



# College of Surgeons, Singapore Annual Report 2015

Dr Ho Kok Sun  
President  
Council 2015-2017



## FOREWORD BY PRESIDENT

Dear Fellows of the College of Surgeons,

I took over the Presidency of the College in July 2015 with short notice after the sudden passing of Dr Vijayan who was President-elect. The immediate task at hand was to organise the College of Surgeons Lectureship Dinner. The event was a huge success with the help of the great secretariat and the council. Prof Lee Seng Teik, the College of Surgeons Lecturer, delivered his talk on "Altruism in Medicine: A Personal Odyssey" and Dr Wong Chin Ho delivered the Yahya Cohen lecture on "Early Diagnosis of Necrotising fasciitis".

The Chapters, on the whole, have had a busy calendar in 2015, as can be seen in the list of activities below.

Many colleagues have asked me why they should join the Academy and College and what the College has done for them. I strongly believe that the College should be able to represent our fellows and be a voice for our fellows. The College is the organisation to which Ministry of Health comes to for professional opinions. Hence, I have decided that this year, we will forward most of the feedback requests from Ministry of Health to all members of the relevant chapters for their feedback. The Chapters and College council will then collate the feedback to reply to the Ministry of Health. One of the more important feedback that we requested for in the last year was that of using surgical tables to limit the type of surgery done in an ambulatory setting.

I sincerely hope that more fellows would participate in the college activities and feedback.

Best wishes for the year ahead.

Dr Ho Kok Sun  
President, College of Surgeons, Singapore

## **The 2015-2016 Council**

### *Seated (from left to right):*

Dr Wong Thien Chong Marcus, Council Member; Dr Ikshuvanam Swaminathan, Council Member; Dr Diddapur Ravishankar Krishnamurthy, Vice President; Dr Ho Kok Sun, President; Dr Woon Yng Yng Bertha, Honorary Secretary; Dr Koh Chi Siong Dean, Council Member; Dr Anette Sundfor Jacobsen, Chairman Chapter of Paediatric Surgeons

### *Standing (from left to right):*

Dr Sim Hong Gee, Chairman Chapter of Urologists; Dr Fareed Husain Yusuf Kagda, Chairman Chapter of Orthopaedic Surgeons; Dr Wong Woon Wai James, Chairman Chapter of Cardiothoracic Surgeons; Dr Lim Yon Kuei Bernard, Chairman Chapter of General Surgeons; Dr Seow Wan Tew, Chairman Chapter of Neurosurgeons; Dr Yeo Sze Wei Matthew, Chairman Chapter of Plastic, Reconstructive and Aesthetic Surgeons; Dr Sebastin Sandeep Jacob, Chairman Chapter of Hand Surgeons

### *Not in picture:*

Prof Esuvaranathan Kesavan, Immediate Past President; Dr Chua Wei Chong, Honorary Treasurer; Dr Lu Kuo Sun Peter, Chairman Chapter of Otorhinolaryngologists



## **11<sup>th</sup> ANNUAL GENERAL MEETING**

The 11th Annual General Meeting of the College of Surgeons, Singapore was held on Friday, 8 May 2015 at 6.00pm at Boardroom Gleneagles Hospital, 6A Napier Road, Singapore 258500.

## THE COLLEGE COUNCIL

The following Council Members were elected to the 2015-2016 Council after the 11<sup>th</sup> Annual General Meeting. They are also the Directors of the Company: *College of Surgeons, Singapore* as filed in the Annual Returns with ACRA:

Name	Designation	Date of Appointment as Directors
Dr Ho Kok Sun	President	17 May 2013
Dr Esuvaranathan Kesavan	Immediate Past President	22 May 2009
Dr Diddapur Ravishankar Krishnamurthy	Vice-President	12 May 2014
Dr Woon Yng Yng Bertha	Honorary Secretary	27 May 2011
Dr Chua Wei Chong	Honorary Treasurer	17 May 2013
Dr Ikshuvanam Swaminathan	Council Members	17 May 2012
Dr Koh Chi Siong Dean	Council Members	17 May 2013
Dr Wong Thien Chong Marcus	Council Members	17 May 2013
Dr Wong Woon Wai James	Chairman, Chapter of Cardiothoracic Surgeons	27 May 2011
Dr Lim Yon Kuei Bernard	Chairman, Chapter of General Surgeons	08 May 2015
Dr Sebastin Sandeep Jacob	Chairman, Chapter of Hand Surgeons	08 May 2015
Dr Seow Wan Tew	Chairman, Chapter of Neurosurgeons	08 May 2015
Dr Lu Kuo Sun Peter	Chairman, Chapter of Otorhinolaryngologists	17 May 2013
Dr Fareed Husain Yusuf Kagda	Chairman, Chapter of Orthopaedic Surgeons	08 May 2015
Dr Anette Sundfor Jacobsen	Chairman, Chapter of Paediatric Surgeons	08 May 2015
Dr Yeo Sze Wei Matthew	Chairman, Chapter of Plastic, Reconstructive & Aesthetic Surgeons	08 May 2015
Dr Sim Hong Gee	Chairman, Chapter of Urologists Surgeons	17 May 2013

## **BOARD OF SPECIALTY CHAPTERS**

The Board of the various Specialty Chapters has been elected into office for a 2-year term from 2015-2017 after the 9<sup>th</sup> Annual General Meeting of the respective Chapters in 2015. The Specialty Chapters Board terms of office are as follows:

### **Chapter of Cardiothoracic Surgeons**

Chairman:	Dr Wong Woon Wai James
Vice-Chairman:	Dr Chao Tar Toong Victor
Honorary Secretary:	Dr Lim Yeong Phang
Board Members:	A/Prof Kofidis, Theodoros
	Dr Loh Yee Kim
	Dr Soon Jia Lin
	Dr C Sivathanan
Co-Opt Board Members:	Dr Saw Huat Seong
	Dr Peter Robless

### **Chapter of General Surgeons**

Chairman:	Dr Lim Yon Kuei Bernard
Vice-Chairman:	Dr Ho Choon Kiat
Honorary Secretary:	Dr Foo Chek Siang
Board Members:	Dr Rao Jaideepraj
	Dr Lim Jit Fong
	Dr So Bok Yan Jimmy
	Dr Wong Te Ching Mark
Co-Opted Board Members:	Dr Seow Choon Sheong
	Dr Shelat Vishalkumar
	Dr Kow Wei Chieh Alfred
	Dr Wong Siang Yih Andrew
	Dr Lee Ser Yee
	Dr Tan Wei Leong Glenn

### **Chapter of Hand Surgeons**

Chairman: Dr Sebastin Sandeep Jacob  
Vice-Chairman: Dr Chong Khin Sze Alphonsus  
Honorary Secretary: Dr Foo Tun Lin Anthony  
Board Members: Dr Chin Yuan Hui Andrew  
Dr Tan Siau Woon Jacqueline  
Dr Lee Yi Liang Jonathan  
Dr Tan Puay Ling

### **Chapter of Neurosurgeons**

Chairman: Dr Seow Wan Tew  
Vice-Chairman: Dr Ang Beng Ti Christopher  
Honorary Secretary: Dr Ng Wai Hoe  
Board Members: Dr Wang Chee Meng Ernest  
Dr Ng Yew Poh Vincent

### **Chapter of Otorhinolaryngologists**

Chairman: Dr Lu Kuo Sun Peter  
Vice-Chairman: Dr Loh Chi Yuan Ian  
Honorary Secretary: Dr Loke Kok Teik David  
Board Members: Dr Tay Su-Lin Valerie  
Dr Toh Song Tar  
Dr Ngo Yeow Seng Raymond  
Dr Yeo Seng Beng

### **Chapter of Orthopaedic Surgeons**

Chairman: Dr Fareed Husain Yusuf Kagda  
Vice-Chairman: Dr Arjandas Mahadev  
Honorary Secretary: Dr Tan Yu-Heng Gamaliel  
Board Members: Dr Inderjeet Singh Rikhraj

### **Chapter of Paediatric Surgeons**

Chairman: Dr Anette Sundfor Jacobsen  
Vice-Chairman: Dr Loh Ser Kheng Dale Lincoln  
Honorary Secretary: Dr Ong Lin Yin  
Board Members: Dr Chiang Li Wei  
Dr Chui Chan Hon  
Dr Mali Vidyadhar

### **Chapter of Plastic, Reconstructive & Aesthetic Surgeons**

Chairman: Dr Yeo Sze Wei Matthew  
Vice-Chairman: Dr Por Yong Chen  
Honorary Secretary: Dr Ho Yew Ming Samuel  
Board Members: Dr Wong Thien Chong Marcus  
Dr Tan Ying Chien  
Dr Woo Kok Yen Evan Lee  
Co-Opt Board Members: Dr Goh Lin Hon Terence

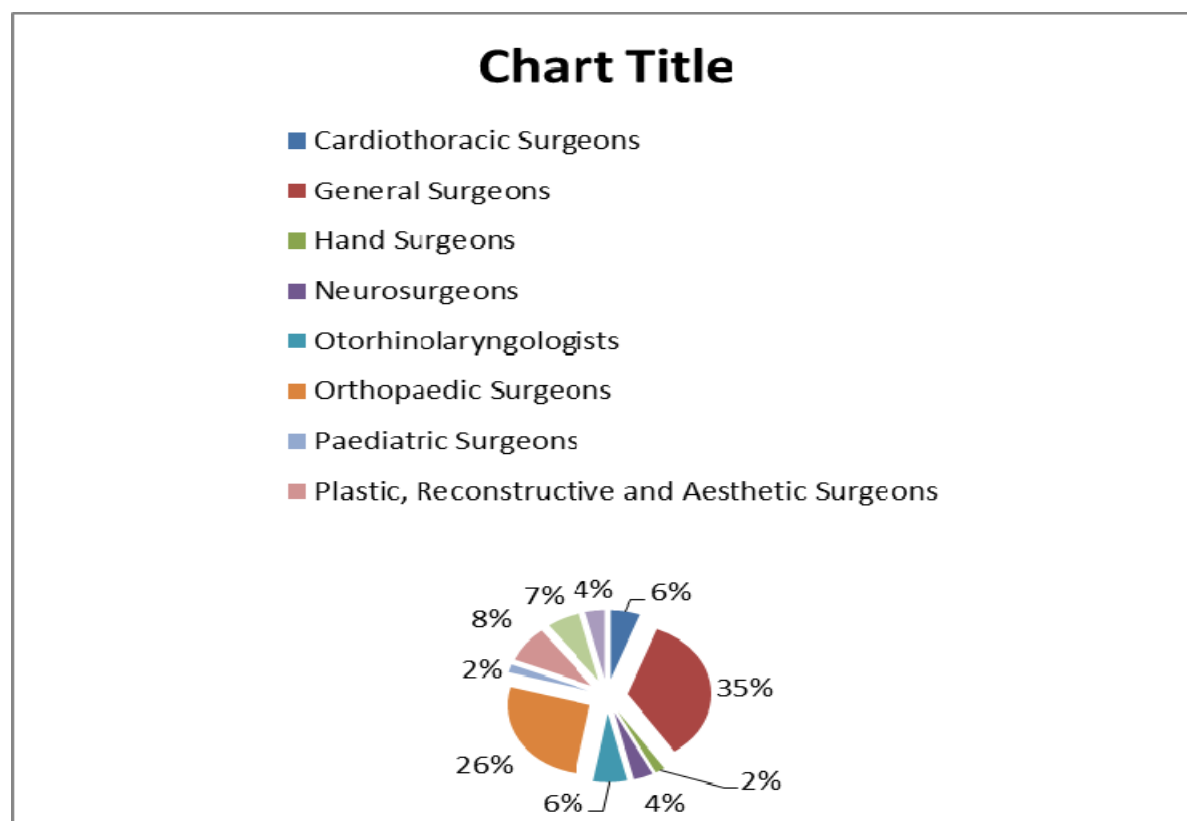
### **Chapter of Urologists**

Chairman: Dr Sim Hong Gee  
Vice-Chairman: Dr Chong Yew Lam  
Honorary Secretary: Dr Chua Wei Jin  
Board Members: Dr Png Jin Chye Damian  
Dr Ng Lay Guat  
Co-Opted Board Members: Dr David Terrence Consigliere  
Dr Edmund Chiong  
Dr Heng Chin Tiong  
Dr Teo Chang Peng Colin  
Dr Toh Khai Lee

## MEMBERSHIP

As at 31 December 2015, the College has a total membership of 579 Fellows comprising 579 Local Fellows and 23 Overseas Fellows.

Chapter	2013	2014	2015	Percentage 2015
Cardiothoracic Surgeons	34	34	36	6.22
General Surgeons	169	174	181	31.26
Hand Surgeons	21	22	24	4.15
Neurosurgeons	21	22	24	4.15
Otorhinolaryngologists	71	76	83	14.34
Orthopaedic Surgeons	75	78	87	15.03
Paediatric Surgeons	18	18	18	3.11
Plastic, Reconstructive & Aesthetic Surgeons	45	51	55	9.5
Urologists Surgeons	56	58	64	11.05
No Chapter	-	-	7	1.21
<b>College of Surgeons, Singapore</b>	<b>510</b>	<b>533</b>	<b>579</b>	<b>100%</b>



## **COUNCIL MEETINGS**

The Council met once every two months to conduct the business and affairs of the College. At the time of writing the Annual Report, the 2015-2016 Council had met four times.

## **CHAPTER BOARD MEETINGS**

At the time the Annual Report was written, the Boards of the various Specialty Chapters have each met a total of nine times.

## **COLLEGE EVENTS**

### ***CARDIOTHORACIC SURGERY RETREATS***

The Chapter of Cardiothoracic Surgeons organized two retreats on “Heart Valve Replacement Surgery” in March and August 2015. The events were well attended by members from the Chapter, trainees, nurses and perfusionists.

### ***CONTINUING MEDICAL EDUCATION (CME) / CHAPTER DINNER LECTURES***

The Chapter of Cardiothoracic Surgeons organised five dinner lectures from January to September 2015 as follows:

- Prof Tirone David, Professor of Surgery, University of Toronto gave a talk on “Are Pericardial Valves more Durable than Porcine Valves?” on 24 January 2015 in Pontini Restaurant, Grand Copthorne Waterfront Hotel.
- Dr Marek Ehrlich, Associate Professor of Cardiac Surgery, University of Vienna on 9 April 2015 gave a talk on “Optimising outcomes in open surgical repair of the Thoracoabdominal Aneurysm” in Crystal Jade Restaurant, Paragon.
- Dr Robert Cerfolio, Section Chief of Thoracic Surgery, Division of Cardiothoracic Surgery, University of Alabama, United States of America gave a talk on “The Robotic Surgery in Thoracic Space – How, When and Why?” on 8 May 2015 at the Raffles Convention Centre.
- A/Prof Silvana Marasco, Deputy Director, CJOB Cardiothoracic Unit, The Alfred Hospital, Melbourne, Australia gave 2 talks (1) “Management & Treatment of Sternal Complications”



and (2) “Clinical Evidence and Study Outcomes on Rib Stabilization” on 20 May 2015 in Regent Hotel.

- A Joint Case Presentation on Valvular Heart Diseases by Chapter of Cardiothoracic Surgeons and Surgeons from Japan was organized on 5 September 2015 in National Heart Centre Singapore.

The Chapter of General Surgeons organised two dinner lectures as follows:

- Prof Jeffrey Ponsky, Professor of Surgery, Professor of Surgery, Cleveland Clinic, Cleveland, Ohio, USA, lectures on “Surgical Metamorphosis: preparing for change” on 25 March 2015 held at Oasis Hotel organised by the Chapter of General Surgeons.
- The Chapter organised a dinner lecture on 25 September 2015. Prof Joseph Solomkin, Professor Emeritus, University of Cincinnati College of Medicine, gave a lecture on “Optimizing Surgical Outcomes: The Role of Antibiotics”.

The Chapter of Otorhinolaryngologists organised the dinner lecture, "Robotic Surgery: Uses in Head & Neck Cancer" on 24 April 2015 at Wan Hao Restaurant, Singapore Marriott Hotel.

The Chapter of Plastic, Reconstructive & Aesthetics Surgeons held the dinner lecture “Update and Development on Scar Management & Asian Scar Treatment Guidelines“ by Dr Rei Ogawa on 30 September 2015 at Regent Hotel.

### ***COMBINED MEETINGS***

The Chapter of General Surgeons regularly attended the monthly surgical meetings conducted in the restructured institutions on a rotational basis.

The Chapter of Otorhinolaryngologists held the monthly Otology Board Meeting on the last Friday of the every month jointly with National University Hospital and Tan Tock Seng Hospital. Notices of these meetings are circulated to Chapter members via email.

The Chapter of Hand Surgeons organises Hand Surgery Specialist Case Discussions on a quarterly basis. The 1st “Inaugural Hand Surgery Specialist Case Discussion” was held on 16 October 2015 at

the Prive University Club, Shaw Foundation Alumni House, 11 Kent Drive, Singapore 119244. This informal forum is only open to all Hand Specialist Surgeons to allow for a more in-depth case sharing and discussion of problem cases, to share opinions about management and provide an opportunity for members and friends to catch-up. The Chapter plans to have this informal forum at least 3 times a year.

The Chapter of Hand Surgeons collates all the CME events from NUH, SGH and TTSH that is opened to all Hand Surgeons to attend in the “Institution CME Monthly Program”. These events were eblast to all Chapter members to inform them of CME events available.

### ***SYMPOSIUM***

The Chapter of Cardiothoracic Surgeons held two symposiums in 2015 as follows:

#### ***4th Aortic Asia Symposium 2015***

The 4th Aortic Asia Symposium 2015 was held at the One Farrer Hotel & Spa from 9 to 10 April 2015 with an international team of speakers. The successful event was well attended by expert faculty discussing the latest developments, products and opinions on future directions in aortic intervention in Asia.

#### ***Asia Pacific-ISHLT Joint MCS Symposium 2015***

The Asia Pacific-ISHLT Joint MCS Symposium 2015 was held at the National Heart Centre, Singapore and National University Hospital Heart Centre from 6 to 7 November 2015. Speakers were from ISHLT who spoken on a range of topics relating to heart and lung transplants.

The Chapter of Neurosurgeons took part in the ASEAN Neuroscience 2015 Congress and awarded Prof Tu Yong Kwang as the Chapter of Neurosurgery Lecturer 2015.

### ***COURSES / WORKSHOPS***

#### ***EXIT EXAMINATION PREPARATORY COURSE***

The Chapter of General Surgeons organized its 8th Exit Examination Preparatory Course from 22 to 25 June 2015 for the Advanced Surgical Trainees (ASTs) in General Surgery to help the ASTs in their preparations for their exit examinations. The preparatory course was hosted by the National University

Hospital, Khoo Teck Puat Hospital, Tan Tock Seng Hospital, Singapore General Hospital and Jurong Health. The course comprised of bedside teaching and mock VIVA of similar format as the actual exit examinations and covered core modules such as Breast, Endocrine, Upper Gastrointestinal, Vascular, Trauma, Colorectal, Hepato-pancreato-biliary, General Surgery, Head & Neck, Minimally-Invasive Surgery and Emergency Surgery & Critical Care.

#### ***MICROSURGERY FOR NURSES 2015 WORKSHOP***

The Chapter of Hand Surgeons organised the “Microsurgery for Nurses 2015 Workshop” on 22 March 2015 in Tan Tock Seng Hospital.

#### ***STAFF REGISTRAR SCHEME (SRS)***

The following Chapters have continued to hold the Staff Registrar Scheme as follows:

- Chapter of Cardiothoracic Surgeons – 3<sup>rd</sup> intake Diploma in Cardiothoracic Surgery
- Chapter of of Neurosurgeons - Diploma in Neurosurgery
- Chapter of Orthopaedic Surgeons – 5<sup>th</sup> intake Diploma in Orthopaedic Surgery

## **COLLEGE SURGEONS LECTURESHIP DINNER 2015**

The 10th College of Surgeons Lectureship Dinner was held on Friday, 2 October 2015 at Grand Copthorne Waterfront Hotel, Singapore. The College invited Dr Lam Pin Min, Minister of State for Health, Ministry of Health, Singapore as the Guest-of-Honour, to grace the ceremony. The Master-of-Ceremonies was Dr Marcus Wong. The Dinner was attended by 120 participants comprising of College members and invited guests. The College hosted the Named Lectureships: – the 10th College of Surgeons Lecture and the 20th Yahya Cohen Memorial Lecture. The College dinner, supported by surgeons from the different surgical disciplines, provided for an enjoyable evening of fellowship and interaction within the specialist medical community.

Dr Lam Pin Min  
Minister of State for Health  
Ministry of Health, Singapore



Dr Lam Pin Min in his opening speech spoke about improvements in medical science and technology. We are now able to do a lot better for our patients and the results have reflected well in the fact that Singapore has one of the highest life expectancy in the world. In speaking on the rising health costs in Singapore, he hope that doctors, who together with administrators, determine the utilisation of health facilities, can help moderate the rise in costs.

Dr Lam added that our healthcare needs and expenditure will grow as our population ages, our patients present with more chronic and complex medical problems, and more expensive new medical treatments become available. Hence, we must continue to do our utmost to ensure quality and effectiveness, bearing in mind that spending more does not necessarily bring better health outcomes. To ensure sustainability of healthcare spending and in tandem with changing disease patterns to one of chronic illnesses with multiple co-morbidities, the Ministry of Health aims to transform our model of care to be less reliant on acute hospitals, more integrated with primary care, and more centred on the patient in the community and home.

The government's strategy also lies in promoting team-based care, one that allows our nurses and our allied health professionals to play larger roles alongside our doctors. The regional health systems (RHS) are encouraged to play a key role in managing the overall quality of care in and outside of hospitals. He encourages all Singaporeans to take responsibility for maintaining healthy lifestyles. Healthy living would enable us to achieve good health and a good quality of life. It also allows us to pursue and fulfil our aspirations and interests throughout our lifetime, in addition to keeping the healthcare costs down.

## 10<sup>TH</sup> COLLEGE OF SURGEONS LECTURESHIP

The College was honoured to have Prof Lee Seng Teik, Emeritus Consultant, Department of Plastic, Reconstructive & Aesthetic Surgery, Singapore General Hospital, a renowned Plastic surgeon with a passion for teaching as its prestigious 10th College of Surgeons Lecturer. He shared his life's work in a lecture on *"Altruism in Medicine-- A Personal Odyssey"*.

*Prof Lee Seng Teik*  
*10<sup>th</sup> College of Surgeons Lecturer*



Prof Lee contribution to the development of speciality of Plastic Surgery and Burns over the last 3 decades has seen him nurtured the Department from a one-consultant unit in 1975 to the present full-fledged Training Department with 7 full-time consultants, each with interests in different sub-specialty areas such as reconstructive microsurgery, cleft and craniofacial surgery, head & neck cancer surgery, maxillo-facial trauma, aesthetic surgery and burns. The National Burns Centre has acquired a reputation as a regional centre of excellence for training in the specialty. It is accredited by the Royal Australasian College of Surgeons as well as by the Academy of Medicine, Singapore for purposes of advanced training in the specialty.

On the contribution to undergraduate and postgraduate education, Prof Lee introduced the teaching of plastic surgery/burns as part of the undergraduate medical curriculum. This is to expose the medical undergraduates to the scope and relevance of the specialty, particularly in the wound healing aspects and burns. At the Academy of Medicine, he have been actively involved in various post-graduate activities over the years. And as Chairman of the Chapter of Surgeons then, he introduced the Young Surgeon's Award, the Joint Lectureship with the Royal College of Surgeons (Edin) and also initiated the conjoint Fellowship Exam with the RCS (Edin) following the very successful Joint Meeting between the Chapter and the College in 1984.

Prof Lee's contribution to research has always been to encourage the junior medical staff and trainees to engage in at least one basic or clinical research project, leading to a presentation and publication. This

has borne fruit and many of the trainees have won Young Investigator's Awards at the Academy's Chapter of Surgeons Meetings, the SGH Annual Scientific Meetings or at International Meetings abroad.

Prof Lee has also written over 100 papers in 17 editorials for the ANNALS, Academy of Medicine, Singapore. He has also been invited to deliver keynote addresses, plenary lectures and other presentations in many meetings both locally and internationally and hold many appointments in professional bodies in Singapore and in international societies.

The Professor received the College gold medal and certificate as the College Lecturer.

***An extract of Prof Lee Seng Teik's lecture - "Altruism in Medicine-- A Personal Odyssey".***

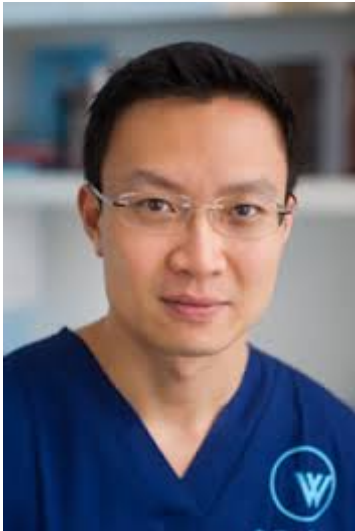
I wish to pose the question in this lecture: 'Is altruism in medicine possible in the climate of today's materialism? 'Is altruism a mark of the naïve, the impractical or the weak-minded not geared towards material success, fame and all the trappings of power? I like to believe that there is kindness in every human heart, especially in those involved in the healing art, and altruism is the most positive of all human emotions. It represents a motivational state with the ultimate goal of improving another person's welfare without any consideration of receiving anything in return. When we are touched by the suffering of our fellow human beings, there is immediate empathic concern for them and compassion arises in our hearts. But compassion without the necessary remedial action is sterile and altruistic actions need to follow to alleviate the suffering.

My lecture will be in four parts. Firstly, I will talk about my personal journey in Medicine over the past half century. 2015 is also my Golden Anniversary in Medicine, having qualified in 1965 from the Univ of Adelaide. I will talk about the person who gave me the inspiration to do medicine and whose philosophy continues to guide me in my life. Secondly, I will discuss my three decades of carrying out humanitarian medical missions in the region and which I will continue to do until my eyes and hands fail me. Thirdly, I wish to cover the culmination of my volunteer activities with the organisation of the inaugural International Conference in Humanitarian Medical Missions [ICHMM] in Singapore last year. I wish to reflect on the goals and achievements of this Conference, especially its impact on the younger generation of doctors and healthcare personnel. Lastly, I like to conclude by discussing the role of altruism in medical education and pay tribute to all my surgical mentors and also my spiritual teachers who have lighted the path for me in my personal odyssey in Medicine and also influenced my philosophy in life.

Prof S.T. Lee  
Emeritus Senior Consultant,  
Singapore General Hospital

## 20<sup>th</sup> YAHYA COHEN MEMORIAL LECTURESHIP

The College awarded the 20<sup>th</sup> Yahya Cohen Memorial Lecture Award to Dr Wong Chin Ho (Chapter of Plastic, Reconstructive and Aesthetic Surgeons) for his paper entitled “*Early Diagnosis of Necrotizing Fasciitis*”. The Lecturer received a College gold medal and certificate.



*Dr Wong Chin Ho  
20<sup>th</sup> Yahya Cohen Memorial Lecture Award*

Dr Wong Chin Ho is a consultant Plastic Surgeon accredited by the Ministry of Health of Singapore with sub-specialty training in Aesthetic Plastic Surgery. In 2000, he graduated as one of the tops students in his class from the Medical Faculty of the National University of Singapore. He then completed his Basic Surgical Training in General Surgery in 2004 and went on to complete his Advance Surgical Training in Plastic Surgery at the Department of Plastic Reconstructive and Aesthetic Surgery at the Singapore General Hospital in 2008.

Dr Wong has completed multiple fellowships in Aesthetic Surgery and Reconstructive Microsurgery, having done fellowships across different regions like Asia (Taiwan), Australia and USA. In 2010, he was the first recipient of the International Fellowship Grant from the American Society for Aesthetic Plastic Surgery (ASAPS). This prestigious scholarship from the American Society for Aesthetic Plastic Surgery (the leading professional organisation of plastic surgeons specialising in cosmetic plastic surgery in the USA) is awarded to the most promising international plastics surgeons, giving the recipient the opportunity to work with and learn from the best plastic surgeons in the USA.

On top of his work at the clinic, Dr. Wong is actively involved in clinical research, publishing over 70 scientific peer review articles in prestigious international journals such as the Plastic and Reconstructive Surgery (PRS), Aesthetic Plastic Surgery and the Lancet.

His works have been cited in key reference textbooks in plastic surgery. His research interests include facial anatomy, anatomical changes of the aging face, aesthetic surgery of the Asian face and anatomy of the Asian Nose.

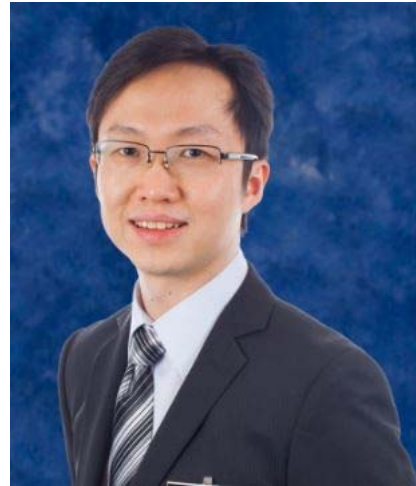


Besides his passion for aesthetic surgery, Dr Wong believes in guiding the next generation of plastic surgeons. He is also a visiting consultant to the Department of Plastic Reconstructive and Aesthetic Surgery at Singapore General Hospital. He continues to be involved in the management of complex plastic surgical cases while taking on a leadership role in the teaching of young plastic surgeons in his subspecialty of Aesthetic Plastic Surgery and Surgical Anatomy.

Known for his meticulous attention to detail and keen eye for aesthetics, he is assisted by a team of equally dedicated staff at W Aesthetic Plastic Surgery to deliver only the highest level of care to patients in a private and cosy environment.

## **YOUNG SURGEON'S AWARD 2015**

Dr Pang Yi Kit Philip  
Young Surgeon's Award 2015



A total of eleven papers were received for The Young Surgeon's Award 2015. The papers were presented at the 49<sup>th</sup> Singapore-Malaysia Congress of Medicine 2015 held at The Academia @ SingHealth on 1 August 2015. The Award was given for the best original unpublished paper read by a young surgeon practicing in Singapore. The 2015 Young Surgeon's Award winner was Dr Pang Yi Kit Philip, Associate Consultant, National Heart Centre Singapore. His paper entitled 'Long-Term Prognosis in Patients with Diabetes Mellitus after Coronary Artery Bypass Grafting: A Propensity-Matched Study' was unanimously voted by the judging panel to be the best paper presented.

Dr Pang was presented with a certificate and prize of S\$4,000.00 to be used for overseas educational activities as stipulated within the terms of the award.

## **LEE SHAW FELLOWSHIP / WORLD ORTHOPAEDIC FELLOWSHIPS IN ORTHOPAEDIC SURGERY**

The College of Surgeons, Singapore in 2015 awarded four (4) fellowships at a cost of \$60,000.00 for four candidates. The living allowance for each candidate was increased from \$1,500.00 per month to \$2000.00 per month in 2015. Each candidate has a six-month fellowship with training conducted at the Orthopaedic Department of the Ministry of Health or the National University of Singapore. Each trainee undertakes a clinical research program that may or may not lead to the publication of the paper, on a topic he may pursue on his return home. The fellowship has been administered by Division of Graduate Medical Studies (DGMS), National University of Singapore since it was set up in March 1976.

## COLLEGE OF SURGEONS TRAVELLING FELLOWSHIP

The College awarded the College of Surgeons Travelling Fellowship for the Year 2015 to the following Council Members who attended meetings / events / gave lectures representing the College.

<u>Meeting / Conference</u>	<u>Date</u>	<u>Location</u>	<u>Award Recipient</u>
Annual Scientific Congress of the Royal Australasian College of Surgeons	4-7 May 2015	Perth, Australia	Prof Kesavan Esuvaranathan
4th Asean Federation of Surgical Colleges & Education Meetings	14-16 May 2015	Bali, Indonesia	Dr Ikshuvanam Swaminathan
College of Surgeons, Academy of Medicine Malaysia 2015/Annual Scientific Meeting	29-31 May 2015	Penang, Malaysia	Dr Ravishankar Krishnamurthy Diddapur
College of Surgeons, Hong Kong, Conjoint Scientific Congress, Conjoint Diploma Conferment Ceremony	11-13 Sep 2015	Hong Kong	Dr Ho Kok Sun
American College of Surgeons Clinical Congress <a href="https://www.facs.org/clincon2015">https://www.facs.org/clincon2015</a>	4-8 Oct 2015	Chicago, IL, USA	Dr Ikshuvanam Swaminathan
4th Royal Australasian College of Surgeons Global Health Symposium, Melbourne	26-27 Oct 2015	Melbourne, Victoria, Australia	Dr Bertha Woon
71st Annual Clinical Congress, Philippine College of Surgeons	6-9 Dec 2015	Mandaluyong City, Manila, Philippines	Dr Bertha Woon

## ENDORSEMENT OF EVENTS

The College and its Chapters endorsed the following events in Year 2015:

<u>Event</u>	<u>Date</u>	<u>Venue</u>	<u>Organiser(s)</u>
Parathyroid, Bone and Kidney Seminar	28 May 2015	SGH	Department of Endocrinology, SGH
Annual Scientific Meeting of Obesity and Metabolic Surgery Society of Singapore	24 July 2015	National University of Singapore, University Cultural Centre	Department of Surgery, NUH
Thoracic Outlet Syndrome & Advanced Surgical Techniques in Thoracic Surgery (TOS) & (ASTTS) Course	24 - 28 August 2015	Department of General Surgery, Tan Tock Seng Hospital	Tan Tock Seng Hospital
Master the Cross Lower Limbs Peripheral Intervention Workshop”	8 to 9 October 2015	Changi General Hospital	Changi General Hospital
IASGO (HPB and GI Oncology Postgraduate Course	24 to 25 October 2015	SingHealth and Duke-NUS.	Academia, SGH

## NOMINATIONS FOR JCST EXAM COMMITTEES

JCST invited Academy of Medicine, Singapore to nominate members from the Colleges and Chapters to be members of the JCST Exam Committee 2015. Colleges and Chapters submitted a list of nominees for RAC's consideration.

## PARTICIPATION IN MOH'S INITIATIVES

The College of Surgeons, Singapore was invited by the Regulatory Compliance Division of Ministry of Health (MOH) and HSA to provide feedback on a list of initiatives and has submitted its reply to MOH through Academy of Medicine, Singapore (AMS):-

- Pang's Expansion Pharyngoplasty
- Acts of a medical practitioner
- Invasive Surgical Procedures in Medical Clinics
- Request for Names of Experts
- Consultation via Video Conferencing
- Testosterone for Hormone Replacement
- Specific LTCs on Medical Records For Healthcare Institutions

- Banking of Adipose-derived Stromal Vascular Fraction (SVF) Cells
- Circular on Consent Forms for Healthcare Institutions Offering Aesthetic Procedures
- Introduction of Guideline for Medisave/MediShield Claims for Ptosis Correction
- Assessment of evidence for Dr Keith Ong’s clinics “Parsons Medical Clinic” & “Pacific Clinic and Surgery” to justify the provision of Non-List A aesthetic procedures
- Clarifications on Table of Surgical Procedures TOSP
- Opinion on High Intensity Focus Ultrasound
- TOSP Request from AMS - Sacral Nerve Stimulation
- ENT Plastic Specialist managing 'droopy eyelids and restricted visual field'
- Surgeries that cannot be performed in ambulatory surgical centres
- FRAXEL Re:STORE & THERMAGE CPT

### **MEMBERSHIP FOR SURGICAL TRAINEES**

The College Council has agreed to invite all Trainees to join as College Members as a prelude to full fellowship in the future. The purpose of membership amongst the trainees would be:

- Introduction to the College of Surgeons
- Free invitation to all Chapter CMEs and Dinner events
- Invitation for participation in a Residents’ Committee for General Surgery that would address training issues
- Provide mentorship for trainees
- Enhanced standing of the College in the presence of MOH

### **COMPANY SECRETARY**

Ms Ho Wui Mee Marian and Ms Chew Bee Leng are the appointed Company Secretaries of College of Surgeons, Singapore.

### **BANKER**

DBS Bank Ltd and Oversea-Chinese Banking Corporation is the authorised bank of College of Surgeons, Singapore.

### **AUDITOR**

Messrs Geetha A & Associates have been re-appointed as the Auditors of College of Surgeons, Singapore.

## **CONTACT UPDATES**

All Fellows of the College are advised to contact the College Secretariat if there are any changes to their personal particulars especially in their contact email, practice or residential address so that the College could continue to maintain contact with all its members. Kindly email changes (if any) to Membership Department, Academy of Medicine, Singapore at email: [membership@ams.edu.sg](mailto:membership@ams.edu.sg).

## **EVENTS / ACTIVITIES IN 2016**

*The College plans for events / activities in 2016 are as follows:*

1. 21<sup>th</sup> Yahya Cohen Memorial Lectureship and 11<sup>th</sup> College of Surgeons Lectureship.
2. College of Surgeons Gold Medal Award 2015.
3. The College of Surgeons Lectureship Dinner 2016
4. Annual Combined Surgical Meeting organised by the Chapter of General Surgeons
5. Plastic Aesthetic Surgery Annual Scientific Meeting organised by the Chapter of Plastic, Reconstructive & Aesthetic Surgeons.

### Activities

1. Nomination and Election for College Council Members.
2. Nomination and Election of President-Elect.
3. Annual General Meetings of the College and its Specialty Chapters.

Fellows will also be informed of any events / activities planned by their respective Specialty Chapter in due course.

## **APPRECIATION**

The College wishes to record its appreciation to all its Fellows and the Secretariat Staff for their enthusiastic support in the past year and looks forward to their ongoing support in future activities and projects of the College.

December 2015

Dr Bertha Woon

Honorary Secretary

2015-2016 Council

College of Surgeons, Singapore