

COLLEGE OF OPHTHALMOLOGISTS
Annual Report for Year Ended 31 December 2016

MESSAGE FROM THE PRESIDENT

Dear Fellows,

It has been an incredible year for the College of Ophthalmologists and an exhilarating year for me serving as the President of the College. It is a great honour and words cannot express how thankful I am for all the encouragement received. In particular, I am most grateful to the Council members who have been supporting my leadership, committing their time and contributing selflessly.

In 2016, 10 subspecialty groups were formed within the College to assist with organising of the monthly CME events and provide professional opinions, a big thank you to all fellow ophthalmologists in both private and public institution who made this committee possible.



The College has also been active in both local and international collaborations. International collaborations such as the Korean Society of Aesthetic Surgery (KSAS) together with the Chapter of Plastic Surgeons for the 32nd and 33rd KSAS Annual Meeting.

In addition, I am delighted to share that the College together with Singapore Society of Ophthalmology has been given the privilege to host the 32nd Asia Pacific Academy of Ophthalmology Congress (APAO) to be held in Singapore on 1 – 5 March 2017. This prestigious ophthalmic event co-organised with the International Council of Ophthalmology (ICO), gathers a distinguished international faculty of top specialists in ophthalmology from around the world to share their expertise and experience with clinicians, eye surgeons and researchers from the Asia-Pacific region and globally.

As we progress into an exciting 2017, the College wishes to record its appreciation and thanks to the Council and all Fellows for their support and efforts in the past year.

Yours sincerely,
Professor WONG Tien Yin

Governing Board Members/Management Committee:

Name	Designation	Date of Appointment
Prof Wong Tien Yin	President	2016 – 2018
Adj A/Prof Heng Wee Jin	Immediate Past President	2014 – 2016
Adj. A/Prof Yip Chee Chew	Vice President	2016 – 2018
Adj A/Prof Lee Shu Yen	Honorary Secretary	2016 – 2018
A/Prof Clement Tan	Honorary Treasurer	2015 – 2017
Dr Esther Fu	Council Member	2016 – 2018
Dr Adrian Koh	Council Member	2015 – 2017
Dr Jacob Cheng	Council Member	2016 – 2018

Objectives, Motto and Mission of the College

The main objectives of the College are as follows:

- 1) To promote and uphold the professionalism of ophthalmologists in Singapore
- 2) To facilitate and enhance professional development and continuing medical education of the specialty; to maintain competency among doctors.

Motto

- 1) For Light and Sight

Mission

- 1) Advance the art and science of ophthalmic medicine
- 2) Advocate the future of ophthalmology

POLICIES

Funding Sources

The College is financially supported by sponsorship and grants from other organisations, donations and income, if any, generated from activities organised by the College.

Memberships

The total number of Members in the College stood at 167 as at 31 December 2016. There were 165 Local Fellows and 2 Overseas Fellows. The College welcomed a total of 14 new Fellows in 2016.

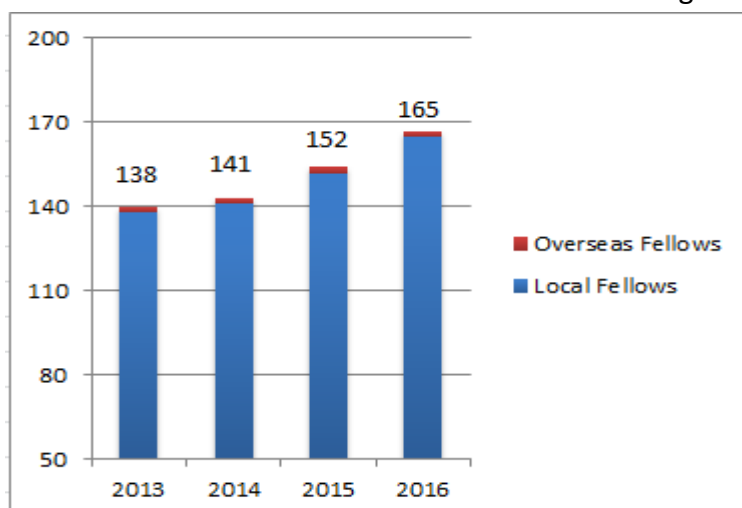


Chart 1: COPH Membership as at 31 December 2016

The new Fellows are:

- | | |
|-------------------------------|--------------------------------|
| 1. Dr Charmaine Chai | 8. Dr Jason Lee Kian Seng |
| 2. Dr Anita Chan Sook Yee | 9. Dr Daniel Ting Shu Wei |
| 3. Dr Joy Chan Boon Min | 10. Dr Andrew Tsai Shih Hsiang |
| 4. Dr Chan Hwei Wuen | 11. Dr Wong Hon Kiat |
| 5. Dr Clarissa Cheng Shu Ming | 12. Dr Wong Chee Wai |
| 6. Dr Huang Philemon | 13. Dr John Wong Xin Hao |
| 7. Dr Victor Koh | 14. Dr Woo Jyh Haur |

REVIEW OF YEAR 2016

Activities

1. Annual General Meeting

The 7th Annual General Meeting (AGM) of the College of Ophthalmologists, Singapore was held on Saturday, 9 April 2016 at 1100 Hour in National Museum of Singapore, The Flutes Restaurant. The meeting was attended by 28 Fellows.

2. Council Meetings

The Council held 3 meetings in 2016 to conduct the business and affairs of the College. It met on the following dates: 9 May, 22 August and 25 November.

3. National Continuing Medical Education

The College started a review on the National Continuing Medical Education (CME) Programme last year to see how the National CME Programme could better serve the continuing education needs of Ophthalmologists and Ophthalmology residents.

The National CME programme started in the early 1990s consisting of the residency teaching on Wednesday afternoons and a combined CME lecture at 5pm. With the expansion of eye departments at other major institutions, the teaching and combined CME events were subsequently held at these institutions on a rotation basis. After the formation of the College in 2010, the College started to help coordinate the organization of the combined CME lecture and to disseminate the CME programme.

In 2015, the College carried out a review of the CME programme in consultation with three sponsoring institutions and also with our Fellows during the Annual General Meeting in May 2015 to decide on the future direction and format of the programme. The majority felt that the combined CME was still relevant and important for fulfilling the needs of Ophthalmologists to keep up to date with advances and developments in subspecialties outside their own.

To address this need and keep it more focused as suggested, the College replaced the weekly 5 pm combined CME lecture with subspecialty-based CMEs organised once a month. The new combined CME programme planned to begin in 2016 was delayed and will commence once

consensus has been reached with regards to the timing and day of the week to be held. The monthly CME will be hosted by each subspecialty rostered.

The College would like to thank the sponsoring institutions and our fellows for their enthusiastic support and feedback on the National CME programme.

4. Subspecialty Group Formation

The College formed 10 subspecialty groups within the College to help with organising of the monthly CME events and also provide professional opinions for a period of 3 years.

Terms of Reference

- 1) To advise the College and represent the subspecialty in professional matters eg. Provision of professional opinions to MOH, SMC, etc.
- 2) To support the College in functions such as organising educational activities, eg. Meetings, conference and National CMEs
- 3) To advise the council in handling matters relating to media communications.
- 4) Any other professional matters which the College may require the subspecialty committee's assistance from time to time.

S/N	Subspecialty	Subspecialty Committee
1	Cataract	FAM Han Bor (Chairman), CHEE Soon Phaik, FONG Allan, THEAN Lennard, YEOH Ronald
2	Cornea	LIM Li (Chairman), HENG Wee Jin (Vice-Chairman), ANSHU Arundhati, LIM Jimmy, TAN Anna, TAN Donald
3	Glaucoma	YIP Leonard (Chairman), AUNG Tin, BOEY Pui Yi, CHENG Jason, HEE Owen, HOH Sek Tien, HUSAIN Rahat, LOON Seng Chee, SNG Chelvin, SU Daniel, THEAN Lennard Harold
4	Neuro-Ophthalmology	TOW Sharon (Chairman), CHIN Chee Fang, GOH Kong Yong, LOO Jing Liang, TAN Clement
5	Oculoplastic	SEAH Lay Leng (Chairman), YIP Chee Chew (Vice-Chairman), FONG Kee Siew, LEE Llewellyn, LIM Lee Hooi, SHEN Sunny, YANG Morgan, YOUNG Stephanie
6	Paediatrics	WONG Inez (Chairman), CHEONG Pauline, CHIA Audrey, FOO Fung Yee, LEO Seo Wei, NGO Cheryl, QUAH Boon Long
7	Retina (Surgical)	ONG Sze Guan (Chairman), CHEE Caroline, CHENG Bobby, LEE Shu Yen, TAN Gavin, TAN Nikolle, AGRAWAL Rupesh, YONG Shao Onn
8	Uveitis	TEOH Stephen (Chairman), CHEE Soon Phaik, CHENG Bobby, CHEUNG Gemmy, LIM Wee Kiak, AGAWAL Rupesh
9	Refractive	MOHAMAD ROSMAN Bin Othman (Chairman), CHAN Wing Kwong, CHUA Wei Han, HENG Wee Jin, LIM Jimmy, TAN Jerry, KHOR Wei Boon, MARIA Anna
10	Medical Retina	KOH Adrian (Chairman), LAUDE Augustinus, CHEE Caroline, CHEUNG Gemmy, CHENG Jacob, LIM Tock Han, TAN Colin, WONG Tien Yin, YEO Ian

Oculoplastic Subspecialty Committee

The 2016 Oculoplastics Subspecialty Committee led by A/Prof. Seah Lay Leng (chairman) and A/Prof. Yip Chee Chew (vice-chairman) held 2 meetings during their term. The other 6 team members consisted of representatives from all restructured hospitals and the private sector. The following matters were deliberated and agreed by majority vote:

Continuing Medical Education (CME) for Oculoplastic Surgery

Each institution is responsible for preparation of specific topics for the Oculoplastic Teaching Program during the weekly 2.00 -5.00pm. The program assignments were: SNEC (Orbit and lacrimal), NUH (Socket) and TTSH, NUH, KTPH, private (Eyelids).

Eye residency curriculum

The current syllabus was reviewed and revised to improve the standard of knowledge and skill transfer; and to improve the competency of residents upon completion of residency. The possibility of conducting a yearly Education Course for preparation of M.Med / FAM Examination by the college was discussed.

Local and regional conferences

The work group expressed their support for the 2016 NUH Eye International Congress, 2017 APAO meeting and the Korean Society of Aesthetic Surgery (KSAS) Meeting. Five out of the 8 committee members will be speakers at the APAO meeting. There was unanimous agreement for A/Prof. Seah and A/Prof. Yip to continue as the college representatives to collaborate with KSAS as program directors.

The International Thyroid Eye Disease (ITED) meeting 2019 will be held in collaboration with the College through the effort of A/Prof Seah. An organizing committee will be formed to prepare for this meeting.

Ministry of Health Table Of Surgical Codes (TOSP)

The workgroup deliberated on and proposed amendments to the current TOSP to enhance its comprehensiveness and coding to commensurate with the surgical complexity. Members were advised to submit the amended codes to their respective institutions for approval prior submission to MOH.

5. Professional Consultation

The College furnished ten professional opinions on various topics requested by various external parties mainly from Ministry of Health (MOH). The professional opinions are listed below.

SN	Date	Topic	Organisation
1.	19 April 16	Human Tissue Banks	MOH
2.	18 May 16	Consent Taking Procedures	MOH

SN	Date	Topic	Organisation
3.	6 June 16	Publicity claims on Lasik procedures	MOH
4.	29 Aug 16	Procedures performed in Outpatient Medical Clinics	MOH
5.	19 Sep 16	Medisave claim _Blepharoplasty & Brow plasty	MOH
6.	6 Dec 16	Cataract surgery in medical clinics	MOH

6. Collaboration for 32nd and 33rd Korean Society of Aesthetic Surgery Annual Meeting (KSAS)

The College had collaborated with the Chapter of Plastic Surgeons, AMS to provide speakers for the 32nd and 33rd Korean Society of Aesthetic Surgery Annual Meeting held on 18 – 19 June 2016 and 27 November 2016.

Symposium: “Oculo-facial rejuvenation debate forum”

32 nd KSAS TOPICS	SPEAKERS
Suture blepharoplasty gives better results than incisional blepharoplasty	Dr Samuel Ho and Dr Eugenie Poh
Posterior Ptosis Surgery is a better surgical option for correction of mild–moderate apoenurotic ptosis	Dr Hunter Yuen and Dr Heng Li Wei
Endoscopic brow ptosis repair is more acceptable in the 21st Century	Dr Sandeep Uppal and Dr Elaine Chee
Transconjunctival approach is safer than transcutaneous approach in lower Blepharoplasty	Dr Seah Lay Leng and Dr Marcus Wong
Rejuvenating the tear trough with fat transposition is better than free fat graft.	Dr Matthew Yeo and Dr Yip Chee Chew
Absorbable sutures are preferred suture material than non-absorbable sutures in aesthetic surgical procedures	Dr Stephanie Young and Dr Yvonne Chung
Safety profile of hyaluronic dermal filler is better than Non hyaluronic dermal filler for facial rejuvenation	Dr Llewellyn Lee and Dr Matthew Yeo
Botox injection is a relatively safe aesthetic rejuvenation procedure	Dr Livia Teo

Symposium: “Minimising Complications In Aesthetic Orbito-Facial Surgery: Pearls And Pitfalls”

33 rd KSAS TOPICS	SPEAKERS
Asymmetry after external ptosis surgery	Dr Seah Lay Leng
Unsatisfactory outcomes after frontalis sling surgery	Dr Morgan Yang
Sub-optimal results after upper blepharoplasty	Dr Livia Teo
Common problems after lower blepharoplasty	Dr Stephanie Young
Complications of epiblepharon surgery	Dr Yvonne Chung

Dermal fillers injection complications	Dr Yip Chee Chew
Complications of local anaesthetic Injections	Dr Jason Lee
Management of complications in facial rejuvenation surgery	Dr Matthew Yeo



Group photo taken at KSAS Gala Dinner.

Organisation of Meetings

1. Asia Pacific Academy of Ophthalmology Congress 2017 (APAO)

The local APAO 2017 Steering Committee headed by Prof Wong Tien Yin is a joint congress organised by College, Singapore Society of Ophthalmology (SSO), international Council of Ophthalmology (ICO) and Asia Pacific Academy of Ophthalmology (APAO). This congress gathers distinguished international faculty of top specialists in ophthalmology from around the world to share their expertise and experience with clinicians, eye surgeons and researches from the Asia-Pacific region and globally.

Members of the Scientific Program Committee led by Prof Aung Tin have put in tremendous effort to shape what promises to be the most compelling ophthalmology congress in 2017, highlighting Singapore's ophthalmic excellence in its years of practice, fostering new connections and exchanges, and building a wider network for the ophthalmology community in Singapore globally. Some highlights of the congress:

- 185 scientific sessions/symposiums;
- More than 1,400 abstracts for free papers, instruction courses, posters, e-posters and video presentations;
- More than 600 world renown speakers, including Neil BRESSLER, Jorge ALIO, Jost JONAS, Marie Jose TESSIGNON, Emily CHEW, Neil MILLER, Paul MITCHELL, Won Ki LEE, Kyoko OHNO-MATSUI, Clement THAM and many others;
- First-rate plenary and award lectures by Donald TH TAN, Taraprasad DAS, Vishal JHANJLI, Lin-chung WOUNG, Robert RITCH, Wan Hazabbah WAN HITAM, Dennis LAM, Timothy BLENKINSOP and Giovanni STAURENGHI;
- More than 20 sponsored symposiums;
- Cutting-edge live surgery session;
- Exciting exhibition showcasing current and leading edge ophthalmic knowledge, technologies, and sciences.

In addition, The College will also roll out initiative to incentivise and encourage participation for APAO 2017. Special membership benefits will be awarded to Ophthalmology FAMS who registered and attended APAO Congress 2017. The College will underwrite up to SGD 500.00 off their 2018 Annual Subscription Fee.



REVIEW AND CHANGES IN THE POLICY

There was no review and no changes to the policy of the College in 2016.

EXPLANATION OF THE PURPOSES FOR WHICH THE CHARITY'S ASSETS ARE HELD

The College does not own any significant assets.

FUTURE PLANS AND COMMITMENTS

MAJOR INITIATIVES

1. Support for organising major international conferences in Singapore
2. Strategic Roadmap Meeting

EVENTS / ACTIVITIES PLANNED FOR 2017

1. 7th College Lectureship 2017
2. 32nd Asia Pacific Academy of Ophthalmology Congress 2017

ONGOING MAJOR INITIATIVES

1. Diploma exams and Staff Registrar/ Resident Physician Scheme
2. National CME
3. Support for organizing major international conferences in Singapore