



College of Psychiatrists Annual Report 2016

The College of Psychiatrists was officially formed on 5 November 2014 under the umbrella of Academy of Medicine, Singapore. Formerly, the Chapter of Psychiatrists was formed in 1986. Now as a College, it continues to provide professional leadership and continuing education in psychiatry. The College also provides recommendations to the Academy on specialist qualification and training, and Fellows of the College serve on national specialist training committees and academic programme committees.



PRESIDENT'S MESSAGE

Dr Ng Beng Yeong
President

An important milestone in the history of local psychiatry was achieved on 5 November 2014 when the College of Psychiatrists was officially formed. As indicated in a previous letter to our Fellows, the advantages of forming a College include the following:

- a) To have equal standing with other Colleges under the Academy of Medicine (AMS);
- b) To raise the profile of the specialty both locally and overseas;
- c) To provide a good platform to develop subspecialties and allow subspecialties to have more focused activities;
- d) To have greater autonomy in developing professional initiatives and activities;
- e) To have more financial autonomy.

The College of Psychiatrists has much to be proud of. It has seen a growth in the number of Fellows since the formation of the College of Psychiatrists on 5 November 2014. The number of Fellows of the College of Psychiatrists stood at 119 as of 31 December 2016 with 8 new Fellows admitted into the College in 2016.

One of the advantages of the formation of the College is to provide a good platform to develop subspecialties and to allow them to have more focused activities. The formation of the Section of Neurostimulation was approved by the AMS Council at its meeting on 1 August 2016 and will be discussed in the coming Annual General Meeting (AGM). There are currently three sections subsumed under the College of Psychiatrists as of 31 December 2016. They are Section of Child and Adolescent Psychiatrists, Section of Neuropsychiatrists and Section of Neurostimulation. The Section of Child and Adolescent Psychiatry organised three events in 2016 while the Section of Neuropsychiatrists continues to hold their well attended Mind Brain Rounds quarterly.

The way forward for the College is to continue to collaborate with doctors from other medical and surgical disciplines and also to collaborate with other professional groups, for example, the legal profession. The College looks forward to the formation of its fourth section, Section of Forensic Psychiatry in the near future.

The Academy of Medicine, Singapore conducted PRITE exams for 43 registered Psychiatry residents in Singapore on 8 October 2016. The venue was at the East Asia Institute of Management, Multi-purpose Hall. It is heartening to note that the national psychiatry residency is maturing and the programme has attracted a significant number of residents. It is crucial for the College to evolve and remain relevant, so as to retain our existing Fellows and to be able to attract new blood.

The College of Psychiatrists will be establishing the Chee Kuan Tsee Lecture in recognition of the outstanding contributions to the development of Psychiatry in Singapore by Professor Chee Kuan Tsee, a past Chairman of the Chapter of Psychiatrists. The lecture will be inaugurated in 2017 in conjunction with the College of Psychiatrists AGM.

In coming years, we hope that the CME programmes can be held at more sites with participation from more Fellows. It is the camaraderie that will sustain the College and keep us going.

THE 2016-2017 COUNCIL

President:	Dr Ng Beng Yeong
President-Elect:	Dr Wong Chee Meng John
Honorary Secretary	Dr Goh Kye Hock Robin
Honorary Treasurer	Dr Yap Hwa Ling
Council Members:	Dr Fung Shuen Sheng Daniel
	Dr Ho Chun Man Roger
	Dr Leslie Lim
Co-opted Members:	Dr Ong Say How
	Dr Winslow Rasaiah Munidasa



*Front Row (from left to right): Dr Roger Ho (Council Member), Dr Ng Kah Wee (Fellow),
Dr Yap Hwa Ling (Honorary Treasurer), Dr Ng Beng Yeong (President), Dr John Wong (President-Elect)*

*Back Row (from left to right): Dr Leslie Lim (Council Member), Dr Winslow Rasaiah Munidasa (Co-Opted Member),
Dr Robin Goh (Honorary Secretary), Dr Ong Say How (Co-opted Member)*

Not in photo: Dr Daniel Fung (Council Member)

ANNUAL GENERAL MEETING

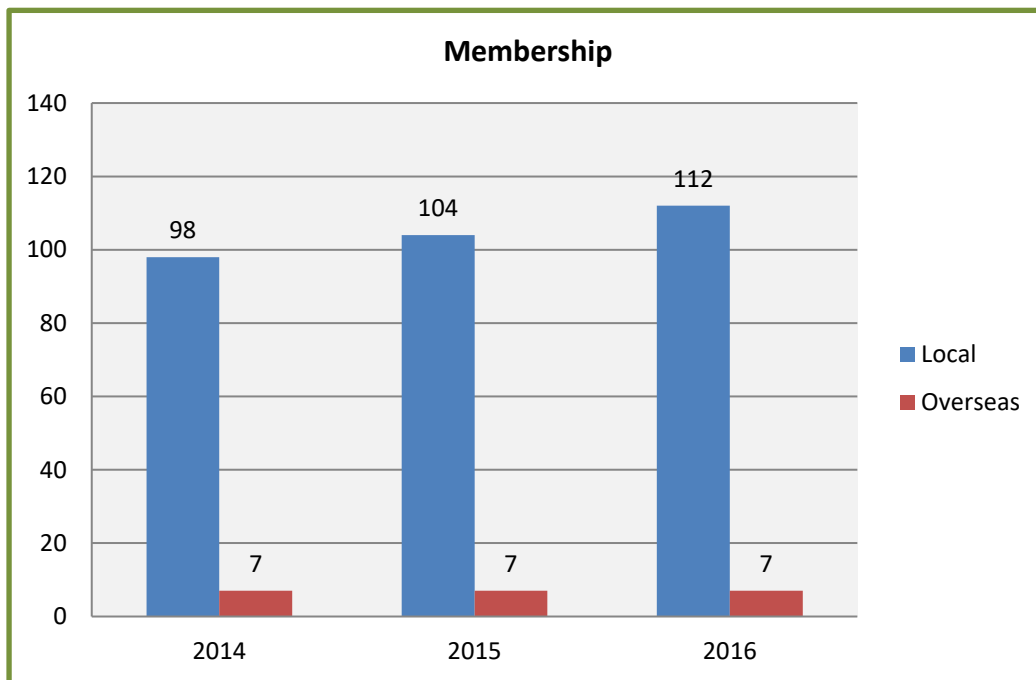
The 2nd Annual General Meeting of the College was held on 28 April 2016 at Academia Building, Discovery Tower 7.

MEMBERSHIP

The membership of the College stood at 119 as of 31 December 2016, consisting of 112 Local and 7 Overseas Fellows.

The following were admitted as Fellows of the Academy of Medicine, Singapore (CPSYCH) in 2016:

- Dr Chua Siew Eng
- Dr Ho Su Hui
- Dr Low Tchern Kuang Lambert
- Dr Mok Yee Ming
- Dr Poon Shi Hui
- Dr Tang Yu Zheng Charmaine
- Dr Wan Yi Min
- Dr Zhang Weibin Melvyn



CONTINUING MEDICAL EDUCATION (CME)

The College had organised the following lectures in 2016.

Session	Date	Topic/Speakers
1	14 Jan	Section of Neuropsychiatry – Mind Brain Rounds – Dr Simon Ting, Consultant, SGH, Department of Neurology
2	16 Feb	Section of Child and Adolescent Psychiatrists – The Treatment of Children and Adolescent with Obsessive Compulsive Disorder (OCD): The Disorder, the Evidence and the Practice – A/Prof Tord Ivarsson, Associate Professor, University of Gothenburg
3	9 Mar	Application of Optical Topography in Clinical Psychiatry – Dr Roger Ho, Assistant Professor and Consultant, Dept. of Psychological Medicine, NUHS

Session	Date	Topic/Speakers
4	14 Apr	Section of Neuropsychiatry – Mind Brain Rounds – Dr Lai Ping Liang, Damien Iain, Senior Resident, Department of Psychiatry, Singapore General Hospital
5	18 Apr	Section of Child and Adolescent Psychiatrists – The Role of Sleep and the Circadian Clock in ADHD: Understanding the Role of Non-Pharmacological Interventions and Neurofeedback – Dr Martijn Arns, Director and Founder of Research Institute Brainclinics
6	28 Apr	“You are what you eat? Nutrition and Psychiatry” – A/Prof Daniel Fung, Chairman Medical Board, Senior Consultant Psychiatrist, Institute of Mental Health
7	1 Jun	Metabolic Syndrome and Psychosis – Prof Swapna Verma, Senior Consultant & Chief, Department of General Psychiatry & Department of Early Psychosis Intervention, Institute of Mental Health; Dr Charmaine Tang Yu Zheng, Associate Consultant, MBBS, MRCPsych, Department of Early Psychosis Intervention (EPIP), Institute of Mental Health Clinical Management of the Metabolic Syndrome – Dr Tan Hong Chang, Consultant, Department of Endocrinology, Singapore General Hospital
8	2 Jun	Clinical Approaches to Circadian Sleep Disorders – A/Prof Joshua Gooley, Associate Professor, Neuroscience & Behavioural Disorders Programme, Duke-NUS Medical School
9	5 Jul	Sharing Insights into Psychological Trauma: It is not always about PTSD – Dr Jeya Balakrishna, MBBS, FRCPsych, LLM, Consultant Forensic Psychiatrist
10	14 Jul	Section of Neuropsychiatry – Mind Brain Rounds – Dr Simon Ting, Consultant, Singapore General Hospital, Department of Neurology
11	17 Aug	Military Psychiatry: Effective Deployment of Servicemen with Psychiatric Problems – LTC (Dr) Adrian Loh Seng Wei, Head, Psychological Care Centre, SAF Military Psychiatry: Assessing Suitability for Firearms Use – LTC (Dr) Soh Teck Hwee, Consultant Psychiatrist, SAF
12	30 Aug	Update on Bipolar Disorders – Dr Mok Yee Ming, Senior Consultant & Chief, Department of GP, Head, Mood Disorders Unit, Institute of Mental Health
13	28 Sep	Adult ADHD – Challenges in Evaluation and Management – Dr Geraldine Goh Shu Chen, Consultant Psychiatrist, Gleneagles Medical Centre
14	13 Oct	Section of Neuropsychiatry – Mind Brain Rounds – Dr Kiranjeet Kaur, Consultant, Singapore General Hospital, Psychiatry
15	27 Oct	Conflicts of Interests: Implications for the Psychiatrists – Dr Devanand Anantham, Senior Consultant, Respiratory and Critical Care Medicine, Singapore General Hospital
16	1 Nov	Intimacy and Sexuality in Older People – Dr Jane Garner, BSc MBBS FRCPsych; Dr Lorenzo Bacelle, DMS (Padua) MRCPsych
17	23 Nov	Maintenance of Competency (MOC) – Prof Lim Shih Hui, Immediate Past Master, Academy of Medicine Singapore, Senior Consultant Neurologist, NNI-SGH Campus
18	26 Nov	Section of Child and Adolescent Psychiatrists – Diagnostic Dilemmas in Children and Adolescents – A/Prof John Fayyad, Chairman, Department of Psychiatry and Clinical Psychology, St George Hospital University Medical Center and Balamand University, Faculty of Medicine

STAFF REGISTRAR SCHEME (SRS) – DIPLOMA IN PSYCHIARY COURSE

With reference to the Ministry of Health’s (MOH’s) paper in early 2007 introducing the initiative of conducting a structured diploma programme with on-the-job training as previously proposed by the

AMS for foreign doctors whose specialist degrees are not recognised by the Singapore Accreditation Board and whose medical schools are not recognised by the Singapore Medical Council, the College had rolled out its SRS Programme in September 2013. This is a three-year programme and the first intake of three (3) trainees has graduated in September 2015.

Three candidates from the second intake on September 2014 have graduated in September 2016. They are Dr Tarun Suri, Dr Sandeep Suri and Dr Erliza Maria Labagday. Dr Aung Win from the second intake is in training and is in his 2nd Year.

PSYCHIATRY RESIDENT IN-TRAINING EXAMINATION (PRITE)

The Academy of Medicine, Singapore conducted PRITE exams for 43 registered Psychiatry residents in Singapore on 8 October 2016. The venue was at the East Asia Institute of Management, Multi-purpose Hall.

PROFESSIONAL OPINION

The College had submitted opinions to external parties. The professional opinions are listed below.

Topic	Organisation
Appropriateness of the intended service to be conducted in a PHMC licensed medical clinic (Clinical Sexology)	Ministry of Health
Comments on the Professional Deputies and Donees Framework	Ministry of Social and Family Development

CHEE KUAN TSEE LECTURE

The College of Psychiatrists will be establishing the Chee Kuan Tsee Lecture in recognition of the outstanding contributions to the development of Psychiatry in Singapore by Professor Chee Kuan Tsee, a past Chairman of the Chapter of Psychiatrists. The Chee Kuan Tsee Lecture will be inaugurated in 2017 in conjunction with the College of Psychiatrists Annual General Meeting (AGM).

APPRECIATION

The College wishes to record its appreciation to all its Fellows and the Secretariat Staff for their enthusiastic support in the past year and looks forward to their ongoing support in the future activities and projects of the College.

Dr Goh Kye Hock Robin
Honorary Secretary
College of Psychiatrists
Academy of Medicine, Singapore