in conjunction with Medicine Review Course 2014. The title of the lecture was 'Delivering the Best and Cost-effective Healthcare to Patients with Multiple Co-morbidities: Shall all Physicians be Internal Medicine Accredited before Specialisation?'.



Left to right: A/Prof Chan Choong Meng, Prof Lim Shih Hui, A/Prof Tay Jam Chin



Prof Lim Shih Hui delivering the 11<sup>th</sup> College of Physicians Lecture.



College President, A/Prof Tay Jam Chin (left) presents Prof Lim Shih Hui (right) with a token.

### 24<sup>th</sup> Seah Cheng Siang Memorial Lecture

The 24<sup>th</sup> Seah Cheng Siang Memorial Lecture was delivered by Professor Dato' Goh Khean Lee, University of Malaya, Kuala Lumpur. It was held on 30 August at Khoo Teck Puat Hospital, in conjunction with Medicine Review Course 2014. The title of the lecture was 'Seeing Better, Doing Better - Evolution and Application of GI Endoscopy'.



Prof Dato' Goh Khean Lee delivering the 24<sup>th</sup> Seah Cheng Siang Memorial Lecture.



College President, A/Prof Tay Jam Chin (left) presents Prof Dato' Goh Khean Lee (right) with a token.



Chapter of Gastroenterologists Chairman, A/Prof Ooi Choon Jin (left) with Prof Dato' Goh Khean Lee (right).

## CONTINUING MEDICAL EDUCATION (CME)

### Medicine Review Course 2014

The annual scientific programme held on 30-31 August at Khoo Teck Puat Hospital was attended by 312 delegates. The Organising Committee chaired by Dr David Lye and co-chaired by Dr Terence Kee, together with specialty Programme Directors from 15 Chapters under the College, planned a two-day programme of 35 lectures. The course covered a wide spectrum of common and important topics in Internal Medicine, focusing on the latest developments in each field and evidence-based approaches to assist in daily clinical practices.



A/Prof Lee Lai Heng delivering a lecture on bleeding associated with new oral anticoagulants.



Some members of the audience.



Dr Peter Ting delivering a lecture on cardiac rehabilitation in contemporary clinical practice.

### Chapter Activities

<b>Chapter of Cardiologists</b>	
12-13 April	26th Annual Scientific Meeting with Singapore Cardiac Society – Best Patient Care with Modern cardiology
<b>Chapter of Dermatologists</b>	
12 May & 30 Oct	HMDP Visiting Expert Lectures
<b>Chapter of Endocrinologists</b>	
26 April	Combined symposium with Chapter of Renal Physicians: Clinical Pearls in Glycemic and Non-Glycemic Management of the Patient with Diabetic Chronic and End-Stage Kidney Disease
21-24 Nov	10th International Diabetes Federation Western-Pacific Region Congress
<b>Chapter of Gastroenterologists</b>	
26-27 April	2nd Clinical Nutrition Meeting
4-5 July	Total Nutrition Therapy
<b>Chapter of Haematologists</b>	
16 May	Optimizing bleeding management for patients on diabigatran
1 December	Overcoming the Challenges in HCV-induced Thrombocytopenia
<b>Chapter of Infectious Disease Physicians</b>	
15 May	Serious Infections in ICU: A Multidisciplinary Approach
14 June	4 <sup>th</sup> ASEAN Dengue Day Seminar
<b>Chapter of Neurologists</b>	
5-6 April	6th Singapore International Parkinson's Disease and Movement Disorders Symposium
20 March	CNS Debates

<b>Chapter of Palliative Medicine Physicians</b>	
26-29 June	Singapore Palliative Care Conference 2014
<b>Chapter of Renal Physicians</b>	
26 April	Combined symposium with Chapter of Endocrinologists: Clinical Pearls in Glycemic and Non-Glycemic Management of the Patient with Diabetic Chronic and End-Stage Kidney Disease
<b>Chapter of Respiratory Physicians</b>	
18 October	The Quest For Improved Asthma Control & A New Treatment That Can Be A Change For The Better

## PROFESSIONAL AFFAIRS

The College furnished professional opinions and feedback on various topics upon request:

1. Alleged Breach of the Medical Registration Act (Beauty Salon)
2. Alleged Breach of the Private Hospitals and Medical Clinics Act
3. Choice of Disinfectants and Disinfection Of Endoscopes
4. Comments of Clinical Assessment and Prescription of Testosterone
5. Comments on Genetic Tests Outsourced to Overseas Clinical Labs
6. CPG Masterplan FY2015
7. Defining Cosmetic Treatment
8. Disinfectants of Medical Devices
9. Efficacy of Fecal Transplantation
10. Endorsement on Clinical Practice Guidelines on Falls Prevention
11. Evidence on Hiqcell Treatment
12. Expansion Phryngoplasty
13. Feedback and Endorsement on Guidelines on Anxiety Disorders (2014)
14. Guidelines for Private Healthcare Institutions Providing Renal Dialysis
15. Guidelines for the Provision of Treadmill Services
16. HIV Testing
17. Intravenous Infusion of Vitamins, IV Glutathione and Hormonal Treatment
18. Lifevest Wearable Defibrillator
19. Link-Up with Pediatric & Adult Respiratory Physicians to Develop Special N95 Masks
20. Mandating the Provision of Liposuction Services in Ambulatory Surgical Centres and Hospitals
21. Meeting with MHA And CNB on Cannabis
22. MOH Clinical Practice Guidelines - Tuberculosis
23. Monopolar Radiofrequency Skin Tightening
24. Offering of Gastrointestinal (GI) Panel Test as Mainstream Diagnostic Test
25. Pharmacogenetic Assay for Warfarin Sensitivity
26. Practising Myofascial Trigger Point Dry Needling and Physical Therapy
27. Public Consultation on the Proposed Subsidiary Legislation for the Transfer of Controls of Pharmaceutical Products to Health Products Act
28. Repetitive Transcranial Magnetic Stimulation (RTMS)
29. Request for Comments on Policy Regarding Age Limit of Motor Vehicle Drivers
30. Request for Opinion - 5 Year Survival Rates
31. Review of the Regulatory Framework for Specialised Services under PHMCA
32. Tumorgrafts by Champions Oncology
33. Zeltiq Coolsculpting



## INDEPENDENT MEDICAL EXPERT OPINIONS

The College assisted the Academy of Medicine, Singapore in providing expert opinions for six coroner's cases from the Singapore Police Force for investigation.

## EDUCATION AND TRAINING

### Internal Medicine In-Training Examination (IM-ITE)

The following proctors were engaged to invigilate in the IM-ITE held on 3, 6, 13 & 15 September:

#### 3 September

Dr Aissa Althea Flavier  
Dr Faisal B Bashir

#### 6 September

Dr Suresh Sahadevan  
Dr Tay Jam Chin  
Dr David Lye  
Dr Alan Ng  
Dr Sonny Wang Yee Tang

#### 13 September

Dr Annamarie Borja  
Dr Francis Albert Lo  
Dr Teo Eng Kiong  
Dr Wong Kok Seng  
Dr Khoo See Meng  
Dr Endean Tan

#### 15 September

Dr Khin Saw Myint  
Dr Nihar Pandit

### Staff Registrar Scheme (SRS)

The Staff Registrar Scheme (SRS) was implemented in 2007 together with the Academy of Medicine, Singapore. The programmes, approved by the Singapore Medical Council (SMC), are open to foreign doctors whose specialist degrees and medical qualifications are not recognized by the Specialists Accreditation Board and SMC. It serves as an avenue for the public/restructured healthcare institutions to retain temporary registered (service) doctors and is also open to local doctors who do not wish to practice as general practitioners or specialists and prefer to work in the public/restructured healthcare institutions.

A total of 31 doctors were trained under the SRS in 2014. Since 2007, 120 doctors have enrolled in the SRS.

DIPLOMA	YEAR STARTED	DURATION (YEARS)	ENROLMENT IN 2014	ENROLMENT TO DATE
Geriatric Medicine in Hospital and ILTC	2007	2	13	41
Internal Medicine (with focus on Hospital Medicine)	2007	2	3	29
Cardiology	2007	2	5	13
Palliative Medicine	2007	2	1	8
Rehabilitation Medicine	2007	2	2	8
Infectious Diseases	2007	2	-	5
Neurology	2007	2	-	5
Medical Oncology in Hospital	2007	3	3	7
Clinical Haematology (Adult)	2013	2	3	3
Respiratory Medicine (Clinical and Public Health - TB)	2013	2	1	1

**STATEMENT OF COMPREHENSIVE INCOME**

For the Financial Year Ended 31 December 2014

	<b>2014</b>	<b>2013</b>
	<u>S\$</u>	<u>S\$</u>
<b>Incoming Resources</b>		
Cash Donations	3,690	3,095
Net Income from Events	58,620	46,913
Interest Income	2,271	1,734
Operation/Education Grant	15,000	29,000
Sponsorship/Trade Exhibition	34,883	28,996
Professional Fees	126,542	80,749
Miscellaneous Income	2,273	1,885
<b>Total Incoming Resources</b>	<b>243,279</b>	<b>192,372</b>
<b>Less: Resources Expended</b>		
Charitable Activities Expenses	81,358	74,575
Other Operating and Administration Costs	9,312	12,077
<b>Total Resources Expended</b>	<b>90,670</b>	<b>86,652</b>
<b>Net Movement in Funds &amp; Total Comprehensive Income</b>	<b>152,609</b>	<b>105,720</b>
<b><u>Reconciliation of Funds</u></b>		
Total funds brought forward	867,284	761,564
<b>Total funds carried forward</b>	<b>1,019,893</b>	<b>867,284</b>

**STATEMENT OF FINANCIAL POSITION**

At 31 December 2014

	2014 S\$	2013 S\$
<b>Current Assets</b>		
Receivables (Members Subscriptions)	-	250
Other Receivables	1,039	2,602
Amount due from Related Company (Non Trade)	326,761	164,645
Cash and Cash Equivalent	784,796	759,663
	<u>1,112,596</u>	<u>927,160</u>
<b>Total Assets</b>	<b><u>1,112,596</u></b>	<b><u>927,160</u></b>
<b>Funds and Liabilities</b>		
<b>The Funds of the Charity</b>		
<b>Unrestricted Funds</b>		
Accumulated Fund	261,869	211,499
	261,869	211,499
<b>Restricted Funds</b>		
Seah Cheng Siang Memorial Lecture	75,247	75,247
Chapter of Dermatologists Lecture	17,091	17,091
Chapter of Neurologists Lecture	21,685	21,685
Chapter of Infectious Disease Physicians Monteiro Lecture	4,778	7,434
Chapter of Cardiologists	51,228	39,777
Chapter of Dermatologists	26,437	27,014
Chapter of Endocrinologists	15,728	6,584
Chapter of Gastroenterologists	28,142	28,288
Chapter of General Physicians	99,984	71,606
Chapter of Geriatricians	83,072	55,465
Chapter of Haematologists	77,812	78,646
Chapter of Infectious Disease Physicians	29,900	25,478
Chapter of Medical Oncologists	104,014	93,234
Chapter of Neurologists	25,793	22,635
Chapter of Rehabilitation Physicians	25,345	15,837
Chapter of Renal Physicians	18,801	2,133
Chapter of Respiratory Physicians	11,308	10,070
Chapter of Rheumatologists	21,502	35,375
Chapter of Palliative Medicine Physicians	20,157	22,086
	<u>758,024</u>	<u>655,785</u>
<b>Total Funds</b>	<b><u>1,019,893</u></b>	<b><u>867,284</u></b>
<b>Current Liabilities</b>		
Creditors and Accruals	7,703	2,676
Deferred Income	85,000	57,200
<b>Total Liabilities</b>	<b><u>92,703</u></b>	<b><u>59,876</u></b>
<b>Total Funds and Liabilities</b>	<b><u>1,112,596</u></b>	<b><u>927,160</u></b>

## APPRECIATION

The College wishes to record its appreciation to all our members for their support and efforts rendered in the past year and to the College's executives for their secretariat support.

31 December 2014

Dr Yim Heng Boon

Honorary Secretary