



College of Physicians, Singapore **ANNUAL REPORT 2016**

PRESIDENT'S MESSAGE

On behalf of the College Council, I would like to welcome the 33 new members who joined the College in 2016. Membership recruitment will remain as a challenge in the coming years as we explore more avenues to make the College relevant to the professional needs of physicians.

The College held its inaugural dinner on 2 September 2016 at Grand Copthorne Waterfront Hotel, which recorded an attendance of 150 healthcare professionals. I would like to thank Dr Manju Chandran for her efforts in putting together the programme, as well as our two esteemed speakers, Prof Chng Wee Joo and Dr Tan Lai Yong, for their inspiring talks at the dinner.



I would also like to record my heartfelt thanks to council members Drs Tay Jam Chin, Lee Lai Heng and Angeline Seah who finished their terms in 2016. I am excited to have Drs Bok Chek Wai, Ng Heng Joo and Noreen Chan joining the Council for the term 2016 - 2018.

I look forward to 2017 with enthusiasm and greater determination of the challenges that the College and its Chapters may encounter as we continue our mission to serve the needs of the Fellows.

ABOUT US

The College of Physicians, Singapore is a Company Limited by Guarantee registered in Singapore. It was incorporated on 17 August 2004 (Registration No. 200410334R) and registered under the Charities Act on 13 October 2004, with its address and principal place of business at 81 Kim Keat Road, NKF Centre #11-00, Singapore 328836.

Physicians in Singapore are medical specialists in field of Adult Internal Medicine which is distinct from surgery, radiology, anaesthesiology, obstetric and gynecology and paediatric medicine. They often choose to specialise in one of the following 15 specialties of Internal Medicine: Cardiology, Dermatology, Endocrinology, Gastroenterology, Geriatric Medicine, Haematology, Infectious Diseases, General Internal Medicine, Medical Oncology, Neurology, Rehabilitation Medicine, Renal Medicine, Respiratory Medicine, Rheumatology and Palliative Medicine.

The College vision is to be the recognised leader in training, education, advocacy and enhancement of professional satisfaction for internal medicine and its sub-specialties and to promote and maintain the highest professional and ethical standards in internal medicine and its sub-specialties.

OBJECTIVES

The objectives of the College are as follows:

- (i) To advance the art and science of internal medicine and its specialties
- (ii) To promote study and research into medical and scientific problems
- (iii) To sustain and foster postgraduate education; to conduct higher professional examinations and to award diplomas

2016-2017 COUNCIL**Elected Council Members****DR CHAN CHOONG MENG**
President

Director (from 16 May 2009)

DR CHAN PENG CHEW MARK
Honorary Treasurer

Director (from 23 May 2015)

DR NG HENG JOO
Council Member

Director (from 2 June 2016)

DR LYE CHIEN BOON DAVID
Vice-President

Director (from 7 May 2011)

DR BOK CHEK WAI
Council Member

Director (from 2 June 2016)

DR SUM CHEE FANG
Council Member

Director (from 7 May 2011)

DR YIM HENG BOON
Honorary Secretary

Director (from 26 May 2012)

DR CHEW EK KWANG DANIEL
Council Member

Director (from 23 May 2015)

Appointed Council Members**DR WONG SUNG LUNG AARON**
Chairman, Chapter of
Cardiologists

Director (from 31 May 2013)

DR CHIO TZE-WEI MARTIN
Chairman, Chapter of
Dermatologists

Director (from 23 May 2015)

DR MANJU CHANDRAN
Chairman, Chapter of
Endocrinologists

Director (from 23 May 2015)

**DR KHOR JEN LOCK
CHRISTOPHER**
Chairman, Chapter of
Gastroenterologists

Director (from 23 May 2015)

DR ASHISH ANIL SULE
Chairman, Chapter of General
Physicians

Director (from 31 May 2013)

**DR LIEN TSUNG CHIEN
CHRISTOPHER**
Chairman, Chapter of
Geriatricians

Director (from 23 May 2015)

DR HWANG YING KHEE WILLIAM
Chairman, Chapter of
Haematologists

Director (from 23 May 2015)

DR ANG SZE PENG BRENDA
Chairman, Chapter of Infectious
Disease Physicians

Director (from 23 May 2015)

DR LIM SIEW ENG
Chairman, Chapter of Medical
Oncologists

Director (from 23 May 2015)

DR DEIDRE ANNE DE SILVA
Chairman, Chapter of
Neurologists

Director (from 23 May 2015)

DR CHAN GUEK CHENG NOREEN
Chairman, Chapter of Palliative
Medicine Physicians

Director (from 2 June 2016)

DR LIM AI CHI PETER
Chairman, Chapter of
Rehabilitation Physicians

Director (from 31 May 2013)

DR KEE YI SHERN TERENCE
Chairman, Chapter of Renal
Physicians

Director (from 31 May 2013)

DR TEE KIM HUAT AUGUSTINE
Chairman, Chapter of Respiratory
Physicians

Director (from 31 May 2013)

DR THONG YU HOR BERNARD
Chairman, Chapter of
Rheumatologists

Director (from 23 May 2015)

COMPANY SECRETARY & AUDITOR

Dentons Rodyk & Davidson LLP was engaged as the Company Secretary to provide corporate secretarial services to the College. Fiducia LLP was newly appointed as the Auditor for the accounts of the College. DBS Bank Ltd and CIMB Bank Ltd remained as the bankers of the College.

COUNCIL PHOTO



Front (L-R):

Dr Lim Siew Eng (Chair, Chapter of Medical Oncologists), **Dr Ang Sze Peng Brenda** (Chair, Chapter of Infectious Disease Physicians), **Dr Chew Ek Kwang Daniel** (Council Member), **Dr Chan Peng Chew Mark** (Honorary Treasurer), **Dr Chan Choong Meng** (President), **Dr Lye Chien Boon David** (Vice-President), **Dr Sum Chee Fang** (Council Member), **Dr Ng Heng Joo** (Council Member), **Dr Deidre Anne De Silva** (Chair, Chapter of Neurologists)

Back (L-R):

Dr Hwang Ying Khee William (Chair, Chapter of Haematologists), **Dr Chio Tze Wei Martin** (Chair, Chapter of Dermatologists), **Dr Ashish Anil Sule** (Chair, Chapter of General Physicians), **Dr Kee Yi Shern Terence** (Chair, Chapter of Renal Physicians), **Dr Thong Yu Hor Bernard** (Chair, Chapter of Rheumatologists), **Dr Manju Chandran** (Chair, Chapter of Endocrinologists), **Dr Chan Guek Cheng Noreen** (Chair, Chapter of Palliative Medicine Physicians), **Dr Lim Ai Chi Peter** (Chair, Chapter of Rehabilitation Physicians), **Dr Khor Jen Lock Christopher** (Chair, Chapter of Gastroenterologists)

Absent:

Dr Bok Chek Wai (Council Member), **Dr Yim Heng Boon** (Honorary Secretary), **Dr Wong Sung Lung Aaron** (Chair, Chapter of Cardiologists), **Dr Lien Tsung Chien Christopher** (Chair, Chapter of Geriatricians), **Dr Tee Kim Huat Augustine** (Chair, Chapter of Respiratory Physicians),

ANNUAL GENERAL MEETING

The 12th Annual General Meeting of the College was held on Saturday, 2 June 2016 at 2.00pm, Communicable Disease Centre 1.

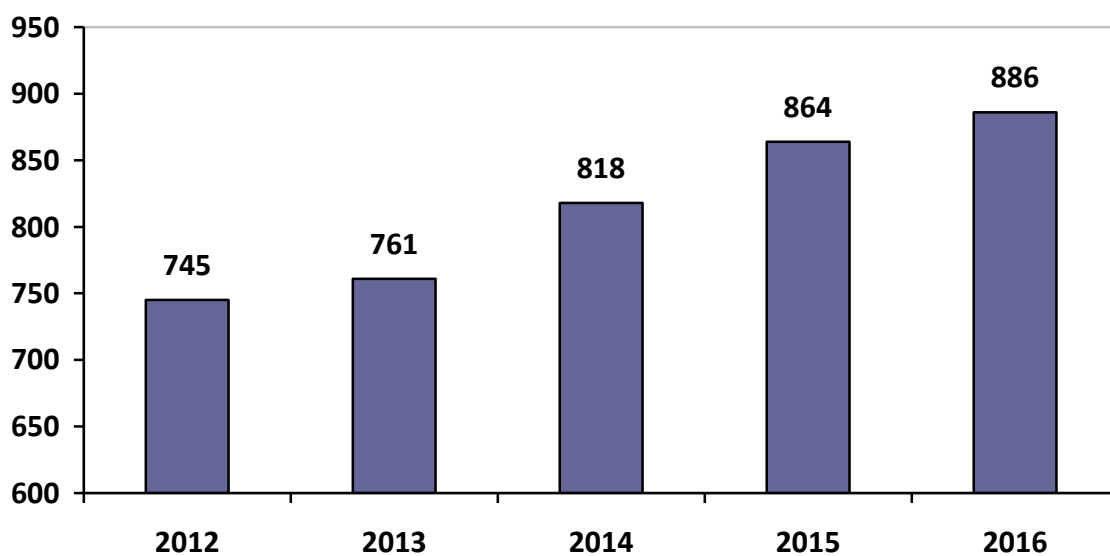
It was attended by 29 Fellows fulfilling the quorum of not less than 20 voting members at the commencement of a general meeting in accordance to Article 68 of the College Constitution.

COUNCIL MEETING

The Council held six meetings in 2016 to conduct the business and affairs of the College. It met on the following dates: 12 January, 29 March, 4 June, 12 July, 13 September and 12 November.

MEMBERSHIP

As at 31 December 2016, the College had a total of 886 members comprising 827 Fellows (Local), 57 Fellows (Overseas) and 2 Associate Members. The College welcomed a total of 33 new members in 2016.



The total membership of 886 comprises:

Cardiologists	131	Medical Oncologists	69
Dermatologists	96	Neurologists	63
Endocrinologists	67	Palliative Medicine Physicians	36
Gastroenterologists	77	Rehabilitation Physicians	25
General Physicians	120	Renal Physicians	51
Geriatricians	52	Respiratory Physicians	73
Haematologists	25	Rheumatologists	44
Infectious Disease Physicians	25		

INAUGURAL COLLEGE DINNER

The College held its inaugural dinner in conjunction with the Conferment Ceremony, 26th Seah Cheng Siang Memorial Lecture and 13th College of Physicians Lecture on 2 September 2016 at Grand Copthorne Waterfront Hotel.

26th Seah Cheng Siang Memorial Lecture

The 26th Seah Cheng Siang Memorial Lecture was delivered by Professor Chng Wee Joo, Director of the National University Cancer Institute, Singapore. Professor Chng spoke on "Multiple Myeloma: A Journey from Biology to Potential Cure" where he shared about the major discoveries in genomics, biology, drug discovery and therapy of Myeloma, the second most common blood cancer in the world.



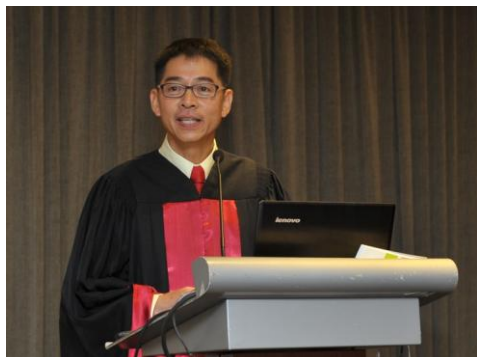
Prof Chng Wee Joo delivering the 26th Seah Cheng Siang Memorial Lecture.



Prof Chng Wee Joo (left) receiving a token of appreciation from College President, A/Prof Chan Choong Meng (right).

13th College of Physicians Lecture

The 13th College of Physicians Lecture was delivered by Dr Tan Lai Yong, Resident Fellow of the College of Alice and Peter Tan, National University of Singapore. Dr Tan spoke on "Rural Lessons for Urban Doctors" where he shared lessons learnt from the rural communities about life-long values of being a healer; going back to the basics of preventing disease, curing at times but always bringing comfort and sharing hope.



Dr Tan Lai Yong delivering the 13th College of Physicians Lecture.



Dr Tan Lai Yong (left) receiving a token of appreciation from College President, A/Prof Chan Choong Meng (right).

Conferment Ceremony

The College conferred the title of Honorary Fellowship to two esteemed individuals who have eminently distinguished themselves in the service of internal medicine:

Professor Chee Yam Cheng

Senior Advisor, National Healthcare Group Board
President, National Healthcare Group College
Emeritus Consultant, Tan Tock Seng Hospital



Prof Chee Yam Cheng (right) receiving his Honorary Fellowship from College President, A/Prof Chan Choong Meng.

Professor Ong Yong Yau

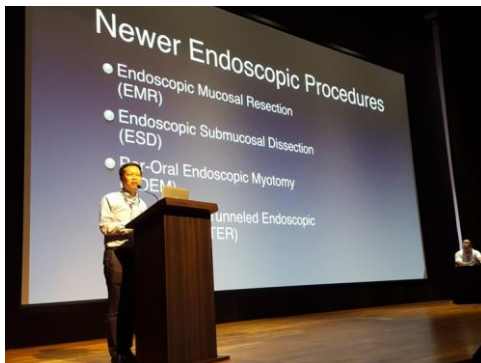
Emeritus Consultant, Singapore General Hospital
Senior Advisor, SingHealth
Clinical Professor of Medicine, National University of Singapore



Prof Ong Yong Yau (right) receiving his Honorary Fellowship from College President, A/Prof Chan Choong Meng.

8TH MEDICINE REVIEW COURSE

The 8th Medicine Review Course held on 23 – 24 July 2016 at Academia Auditorium recorded an attendance of 363 registrants. 56 faculty members comprising programme directors and speakers were engaged to deliver a wide spectrum of common topics and important updates in Internal Medicine.



Dr Christopher Khor delivering a talk on gastrointestinal endoscopy.



The audience at the 8th Medicine Review Course.

COUNCIL RETREAT

The College Council held a retreat on 12 November 2016 at Holiday Inn Orchard City Centre to brainstorm strategic plans and initiatives for the coming year. The three areas of discussion were:

- (i) Improving Communication and Fellowship Benefits
- (ii) Specialist Training/Assessment
- (iii) Improving College Standing



3RD MONTEIRO LECTURE

The 3rd Monteiro Lecture organised by the Chapter of Infectious Disease Physicians was held on 11 March 2016 at Tan Tock Seng Hospital Annex 2. The lecture was delivered by Prof Goh Kee Tai on the topic “Infectious Disease Outbreaks in Singapore: Personal Reflection on Surveillance and Management”.



Prof Goh Kee Tai delivering the 3rd Monteiro Lecture.



Dr Edmund Monteiro (left) presenting a token of appreciation to Prof Goh Kee Tai (right).

10TH CHAPTER OF RENAL PHYSICIANS LECTURE

The 10th Chapter of Renal Physicians Lecture was held at Mandarin Oriental Singapore on 25 November 2016. The lecture was delivered by Dr Marjorie Foo on the topic “For Better or for Worse: Lessons from the Change in Dialysis Paradigm in the Region”.



Dr Marjorie Foo delivering the 10th Chapter of Renal Physicians Lecture.



Dr Marjorie Foo (left) receiving a token of appreciation from Dr Terence Kee, Chapter Chairman (right).

CHAPTER ACTIVITIES

The various Chapters organised/supported the following activities in 2016:

Chapter of Dermatologists

- 21-24 Apr 22nd Regional Conference of Dermatology (Asian-Australasian)
15 Sep HMDP Visiting Expert Lecture: "Biosimilars' Good News with Some Cautionary Strategies"
Prof Neil Hartley Shear

Chapter of Endocrinologists

- 13 May Singapore Parathyroid, Bone and Kidney Seminar
19 Aug Multifactorial Interventions in Type 2 Diabetes
Prof Peter Gaede

Chapter of Geriatricians

- 10-13 Aug Asia Pacific Geriatrics Conference 2016

Chapter of Haematologists

- 2 Oct World Thrombosis Day Public Forum 2016

Chapter of Infectious Disease Physicians

- 12 May Career Paths in Infectious Disease
14 May Renal-Infectious Disease Symposium
18 Jun 6th ASEAN Dengue Day Seminar
30 Nov-4 Dec Asia Pacific HIV Practice Course

Chapter of Medical Oncologists

- 3 Nov 2nd Chapter of Medical Oncologists Dinner

Chapter of Neurologists

- 29 Sep-1 Oct 7th Singapore International Parkinson Disease & Movement Disorders Symposium
6-8 Oct 16th Singapore Stroke Conference

Chapter of Palliative Medicine Physicians

- 19 Nov 2015/2016 NUS GDPM Graduation Ceremony cum Chapter's Appreciation Evening

Chapter of Rehabilitation Physicians

- 12 Aug Exam Question Writing Workshop

Chapter of Renal Physicians

- 14 May Renal-Infectious Disease Symposium
6 - 7 Aug Interventional Nephrology Course 2016

Chapter of Respiratory Physicians

- 7 Mar Bronchodilators & Updated Clinical Evidences in the Therapeutic Management of COPD
Prof Eric Bateman
29 Mar Guidelines & Options in Management of Severe Respiratory Infections in Intensive Care
A/Prof George Dimopoulos
30 Mar Perfect Harmony in Asthma Control
Dr Leong Jern Lin and Dr Lee Yeow Hian
21 Apr Lung Transplantation in Singapore
Dr Sewa Duu Wen

Chapter of Rheumatologists

- 1 Sep Models of Health Care in Lupus
Dr Meenakshi Jolly

INDEPENDENT MEDICAL EXPERTS

The College assisted the Academy of Medicine, Singapore in providing expert opinions for seven coroner's cases from the Singapore Police Force for investigation.

PROFESSIONAL OPINIONS

The College furnished professional opinions and feedback in various areas upon request:

No.	Description	Organisation
1.	Endorsement of the revised Obesity CPG Jan 2016)	HPB
2.	Esophageal High Resolution Manometry and pH-Impedance testing	MOH
3.	Dr Georgia Lee's clinic "TLC Lifestyle practice" to justify the provision of Non-List A aesthetic procedures	MOH
4.	Screening Tests Review (Further inputs clarification)	MOH
5.	Tdap vaccination for pregnant women during 3rd trimester	MOH
6.	Clinical Use of Next-Generation Sequencing (NGS) Based Assays	MOH
7.	Invasive Procedures in a HDB apartment	MOH
8.	Private Hospitals and Medical Clinics (PHMC) Act & PHMC (Publicity) Regulations	MOH
9.	Appropriateness of the intended service to be conducted in a PHMC licensed medical clinic (Clinical Sexology)	MOH
10.	Developments in More Comprehensive Genetic Marker Testing	MOH
11.	Circulating Tumour Cells	MOH
12.	NUDT15 and SLCO1B1 Sequencing	MOH
13.	Zika Virus Testing	MOH
14.	Query on provision of high dose IV Vitamin C	MOH
15.	Publicity Claims: The Chelsea Clinic - Zeltiq Coolsculpting	MOH
16.	Opinion on Ozone Therapy	MOH
17.	NECC Core Competencies in Clinical Ethics for Healthcare Professionals	NECC
18.	Crystal Tomato & I-Lipo	MOH
19.	Chronic obstructive pulmonary disease CPG	MOH
20.	Invasive Aesthetic Procedures by a Beautician	MOH
21.	Use of hand held device "Palovia Paloma" to administer aesthetic treatments	MOH
22.	DHCPL on Domperidone	HSA
23.	DHCPL on Niacin	HSA
24.	HSA Request for Expert Opinion on Lysozyme	HSA

EDUCATION AND TRAINING**Internal Medicine In-Training Examination (IM-ITE)**

The College engaged 18 Fellows to invigilate the IM-ITE held on 27 August and 3 September 2016.

- Dr Arasaratnam, Punitha
- Dr Borja, Anna Marie
- Dr Chan Peng Chew Mark
- A/Prof Chew Ek Kwang Daniel
- A/Prof Chew Teong Huang Samuel
- Dr Handa, Pankaj
- Dr Jose, Shaji
- Dr Kor Ai Ching
- A/Prof Lau Tang Ching
- Dr Lee Tau Hong
- Dr Lieu Ping Kong
- Dr Pandit, Nihar
- Dr Ramani, Narayanaswamy Venketasubramanian
- A/Prof Sahadevan, Suresh
- A/Prof Tay Jam Chin
- Prof Teo Eng Kiong
- Dr Tjan Soon Yin
- Prof Wang Yee Tang Sonny

Staff Registrar Scheme (SRS)

The Staff Registrar Scheme (SRS) was implemented in 2007 together with the Academy of Medicine, Singapore. The programmes, approved by the Singapore Medical Council (SMC), are open to foreign doctors whose specialist degrees and medical qualifications are not recognized by the Specialists Accreditation Board and SMC. It serves as an avenue for the public/restructured healthcare institutions to retain temporary registered (service) doctors and is also open to local doctors who do not wish to practice as general practitioners or specialists and prefer to work in the public/restructured healthcare institutions.

A total of 22 doctors enrolled in SRS in 2016. Since 2007, 169 doctors have enrolled in the SRS.

Diploma	Year Started	Duration (Years)	Enrolment in 2016	Enrolment to Date
Cardiology	2007	2	4	21
Clinical Haematology (Adult)	2013	2	-	3
Endocrinology	2016	2	3	3
Geriatric Medicine in Hospital and ILTC	2007	2	6	57
Infectious Diseases	2007	2	-	6
Internal Medicine (with focus on Hospital Medicine)	2007	2	5	39
Medical Oncology in Hospital	2007	3	-	7
Neurology	2007	2	-	5
Palliative Medicine	2007	2	2	11
Rehabilitation Medicine	2007	2	1	11
Respiratory Medicine	2015	2	1	5
Respiratory Medicine (Clinical and Public Health - TB)	2013	2	-	1

PAST CHAIRMEN, CHAPTER OF PHYSICIANS (1966-2004)
PAST PRESIDENTS, COLLEGE OF PHYSICIANS (SINCE 2005)

2013 - 2015	Dr Tay Jam Chin	1987 - 1988	Dr Oh Min Sen Vernon
2011 - 2013	Dr Ng Wei Keong Alan	1986 - 1987	Dr Chee Yam Cheng
2009 - 2011	Dr Wong Kok Seng	1985 - 1986	Dr Arthur Tan Teow Hin
2007 - 2009	Dr Ng Keng Yeen	1983 - 1985	Dr Tan Yew Oo
2001 - 2007	Dr Lim Shih Hui	1982 - 1983	Dr Chia Boon Lock
1998 - 2001	Dr Chong Siong Eng Roland	1979 - 1982	Dr Teoh Pek Chuan
1997 - 1998	Dr Howe Hwee Siew	1977 - 1979	Dr Feng Pao Hsii
1995 - 1997	Dr Ong Kian Chung Benjamin	1975 - 1977	Dr John A Tambyah
1994 - 1995	Dr Cheng Jun	1972 - 1975	Dr Wong Poi Kwong
1993 - 1994	Dr Tan Wan Cheng	1968 - 1972	Dr Khoo Oon Teik
1991 - 1993	Dr Lee Kok Oon	1966 - 1968	Dr Gordon Arthur Ransome
1988 - 1991	Dr Richard Guan		

HONORARY FELLOWS

2016	Dr Chee Yam Cheng
2016	Dr Ong Yong Yau
2015	Dr Oh Min Sen Vernon
2015	Dr Woo Keng Thye
2005	Dr Chew Chin Hin

APPRECIATION

The College wishes to record its appreciation to all our members for their support and efforts rendered in the past year and to the College's executives for their secretariat support.

31 December 2016

Dr Yim Heng Boon
Honorary Secretary