



College of Surgeons, Singapore Annual Report 2014



Professor E Kesavan
President
Council 2014-2015

FOREWORD BY PRESIDENT

Dear Fellows of the College of Surgeons,

2014 marked another dynamic year in the College of Surgeons with our Fellow members proactively organising and participating in various events to continue in our vigorous enthusiasm to upgrade and put the College in the forefront of our profession.

The Chapter of Cardiothoracic Surgeons kicked off the year with its Dinner Lecture Series of Continuing Medical Education program with Prof Kim Kwihanmien, who lectured on the “Complex VATS Lobectomy for Non-Small Cell Lung Cancer (NSCLC) – How Far Can We Push the Boundary?”. This was followed by The Chapter of Otorhinolaryngologists, who commenced their series with Prof Michael Rutter on “Endoscopic Airway Surgery State of the Art 2014”. The following month, The Chapter of General Surgeons opened their Dinner Lectures with “Laparoscopic Colorectal Surgery: An Update from the Japanese Multi-Centre Trial” delivered by Prof Fumio Konishi. The Plastic, Reconstructive and Aesthetics Chapter Surgeons launched their lectures with “Asian Advances in Scar Management” with Dr Giuseppe Micali.

The Chapter of General Surgeons organized the Live Laparoscopic Surgery Symposium on the 4 to 5 May 2014 at Tan Tock Seng Hospital covering topics such as Laparoscopic TEP Repair, Laparoscopic Ventral Hernia Repair, 3-D Laparoscopic Reversion of Sleeve to Roux-En-Y Gastric Bypass, 3-D Laparoscopic Hiatal Hernia and Nissen Fundoplication.

In grooming our own speciality surgeons, the Chapters organised preparatory courses to assist Trainees in their Exit exams; Knee Arthroscopic Course; Urology Skills Update Course; and the Staff Registrar Scheme, a 3-year structured Diploma program with on-the-job training for foreign doctors.

FAMS participated in various initiatives and discussions to provide feedback to MOH and SMC; attended numerous monthly meetings, sits on JCST Exam Committee, endorsing events in support of contemporaries to seeking a common goal and unity.

The College honoured our fellow professionals with the College Lectureship (Professor Lee Eng Hin), YAHYA COHEN Memorial Lectureship (Dr Gan Eng Cern) and College of Surgeons Gold Medal Awards for the best performing specialist exit examinees.

I would like to thank all of you for your effort in organising and participating in the activities of the College and its Chapters, and for making 2014 a successful year.

For 2015, the College and its Chapters have plans for conferences and congresses as well as many speciality lectures and events to help our Fellows remain in the forefront of our profession.

With best wishes for the year ahead,

Professor E Kesavan



The 2014-2015 Council

Seated (from left to right):

Dr Ho Kok Sun, Council Member, Dr Swaminathan Ikshuvanam, Council Member, Dr Ravishankar K. Diddapur, Vice President, Dr Kesavan Esuvaranathan, President, Dr Bertha Woon, Honorary Secretary, Dr Dean Koh, Honorary Treasurer, Dr Inderjeet Singh Rikhraj, Chairman Chapter of Orthopaedic Surgeons

Standing (from left to right):

Dr Sim Hong Gee, Chairman Chapter of Urologists, Dr Christopher Ang, Chairman Chapter of Neurosurgeons, Dr Caroline Ong, Chairman Chapter of Paediatric Surgeons, Dr Tan Puay Ling, Chairman Chapter of Hand Surgeons, Dr Peter Lu, Chairman Chapter of Otorhinolaryngologists, Dr Wong Soong Kuan, Chairman Chapter of General Surgeons, Dr Marcus Wong, Chairman Chapter of Plastic, Reconstructive and Aesthetic Surgeons

Not in picture:

Dr Appasamy Vijayan, President Elect, Dr James Wong, Chairman Chapter of Cardiothoracic Surgeons

10TH ANNUAL GENERAL MEETING

The 10th Annual General Meeting of the College of Surgeons, Singapore was held on Monday, 12 May 2014 at 5.30pm at Boardroom Gleneagles Hospital, 6A Napier Road, Singapore 258500.

THE COLLEGE COUNCIL

The following Council Members were elected to the 2014-2015 Council after the 10th Annual General Meeting. They are also the Directors of the Company: *College of Surgeons, Singapore* as filed in the Annual Returns with ACRA:

Name	Designation	Date of Appointment as Directors
Dr Kesavan Esuvaranathan	President	22 May 2009
Dr Vijayan Appasamy	President Elect	21 May 2010
Dr Ravishankar K. Diddapur	Vice-President	12 May 2014
Dr Bertha Woon	Honorary Secretary	27 May 2011
Dr Dean Koh	Honorary Treasurer	17 May 2013
Dr I Swaminathan	Council Members	17 May 2012
Dr Ho Kok Sun	Council Members	17 May 2013
Dr James Wong Woon Wai	Chairman, Chapter of Cardiothoracic Surgeons	27 May 2011
Dr Wong Soong Kuan	Chairman, Chapter of General Surgeons	27 May 2011
Dr Tan Puay Ling	Chairman, Chapter of Hand Surgeons	17 May 2013
Dr Christopher Ang Beng Ti	Chairman, Chapter of Neurosurgeons	27 May 2011
Dr Peter Lu	Chairman, Chapter of Otorhinolaryngologists	17 May 2013
Dr Inderjeet Singh Rikhranj	Chairman, Chapter of Orthopaedic Surgeons	27 May 2011
Dr Caroline Ong	Chairman, Chapter of Paediatric Surgeons	17 May 2013
Dr Marcus Wong	Chairman, Chapter of Plastic, Reconstructive & Aesthetic Surgeons	27 May 2011
Dr Sim Hong Gee	Chairman, Chapter of Urologists Surgeons	17 May 2013

BOARD OF SPECIALTY CHAPTERS

The Board of the various Specialty Chapters has been elected into office for a 2-year term from 2013-2015 after the 7th Annual General Meeting of the respective Chapters in 2013. The Specialty Chapter Boards as follows continued their term of office:

Chapter of Cardiothoracic Surgeons

Chairman: Dr James Wong
Vice-Chairman: Dr Victor Chao
Honorary Secretary: Dr Lim Yeong Phang
Board Members: Dr C Sivathanan
Dr Soon Jia Lin
Dr Aye Winn Maung Maung

Chapter of General Surgeons

Chairman: Dr Wong Soong Kuan
Vice-Chairman: Dr Ranjiv Sivanandan
Honorary Secretary: Dr Ho Choon Kiat
Board Members: Dr Tan Kok Yang
Dr Bernard Lim Yon Kuei
Dr Lim Jit Fong
Dr Jaideepraj Rao
Co-Opted Board Members: Dr Stephen Chang
Dr Tan Kok Yang
Dr Steven Kum
Dr Seow Choon Sheong
Dr Alex Chung
Dr Chan Ching Wan

Chapter of Hand Surgeons

Chairman: Dr Tan Puay Ling
Vice-Chairman: Dr Tan Ter Chyan
Honorary Secretary: Dr Andrew Yam
Board Members: Dr Jacqueline Tan
Dr Sandeep Jacob Sebastin

Chapter of Neurosurgeons

Chairman: Dr Ang Beng Ti, Christopher
Vice-Chairman: Dr Ernest Wan
Honorary Secretary: Dr Ng Wai Hoe
Board Members: Dr Dinesh Kumar
Dr David Low
Co-Opted Board Members: Dr Tan Kheng Kooi
Dr Seow Wan Tew

Chapter of Orthopaedic Surgeons

Chairman: Dr Inderjeet Singh Rikhranj
Vice-Chairman: Dr Sathappan SS
Honorary Secretary: Dr Arjandas Mahadev
Board Members: Dr Fareed Husain Yusuf Kagda
Dr Kevin Lim

Chapter of Otorhinolaryngologists

Chairman: Dr Peter Lu
Vice-Chairman: Dr Paul Mok
Honorary Secretary: Dr Jeevendra Kanagalingam
Board Members: Dr Kenneth Oo
Dr Ian Loh
Dr Toh Song Tar
Dr Raymond Ngo

Chapter of Paediatric Surgeons

Chairman: Dr Caroline Ong
Vice-Chairman: Dr Dale Loh
Honorary Secretary: Dr Chiang Li Wei
Board Members: Dr Joyce Chua
Dr Ong Lin Yin
Dr Mali Vidyadhar

Chapter of Plastic, Reconstructive & Aesthetic

Chairman: Dr Marcus Wong
Vice-Chairman: Dr Ong Yee Siang
Honorary Secretary: Dr Por Yong Chen
Board Members: Dr Tan Ying Chien
Dr Colin Tham
Dr Karen Sng
Dr Cheong Ee Cherk

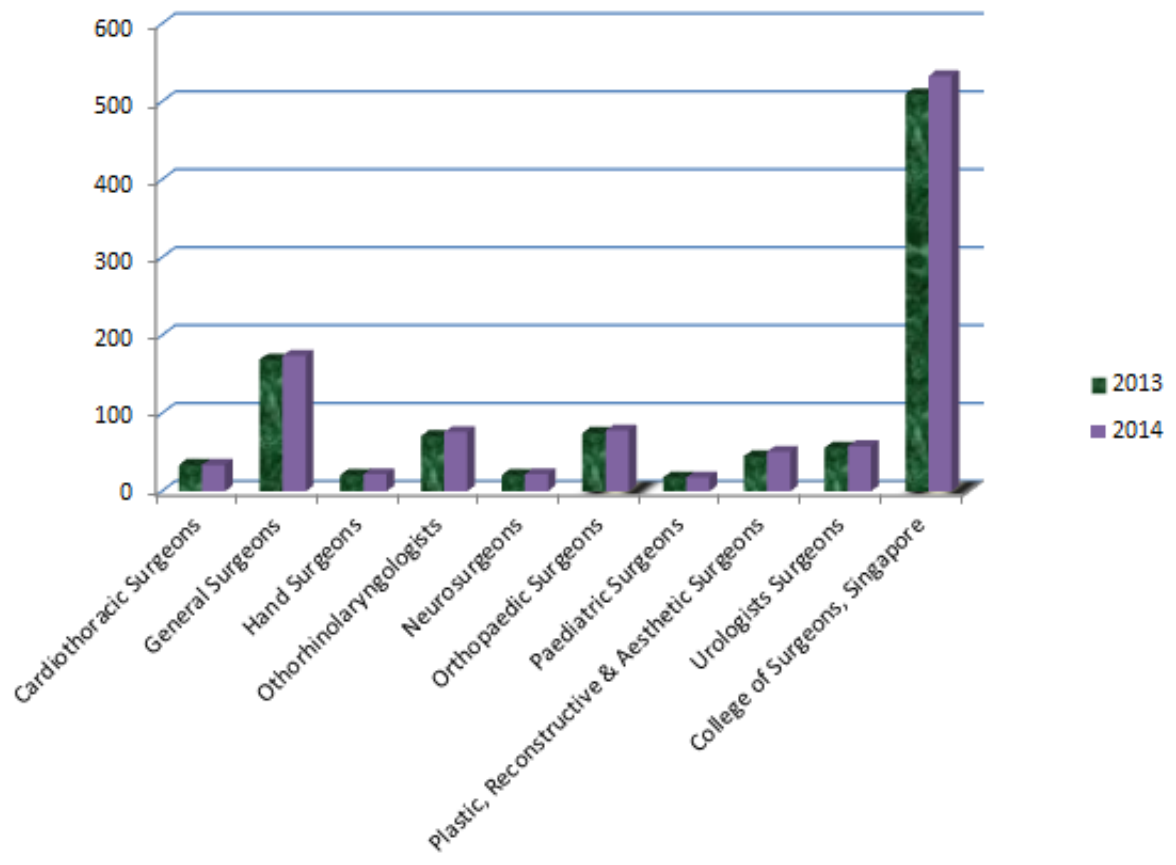
Chapter of Urologists

Chairman: Dr Sim Hong Gee
Vice-Chairman: Dr Heng Chin Tiong
Honorary Secretary: Dr Colin Teo
Board Members: Dr Chia Sing Joo
Dr Chua Wei Jin
Dr Ng Foo Cheong
Dr Damian Png
Co-Opted Board Members: Dr David Consigliere
Dr Toh Khai Lee
Dr Tan Yeh Hong

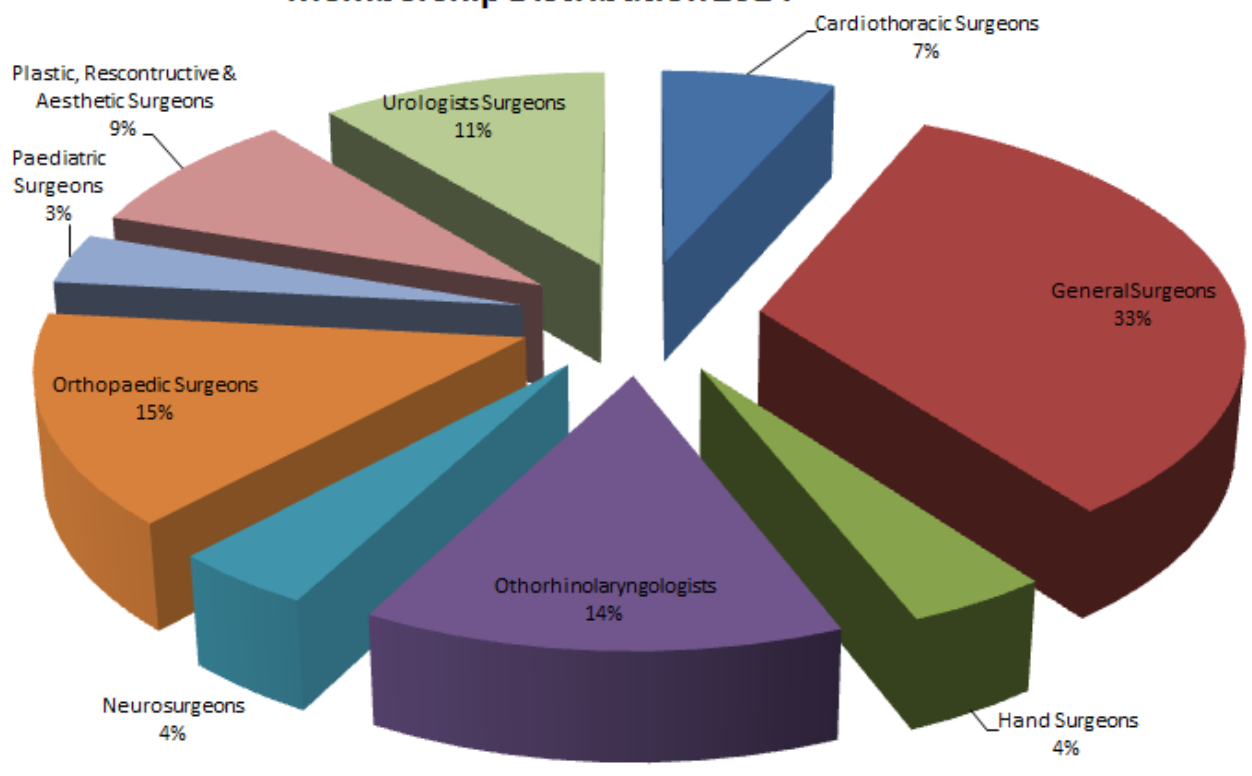
MEMBERSHIP

As at 31 December 2014, the College has a total membership of 533 Fellows comprising 511 Local Fellows and 22 Overseas Fellows.

Chapter	2013	2014
Cardiothoracic Surgeons	34	34
General Surgeons	169	174
Hand Surgeons	21	22
Otorhinolaryngologists	71	76
Neurosurgeons	21	22
Orthopaedic Surgeons	75	78
Paediatric Surgeons	18	18
Plastic, Reconstructive & Aesthetic Surgeons	45	51
Urologists Surgeons	56	58
College of Surgeons, Singapore	510	533



Membership Distribution 2014



COUNCIL MEETINGS

The Council met once every two months to conduct the business and affairs of the College. At the time of writing the Annual Report, the 2014-2015 Council had met four times.

CHAPTER BOARD MEETINGS

At the time the Annual Report was written, the Boards of the various Specialty Chapters have each met a total of eight times.

COLLEGE EVENTS

CARDIOTHORACIC SURGERY RETREATS

The Chapter of Cardiothoracic Surgeons organized three retreats on 11 January, 5 July and 30 August 2014. The event was well attended by members from the Chapter, trainees, nurses and perfusionists.

CONTINUING MEDICAL EDUCATION (CME) / CHAPTER DINNER LECTURES

The Chapter of Cardiothoracic Surgeons organised four dinner lectures within the period from 10 January to 15 November 2014. Prof Kim Kwhanmien spoke on 'Complex VATS Lobectomy for Non-Small Cell Lung Cancer – How Far Can We Push the Boundary?'; Prof Roberto Di Bartolomeo touched on the topic 'Re-do in Thoracic Aortic Surgery; Dr Phan Nguyen Van Phan lectured on 'Challenges of Valve Surgery in Vietnam; and Dr Cumaraswamy Sivathanan explored the issue on 'Heart Transplantation vs. Mechanical Circulatory Support – Is the Gold Standard Changing'.

The Chapter of General Surgeons organised the lecture entitled 'Laparoscopic Colorectal Surgery: An update from the Japanese Multi-Centre Trial' delivered by Prof Fumio Konishi.

The Chapter of Otorhinolaryngologists organised three lectures from February to September 2014. The first lecture was delivered by Dr Jeevendra Kanagalingam entitled 'Are You Treating Allergic Rhinitis Comprehensively?' The second lecture was provided by Dr Chua Ai Ping named 'Not All Sleepy Patients Have OSA' and Dr Toh Song Tar spoke on 'Sleep Surgery is Not Recommended for OSA'. The last lecture of the year was by Prof Michael Rutter who enlightened the participants on 'Endoscopic Airway Surgery State of the Art 2014'.

The Chapter of Plastic, Reconstructive & Aesthetics Surgeons also coordinated two CME lectures in July 2014. Dr Giuseppe Micali addressed the issues 'Asian Advances in Scar Management' and 'Advances in Scar Management' on two separate occasions.

MONTHLY COMBINED MEETINGS

The Chapter of General Surgeons takes part in the monthly surgical meetings conducted in the restructured institutions on a rotational basis.

The Chapter of Otorhinolaryngologists held the monthly Otology Board Meeting on the last Friday of the every month jointly with National University Hospital and Tan Tock Seng Hospital. Notices of these meetings are circulated to Chapter members via email.

SYMPOSIUM / COURSES

The Chapter of General Surgeons held a 2-day symposium on Live Laparoscopic Surgery at the Tan Tock Seng Hospital in May 2014 covering topics such as Laparoscopic TEP Repair, Laparoscopic Ventral Hernia Repair, 3-D Laparoscopic Reversion of Sleeve to Roux-En-Y Gastric Bypass, 3-D Laparoscopic Hiatal Hernia and Nissen Fundoplication.

The Chapter of Orthopaedic Surgeons organised the Knee Arthroscopic Course on the 26 July 2014 at the Academia, Singapore General Hospital comprising topics such as patient selection, knee cartilage pathology and treatment and meniscal repair.

EXIT EXAMINATION PREPARATORY COURSE

The Chapter of General Surgeons organized its 7th Exit Examination Preparatory Course from 24 to 27 June 2014 to assist the Advanced Surgical Trainees (ASTs) in General Surgery in their preparations for their exit examinations. The preparatory course was hosted by the National University Hospital, Khoo Teck Puat Hospital and Singapore General Hospital. The course comprised of bedside teaching and mock VIVA that were similar in format to the actual exit examinations and covered core modules such as Breast, Endocrine, Upper Gastrointestinal, Vascular, Trauma, Colorectal, Hepato-pancreatico-biliary, General Surgery, Head & Neck, Minimally-Invasive Surgery and Emergency Surgery & Critical Care.

COLLEGE DINNER 2014

The 9th College Dinner was held on Friday, 10 October at The Pan Pacific Hotel Singapore. The College invited A/Prof Benjamin Ong, Director Medical Services, Ministry of Health as the Guest-of-Honour, to grace the ceremony. The Master-of- Ceremonies was Dr Bertha Woon. The Dinner was attended by 99 participants comprising of College members and invited guests. The College hosted the Named Lectureships: – the 9th College of Surgeons and the 19th Yahya Cohen Memorial Lecture. The College dinner, supported by surgeons from the different surgical disciplines, provided for a pleasant evening of camaraderie and networking.



*A/Prof Benjamin Ong
Director Medical Services, Ministry of Health*

9TH COLLEGE LECTURESHIP

The College was honoured to have Prof Lee Eng Hin, a renowned Orthopaedic surgeon with a passion for teaching as its prestigious 9th College of Surgeons Lecturer. Prof Lee has an academic appointment with the Department of Orthopaedic Surgery, Yong Loo Lin School of Medicine, National University of Singapore. He delivered a thought-provoking lecture on “The Academic Surgeon: Challenges in an Evolving Medical Landscape”.



*Prof Lee Eng Hin
9th College of Surgeons Lecturer*

19TH YAHYA COHEN MEMORIAL LECTURESHIP

The College awarded the 19th Yahya Cohen Memorial Lecture Award to Dr Gan Eng Cern (Chapter of Otorhinolaryngologists) for his paper entitled “Five-degree, 10-degree, and 20-degree reverse Trendelenburg position during functional endoscopic sinus surgery: a double-blinded randomized controlled trial”. The Lecturer received a College gold medal and certificate.

*Dr Gan Eng Cern
19th Yahya Cohen Memorial Lecture Award*



COLLEGE OF SURGEONS GOLD MEDAL AWARD 2014

The College of Surgeons established the College of Surgeons Gold Medal as an annual award to recognise the best performing Advanced Surgical Trainees (ASTs) in the surgical specialties, as well as to encourage the ASTs to excel in their exit examinations, The College of Surgeons Gold Medal was awarded to the following ASTs at the College of Surgeons Dinner on Friday, 10 October 2014:

<i>Specialty</i>	<i>Award Recipient</i>
Plastic Surgery (2013)	Dr Wong ManZhi
Urology (2013)	Dr Tricia Kuo
General Surgery (2014)	Dr Ramesh Wijaya
Plastic Surgery (2014)	Dr Ho Yew Ming, Samuel
Urology (2014)	Dr Tay Kae Jack
Orthopaedic (2014)	Dr Lee Wei Ting

Award recipients were each nominated by the Chairman of their respective specialty's Residency Advisory Committee.

COLLEGE OF SURGEONS TRAVELLING FELLOWSHIP

The College awarded the College of Surgeons Travelling Fellowship for the Year 2014 to the following Council Members who attended meetings / events representing the College.

Meeting / Conference	Date	Venue	Award Recipient
ANNUAL SCIENTIFIC MEETING ORGANISED BY COLLEGE OF SURGEONS, ACADEMY OF MEDICINE OF MALAYSIA	23 to 25 May 2014	KUCHING, SARAWAK	DR I. SWAMINATHAN
39TH RCST ANNUAL SCIENTIFIC CONGRESS	10 to 13 July 2014	PATTAYA, THAILAND	DR BERTHA WOON
3RD SUMMIT MEETING OF THE ASEAN FEDERATION OF SURGICAL COLLEGES	11-13 July 2014	BANGKOK, THAILAND	DR VIJAYAN APPASAMY
48TH MSCM	26 to 28 Aug 2014	KUALA LUMPUR, WEST MALAYSIA	PROF KESAVAN
RSSD/CSHK CONJOINT DIPLOMA CONFERMENT CEREMONY AND CSHK SILVER JUBILEE OPENING CEREMONY CUM ANNUAL DINNER	12 to 14 Sept 2014	HONG KONG	DR BERTHA WOON
ASEAN SURGICAL EDUCATION COMMITTEE MEETING	7 Oct 2014	BALI, INDONESIA	DR VIJAYAN APPASAMY
100TH ANNUAL CLINICAL CONGRESS, AMERICAN COLLEGE OF SURGEONS	26 TO 30 Oct 2014	SAN FRANCISCO, USA	PROF KESAVAN

ENDORSEMENT OF EVENT

The College and its Chapters endorsed the following events in Year 2014:

Event	Date	Venue	Organiser(s)
3rd Singapore Valve 2014	26 to 27 September 2014	National Heart Centre Singapore	National Heart Centre Singapore

NOMINATIONS FOR JCST EXAM COMMITTEES

JCST invited Academy of Medicine, Singapore to nominate members from the Colleges and Chapters to be members of the JCST Exam Committee in October 2014. Colleges and Chapters submitted a list of nominees for RAC's consideration.

STAFF REGISTRAR SCHEME (SRS)

Following the Ministry of Health's (MOH's) paper in early 2007 on introducing the Staff Registrar Scheme, a structured diploma programme with on-the-job training (as previously proposed by the Academy of Medicine for foreign doctors whose specialist degrees are not recognised by the Specialist Accreditation Board and whose medical schools are not recognised by the Singapore Medical Council), the following Specialty Chapters under the College have implemented the Scheme:

1. Chapter of Cardiothoracic Surgeons rolled out its SRS programme in April 2008. The second intake has two (2) trainees and the programme will end in August 2015.
2. Chapter of Hand Surgeons rolled out its SRS programme in July 2008. In the November 2011 intake, the sole candidate withdrawn from SRS programme in the 2nd year as she had done too many General Surgery cases and not enough Hand surgeries prior to entering the residency programme. The trainee has been accepted into MRCP.
3. Chapter of Neurosurgeons rolled out its SRS programme in January 2008. One (1) trainee from the third intake is expected to complete the programme in 2014.
4. Chapter of Urologists Surgeons rolled out its SRS programme in August 2011. The 1st intake started on August 2011 and has one (1) trainee. The programme completed in July 2014.

Candidates who successfully complete the SRS Programme will be awarded a Diploma jointly by the Academy of Medicine and the College of Surgeons.

PARTICIPATION IN MOH'S INITIATIVES

The College of Surgeons, Singapore was invited by the Regulatory Compliance Division of Ministry of Health (MOH) to provide feedback on a list of initiatives and has submitted its reply to MOH through Academy of Medicine, Singapore (AMS):-

- Further Edits to the Proposed Aesthetic Facial Procedures for Dental Practitioners Guidelines
- Expansion Pharyngoplasty

- Table of Surgical Procedures (TOSP) Review 2014/2015
- Verification of Visiting Experts
- Specialist Training in Singapore
- Monopolar RadioFrequency Skin Tightening
- Mandating the Provision of Liposuction Services in Ambulatory Surgical Centres and Hospitals
- Zeltiq Coolsculpting

PARTICIPATION IN SPECIAL FEEDBACK SESSIONS

- The Chapter of Urologist represented by the Chapter Chair supported the Urology Skills Update Course in 2014.
- The Chapter of Otorhinolaryngologists had a special meeting with the Heads of the various ENT departments on 24 February 2014 on the concerns of Otorhinolaryngology trainees.
- The College / Chapters participated in the Academy of Medicine, Singapore's Strategic Planning Meeting on 26 July 2014.

MEMBERSHIP FOR SURGICAL TRAINEES

The College Council has agreed to invite all Trainees to join as College Members as a prelude to full fellowship in the future. The purpose of membership amongst the trainees would be:

- Introduction to the College of Surgeons
- Free invitation to all Chapter CMEs and Dinner events
- Invitation for participation in a Residents' Committee for General Surgery that would address training issues
- Provide mentorship for trainees
- Enhanced standing of the College in the presence of MOH

COMPANY SECRETARY

Ms Ho Wui Mee Marian and Ms Chew Bee Leng are the appointed Company Secretaries of College of Surgeons, Singapore.

BANKER

DBS Bank Ltd and Malayan Banking Berhad is the authorised bank of College of Surgeons, Singapore.

AUDITOR

Messrs Geetha A & Associates have been re-appointed as the Auditors of College of Surgeons, Singapore.

CONTACT UPDATES

All Fellows of the College are advised to contact the College Secretariat if there are any changes to their personal particulars especially in their contact email, practice or residential address so that the College could continue to maintain contact with all its members. Kindly email changes (if any) to css@ams.edu.sg.

EVENTS / ACTIVITIES IN 2015

The College plans for events / activities in 2015 are as follows:

Events

1. 20th Yahya Cohen Memorial Lectureship and 10th College of Surgeons Lectureship.
2. College of Surgeons Gold Medal Award 2014/2015.
3. The College Dinner 2015
4. Scientific Congress

Activities

1. Nomination and Election for College Council Members.
2. Nomination and Election for Specialty Chapter Board Members.
3. Annual General Meetings of the College and its Specialty Chapters.

Fellows will also be informed of any events / activities planned by their respective Specialty Chapter in due course.

APPRECIATION

The College wishes to record its appreciation to all its Fellows and the Secretariat Staff for their enthusiastic support in the past year and looks forward to their ongoing support in future activities and projects of the College.

December 2014

Dr Bertha Woon

Honorary Secretary

2014-2015 Council

College of Surgeons, Singapore