



College of Psychiatrists

Tuesday, 19 September 2017

TOPIC:

Kids' Skills – a Creative Solution-Focused Method for Helping Children Overcome Emotional and Behavioural Difficulties

**Venue: Health Promotion Board Building, Level 1 Lecture Hall
3 Second Hospital Ave, Singapore 168937**

*You are cordially invited to attend a CME organized by the
Section of Child & Adolescent Psychiatry,
College of Psychiatrists, Academy of Medicine Singapore
On*

***Kids' Skills – a Creative Solution-Focused Method for Helping Children Overcome
Emotional and Behavioural Difficulties***

Date	:	19th September 2017 (Tuesday)
Venue	:	Health Promotion Board Building, Level 1 Lecture Hall 3 Second Hospital Avenue, Singapore 168937
7.30 – 8.00 am	:	Registration
8.00 - 8.05 am	:	Opening and Introduction by Chairperson Chairperson and Moderator A/Prof Ong Say How Chief & Senior Consultant Department of Child & Adolescent Psychiatry Institute of Mental Health & Child Guidance Clinic College of Psychiatrists, Academy of Medicine, Singapore
8.05 - 9.00 am	:	Talk (topic as above) Speaker: Dr Ben Furman Finnish Psychiatrist and Teacher of Solution-Focused Therapy
9.00 – 9.15 am	:	Questions and Answers
9.15 – 9.30 am	:	Closing Remarks
9.30 – 10.00 am	:	Breakfast

***Pending CME Accreditation by the Singapore Medical Council
To attend, kindly send your name and MCR no. to psys@ams.edu.sg.***



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Speaker's CV - Dr Ben Furman

Dr. Ben Furman is a Finnish psychiatrist and teacher of solution-focused therapy. He is a sought after presenter who has given lectures and done workshops in many countries around the world. Dr. Furman has written several books on the topic solution-focused psychology, leadership and parenting and, in addition to books, he has designed a number of therapeutic apps both for children and adults. One of Dr. Furman's solution-focused innovations is called Kids' Skills which is a creative and collaborative way of helping children overcome both minor as well as major emotional and behavioural problems.

To find out more about Dr. Ben Furman you can visit his website at www.benfurman.com. Dr. Furman will be visiting Singapore as part of a high level Finnish delegation celebrating the Finland's 100th years of independence in Singapore in September 2017.

In his hands-on lecture at IMH, entitled "Kids' Skills – a creative Solution-Focused method for Helping Children Overcome Emotional and Behavioural Difficulties" Dr Furman will explain, through illustrative case examples, how just about anyone can learn to convert emotional and behavioural problems into skill that children can learn utilising a logical 15-step protocol which is designed to inspire the creativity of the child and recruit the child's social network to support him her during the process.

To learn more about the Kids' Skills method visit the KS website at www.kidsskills.org, or download the free Kids' Skills app from Appstore or Google Play.