

COLLEGE OF PSYCHIATRISTS

The College of Psychiatrists was officially formed on 5 November 2014 under the umbrella of Academy of Medicine, Singapore (AMS). Formerly, the Chapter of Psychiatrists, was formed in 1986. Now as a College, it continues to provide professional leadership and continuing education in psychiatry. The College also provides recommendations to the Academy on specialist qualification and training, and Fellows of the College serve on national specialist training committees and academic programme committees.



An important milestone in the history of local psychiatry was achieved on 5 November 2014 when the College of Psychiatrists was officially formed. As indicated in a previous letter to our Fellows, the advantages of forming a College include the following:

- To have equal standing with other Colleges under AMS;
- To raise the profile of the specialty both locally and overseas;
- To provide a good platform to develop subspecialties and allow subspecialties to have more focused activities;
- To have greater autonomy in developing professional initiatives and activities;
- To have more financial autonomy.

THE 2017-2018 COUNCIL

President	Dr John Wong Chee Meng
Immediate Past President	Dr Ng Beng Yeong
Vice-President	Dr Yap Hwa Ling
Honorary Secretary	Dr Robin Goh Kye Hock
Honorary Treasurer	Dr Giles Tan Ming Yee
Council Members	Dr Lee Cheng Dr Leslie Lim Eng Choon Dr Roger Ho Chun Man
Co-Opted Members	Dr Ong Say How Dr Lee Tih Shih Dr Mok Yee Ming Dr Lee Ee Lian Dr Winslow Rasaiah Muidasa Dr Lim Yun Chin Dr Daniel Fung Shuen Sheng

“The Council looks forward to seeking out and serving the needs of our Fellows in the New Year 2018!

Dr John Wong

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PRESIDENT'S MESSAGE

Since its inception in 2014, the College has established a strong mandate from founding Fellows to advance the professionalism and academic development of clinical psychiatry practice in Singapore. Under the leadership of founding College President, Dr Ng Beng Yeong, the College actively enlisted the help of young psychiatrists to build vibrant CME programmes, covering both public and private clinical practice needs. The Council would like to register its deep appreciation to Beng Yeong's leadership and contributions in establishing the College, building up the CME programmes and increasing induction of new College Fellows.

The newly-elected Council met for a Planning Retreat in August 2017 to map out the way forward, addressing the needs of the increased 18.3% College membership from the founding year 2014 to 2017.

The Workgroup has embarked on profiling psychiatry fraternity: 'Who Are We, What I Do, Why I Do', establishing the needs of Psychiatrist Fellows, in order to sharpen the roles and perception of Psychiatry among professional peers and the public; and for the College to further build professional competencies through education and training.

The College launched the inaugural Chee Kuan Tsee Lecture on 15 May 2017. A/Prof Benjamin Ong, Director of Medical Services, Ministry of Health, Singapore, delivered the Lecture on 'Mental Health Care for the 21st Century', outlining future mental health service needs and development critical for Singapore's healthcare system. This annual lecture series will provide a platform for leaders, scholars and clinicians to provide thought leadership and share insights pertinent to the professional development of psychiatry and mental health services in Singapore.

The College has established three Sections to promote the academic education and advance clinical training: Child and Adolescent Psychiatry; Neuropsychiatry; and Neurostimulation.

The College thanks Fellows for their support and renewed interest in pursuit of professional education in clinical psychiatry, and the many educational partners for providing vital resources to sustain training programmes this past year making them a success.

The Council looks forward to seeking out and serving the needs of our Fellows in the New Year 2018!



Photo taken at the AMS Diamond Gala Dinner in July 2017.

Front row (from left):

Dr Lim Yun Chin (Co-Opted Member), Dr Giles Tan Ming Yee (Honorary Treasurer), Dr Yap Hwa Ling (Vice-President), Dr John Wong (President), Dr Lee Cheng (Council Member), Dr Ng Beng Yeong (Immediate Past President)

Back row (from left):

Dr Robin Goh Kye Hock (Honorary Secretary), Dr Roger Ho Chun Man (Council Member), Dr Ong Say How (Co-Opted Member), Dr Leslie Lim Eng Choon (Council Member)

Not in photo:

Dr Lee Tih Shih (Co-Opted Member), Dr Daniel Fung Shuen Sheng (Co-Opted Member), Dr Mok Yee Ming (Co-Opted Member), Dr Lee Ee Lian (Co-Opted Member), Dr Winslow Rasaiah Munidasa (Co-Opted Member)

ANNUAL GENERAL MEETING

The 3rd Annual General Meeting of the College was held on 15 May 2017 at Privé Grill. A total of 20 Fellows attended the meeting.

COUNCIL MEETINGS

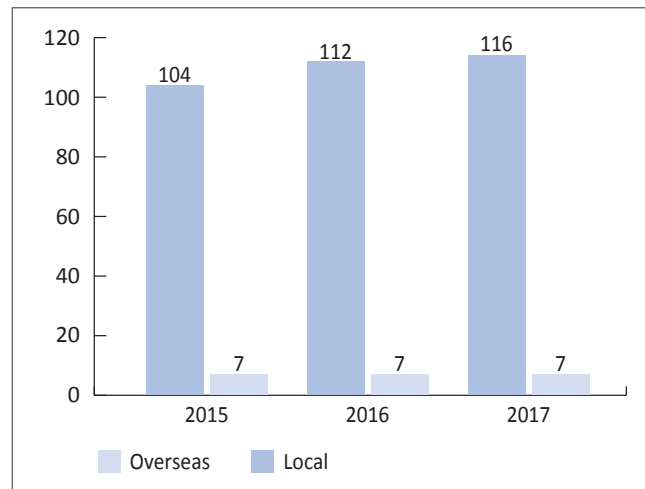
The Council meets once every two months to conduct the business and affairs of the College. In 2017, the Council met six times on 8 February, 29 March, 6 May, 5 June, 3 August and 29 September. A workplan retreat was also held on 12 August.

MEMBERSHIP

The membership of the College stood at 123 as of 31 December 2017, consisting of 116 Local and seven Overseas Fellows.

The following were admitted as Fellows of the Academy of Medicine, Singapore (CPSYCH) in 2017:

- Dr Mohamed Zakir Karuvetil
- Dr Rajesh Jacob
- Dr Terence Leong
- Dr Derrick Yeo Chen Kuan
- Dr Tan Sheng Neng
- Dr Lim Chau Sian
- Dr David Teo Choon Liang



ACTIVITIES

CONTINUING MEDICAL EDUCATION

The College had organised the following lectures in 2017.

DATE	TOPIC	SPEAKER
12 January	Section of Neuropsychiatry – Mind Brain Rounds	Dr Simon Ting <i>Consultant, Department of Psychiatry, Singapore General Hospital</i>
17 January	Section of Child and Adolescent Psychiatry – Symposium on Autism Spectrum Disorders: New Advances in Autism Research	<ul style="list-style-type: none"> • Introduction to Autism • A/Prof Ong Say How <i>Chief, Department of Child and Adolescent Psychiatry, Institute of Mental Health; Head of Service, Department of Psychological Medicine, KK Women's and Children's Hospital; and Adjunct Associate Professor, Duke-NUS Medical School</i> • Dr Kenneth Lyen <i>Founder of the Rainbow Centre; Consultant paediatrician, private practice, Singapore</i> • Adj A/Prof Daniel Fung <i>Chairman of Medical Board, Institute of Mental Health</i> • Prof Geraldine Dawson <i>Professor, Psychiatry and Behavioural Sciences, Paediatrics, and Psychology and Neuroscience; Director, Duke Centre for Autism and Brain Development, Duke University Medical Centre</i>

DATE	TOPIC	SPEAKER
17 January	<ul style="list-style-type: none"> Genetics and Epigenetics of Autism 	<ul style="list-style-type: none"> Prof Steve Rozen <i>Professor and Associate Dean of Research Informatics Director, Centre for Computational Biology, Duke-NUS Medical School</i> Prof Simon Gregory <i>Professor and Director, Genomics and Epigenetics, Duke Molecular Physiology Institute, Duke University Medical Centre</i> Dr Shyam Prabhakar <i>Group Leader, Computational and Systems Biology; Associate Director, Integrative Genomics, Genome Institute of Singapore</i>
	<ul style="list-style-type: none"> Research in Autism 	<ul style="list-style-type: none"> A/Prof Hongyan Wang <i>Associate Professor and Interim Programme Director, Neuroscience and Behavioural Disorders Programme, Duke-NUS Medical School</i> A/Prof Yong-Hui Jiang <i>Associate Professor, Paediatrics Division of Medical Genetics; and Associate Professor, Neurobiology, Duke University Medical Centre</i> A/Prof Hyunsoo Shawn Je <i>Assistant Professor, Neuroscience and Behavioural Disorders Programme, Duke-NUS Medical School</i> A/Prof Kafui Dzirasa <i>Assistant Professor, Laboratory for Psychiatric Neuroengineering, Duke University Medical Centre</i>
	<ul style="list-style-type: none"> Clinical Care and Treatment of Autism 	<ul style="list-style-type: none"> Prof Tan Eng King <i>Professor, Neuroscience and Behavioural Disorders Programme, Duke-NUS Medical School; and Senior Consultant and Research Director, National Neuroscience Institute</i> Dr Sung Min <i>Senior Consultant, Department of Child and Adolescent Psychiatry, Institute of Mental Health; and Programme Director, Neuro-Behavioural Clinic</i> A/Prof Linmarie Sikich <i>Associate Professor and Director, Duke Centre for Autism and Brain Development; and Autism Programme Lead, Duke Clinical Research Institute Neurosciences Medicine Group, Duke University School of Medicine</i> A/Prof Lauren Franz <i>Assistant Professor, Psychiatry and Global Health, Child and Adolescent Psychiatrist, Duke Centre for Autism and Brain Development, Duke Global Health Institute, Duke University Medical Centre</i> Dr Lim Choon Guan <i>Senior Consultant and Deputy Chief, Department of Child and Adolescent Psychiatry, Institute of Mental Health</i>
18 January	Borderline Personality Disorder	Dr Jaydip Sarkar <i>Consultant, General & Forensic Psychiatry, Institute of Mental Health</i>
26 January	Section of Neuropsychiatry – Functional Neurosurgery	A/Prof Ng Wai Hoe <i>Director, National Neuroscience Institute</i>
8 February	An Update on The Management of Alcohol Use Disorder	Dr Lambert Low Tchern Kuang <i>Associate Consultant, National Addictions Management Service, Institute of Mental Health</i>
2 March	The Role of Vortioxetine's in the Holistic Management of MDD	Prof Roger McIntyre <i>Professor of Psychiatry and Pharmacology, University of Toronto; Head, Mood Disorders Psychopharmacology Unit, University Health Network, Toronto, Canada</i>
20 March	Section of Neuropsychiatry – Mind Brain Rounds	Dr Ng Xiao Ting <i>Ministry of Health</i>

DATE	TOPIC	SPEAKER
21 March	Section of Neuropsychiatry – Basic MRI Applications for Clinicians	A/Prof Lee Tih Shih <i>Chairman, Section of Neuropsychiatry</i>
29 March	Sex Hormones and Psychiatry	Prof Lee Kok Onn <i>Senior Consultant, Endocrinology, National University of Singapore</i>
29 March	Management of Schizophrenia: Breaking Barriers & Shifting Paradigms	Dr Paul Cyriel Geerts <i>Medical Strategy & Execution Manager, Janssen-Cilag BeNeLux (Belgium, Netherlands, Luxembourg)</i>
20 April	Psychiatric Aspects of Epilepsy	Dr Rajesh Jacob <i>Senior Consultant Psychiatrist, Singapore Prison Service</i>
6 July	Section of Neuropsychiatry – Mind Brain Rounds	Dr Simon Ting <i>Consultant, Department of Psychiatry, Singapore General Hospital</i>
21 July	The Challenge of Promoting Transgenerational Mental Health in Children of Parents with Mental Illness	Dr Nick Kowalenko <i>Deputy Chair, Emerging Minds</i>
19 September	Section of Child and Adolescent Psychiatry – Kids' Skills: A Creative Solution-Focused Method for Helping Children Overcome Emotional and Behavioural Difficulties	Dr Ben Furman <i>Finnish Psychiatrist and Teacher of Solution-Focused Therapy</i>
2 October	Section of Child and Adolescent Psychiatry – Neurodevelopment Issues on Assessment and Management of Behaviour Problems	Prof Stewart Einfeld <i>Professor, Centre for Disability Research and Policy; Senior Scientist, Brain & Mind Centre</i>
5 October	Section of Neuropsychiatry – Mind Brain Rounds	Dr Damien Lai <i>Senior Resident, Department of Psychiatry, Singapore General Hospital</i>
20 October	Choosing a Long Acting Injectable (LAI) Anti-Psychotic: Patient & Prescriber Perspective on Treatment	Prof Nagesh Pai <i>Foundation Professor, Psychiatry, University of Wollongong's Graduate Medicine (GM); Consultant Psychiatrist and Senior Clinical Academic in Adult Psychiatry, Illawarra Shoalhaven Local Health District</i>
13 November	Section of Child and Adolescent Psychiatry – Impairment of Executive Function in Children and Adults With ADHD, their Assessment and How the Executive Functional Impairment Changes Along Life Trajectory	Prof Thomas Brown <i>Yale Clinic for Attention and Related Disorders; Developer, Brown ADD Rating Scales for Children, Adolescents and Adults</i>
12 December	Section of Child and Adolescent Psychiatry – Youth Aware of Mental Health (YAM) Programme	<ul style="list-style-type: none"> • Dr Vladimir Carli <i>Senior Lecturer in Prevention of Suicide and Mental Ill-Health, National Centre for Suicide Research and Prevention, Karolinska Institutet</i> • Ms Camilla Wasserman <i>Project Manager, Youth Aware of Mental Health (YAM) Programme, National Prevention of Suicide and Mental Ill-Health</i>

SECTION OF NEUROSTIMULATION – BASIC & ELECTRONIC ELECTROCONVULSIVE THERAPY CERTIFICATION COURSE

The Section of Neurostimulation successfully organised the inaugural ECT & Neurostimulation Course on 28 October at the Institute of Mental Health and 1 November 2017 at NUHS Tower Block.

A total of 15 participants attended the Basic course on 28 October while 32 senior registrars and consultants attended the Advanced course on 1 November.

International speakers including Dr Brett Simpson (Chair, ECT Committee at St George Hospital, South Eastern Sydney Local Health District), Dr John Leydon (Senior Cardiothoracic Anaesthetist at Royal North Shore Hospital), Prof Colleen Loo (Professor, School of Psychiatry at the University of NSW, St George Hospital, South Eastern Sydney Local Health District) and Dr Donel Martin (Research Fellow, School of Psychiatry at University of New South Wales) were present to discuss the latest innovations on brain stimulation treatments, changes to electroconvulsive therapy treatments and the future of brain stimulation.

STAFF REGISTRAR SCHEME – DIPLOMA IN PSYCHIATRY COURSE

The College had commenced its Staff Registrar Scheme (SRS) in September 2013. This is a three-year programme. The first intake of three trainees and second intake of three trainees had graduated in September 2015 and 2016, respectively. Dr Aung Win (candidate from the second intake of September 2014) graduated in September 2017 while Dr Wang Nan (candidate from the third intake) is in her First Year of training.

PSYCHIATRY RESIDENT IN-TRAINING EXAMINATION (PRITE)

The Academy of Medicine, Singapore (AMS) had conducted the Psychiatry Resident In-Training Examination (PRITE) for 34 registered Psychiatry residents in Singapore on 7 October 2017.

INAUGURAL CHEE KUAN TSEE LECTURE

The Chee Kuan Tsee Lecture was established in 2017 in recognition of the outstanding contributions to the development of Psychiatry in Singapore by Professor

Chee Kuan Tsee, a past Chairman of the Chapter of Psychiatrists. The Chee Kuan Tsee Lecture is to be delivered by distinguished members of the psychiatry and healthcare fraternity or key leaders of the community and will be held annually to promote the advancement of psychiatry and mental health.

On 15 May 2017, the Inaugural Chee Kuan Tsee Lecture was held in conjunction with the College's Annual General Meeting at Prive Grill, Keppel Bay Vista. A total of 45 attendees were present. Director of Medical Services, Ministry of Health, Singapore, A/Prof Benjamin Ong, had delivered the Lecture on 'Mental Health Care for the 21st Century'. The lecture manuscript was published in the Annals, AMS.

PROFESSIONAL OPINION

The College had submitted the following professional opinions in 2017.

TOPIC	ORGANISATION
Publicity Claims: Whole Body Cryotherapy	Ministry of Health
<ACE: Call for Topics> Appropriate Care Guide (ACG) Development in FY2018	Ministry of Health
Joint Committee for Opioids Control in Healthcare Institutions	Ministry of Health
AMS's Views on CBDs for Medical Purposes	Ministry of Health
Online Policy Consultation on Proposed Amendments to PHMC (Publicity) Regulations	Ministry of Health

FUTURE PLANS AND COMMITMENTS

The College Council will embark on the following in the coming year 2018/19:

- Define focus areas for Mental Health and Wellness advocacy, and media communication engagement.
- Contribute and step up mental health literacy and education at schools, workplaces, and healthcare facilities through community outreach.
- Refine College's financial plan and revenue streams to support sustainable programmes and mission.