

COLLEGE OF ANAESTHESIOLOGISTS, SINGAPORE

ANNUAL REPORT FOR YEAR ENDED 31 DECEMBER 2018

The Charity was set up on 17 August 2004 as a College with Dr Edward Pang as the first elected President of the College. It was registered under the Charities Act on 18 August 2004.

The College aims to continually work towards improving the quality of anaesthesia practice and to foster a closely knitted anaesthesia fraternity in Singapore.

Unique Entity Number (UEN)	:	200410333E
Registered Address	:	81 Kim Keat Road NKF Centre, #11-00 Singapore 328836
Internal Auditor	:	Fiducia LLP

COLLEGE COAT OF ARMS AND MOTTO



The central shield contains two poppy bulbs signifying the use of opiates for pain relief and the anaesthesia bobbin. In the centre of the shield is the Chevron which symbolizes the coming together of all the medical specialties under one roof – the Academy. The shield is surrounded by medicinal plants and at the top of the shield, is the National flag of Singapore. The banner below the shield contains the College motto, “Semper Vigilant” meaning Ever (always) Vigilant.

The Coat of Arms was designed by Dr Chen Fun Gee and the Motto was thought up by Dr George Lim.



PRESIDENT'S MESSAGE

2018 has been a rewarding year for the College of Anaesthesiologists! The College continues to build on its strengths while forging new partnerships and casting a bigger vision.

In order to build up our capabilities, the College continues to actively engage members, seeking feedback and views. As part of our outreach, we have started an engagement session with newly minted anaesthesiologists who have exited from residency. These are our future generations and it is important to prepare to pass the baton on to them. We were fortunate to have the Master of the Academy join us at the engagement session to share the work of the Academy and College and cast the future vision for the younger anaesthetists. We are also heartened that many of the younger generations have answered the call to service and joined the council and various committees. This is particularly important as many policies that are crafted do affect the practice of current practitioners and also have far reaching implications for future ones.

It is vital that we continue our successful partnerships, both internal and external. CAS in partnership with SSA continues to hold local combined anaesthetic meetings. These meetings are important forums for discussions and are common platforms for both private and public practitioners. We are also grateful for the support of our sister colleges who are represented at our Annual Refresher Course. This coming year will see discussions of joint ventures in areas of education, training and research with some of these Colleges including ANZCA, HKCA, MCA and the Sri Lankan College.

I commend the excellent work by A/Prof Koh Kwong Fah and his team on the completion of the fasting guideline. This guideline is an outstanding example of collaboration between anaesthesiologists from the various hospitals, both public and private. The College is committed to putting out other guidelines that are in the pipeline.

As we welcome the new year, we look forward to building a better and stronger CAS which will reflect the professionalism and commitment of our specialty.

A big thank you to everyone for their support and generous devotion to CAS!

ADJ A/PROF SOPHIA CHEW

President

College of Anaesthesiologists, Singapore

COUNCIL MEMBERS 2018 – 2019

President	Adj A/Prof Sophia Chew Tsong Huey <i>Director from 22 May 2010</i>
President Elect	Dr Nelson Chua Ping Ping <i>Director from 18 May 2016</i>
Vice President	Dr Yeo Sow Nam <i>Director from 8 May 2015</i>
Honorary Secretary	Dr Tan Soo Guan <i>Director from 23 May 2018</i>
Honorary Treasurer	Dr Pan Ling Te Terry <i>Director from 23 May 2018</i>
Council Members	A/Prof Koh Kwong Fah <i>Director from 18 May 2013</i> A/Prof Seet Chuen Ping Edwin <i>Director from 23 May 2018</i> Dr Terence Quah Chien Choon <i>Director from 18 May 2016</i>
Co-opted Members	Dr Chong Jin Long <i>Director from 23 May 2018</i> Dr Lie Sui Ann <i>Director from 23 May 2018</i>

ANNUAL GENERAL MEETING

The College's 14th Annual General Meeting was held on 23 May 2018 (Saturday) at Conference Room 1 & 2, Level 9, Mount Elizabeth Novena Hospital. A total of 40 Fellows attended the meeting.

COUNCIL MEETINGS

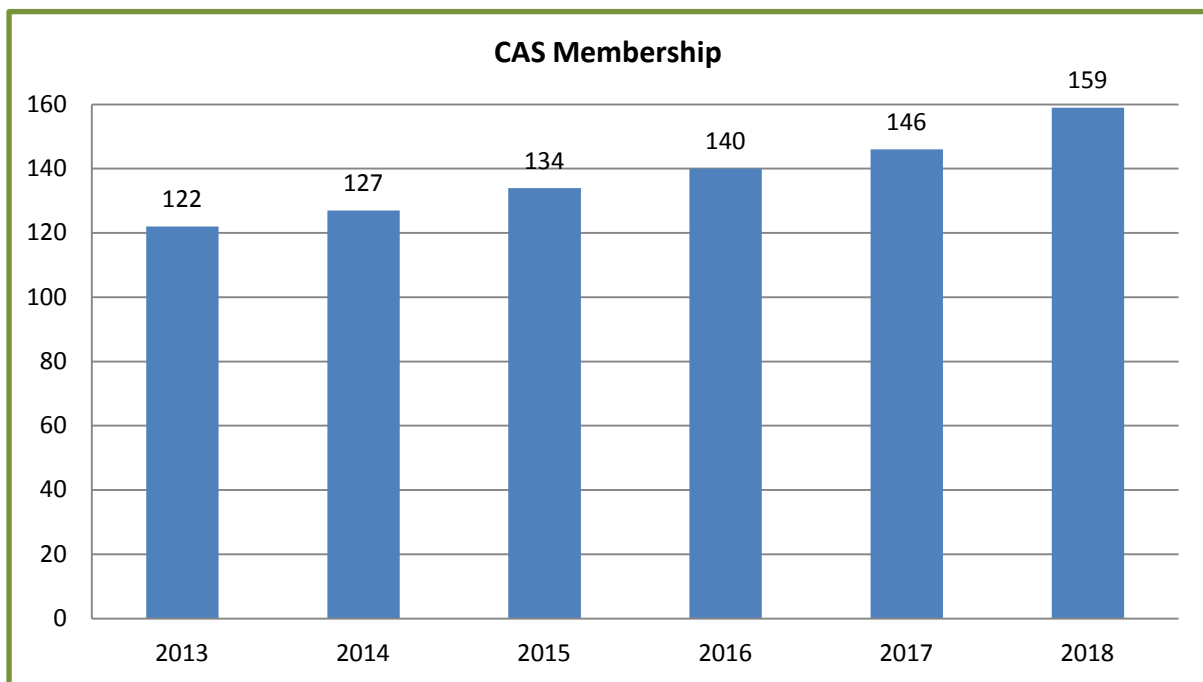
In 2018, the council has met five times to conduct the business and affairs of the College on 1 February, 7 April, 5 June, 28 August, and 23 October.

MEMBERSHIP

College membership had grown by 13 Fellows (9%) in 2018. As of 31 December 2018, it stood at 159 Fellows - comprising 152 Local Fellows and 7 Overseas Fellows.

The following members were admitted as Fellows of the Academy of Medicine, Singapore, (FAMS) and welcomed into CAS in 2018:

- | | | | |
|-----------|------------------------|---------|-----------------|
| 1. A/Prof | Seet Chuen Ping Edwin | 8. Prof | Kumar Chandra M |
| 2. Dr | Tan Soo Guan | 9. Dr | Yeoh Chuen Jye |
| 3. Dr | Wong Patrick | 10. Dr | Agrawal Rohit |
| 4. Dr | Ho Ying Ci | 11. Dr | Lee Tze Wee |
| 5. A/Prof | See Jee Jian | 12. Dr | Tan Wah Tze |
| 6. Dr | Wong Chiong Ling | 13. Dr | Tan Tee Yong |
| 7. Dr | Goh Hui Fen Jacqueline | | |



ACTIVITIES

Anaesthesia Refresher Course

The College of Anaesthesiologists, Singapore (CAS) held its 12th annual Refresher Course, themed *Safer Anaesthesia for Patients and Clinicians*, on 7th April 2018 at Carlton Hall, Level 2, York Hotel Singapore.

As a platform for anaesthetists to exchange ideas and enrich their knowledge and skills, the participants had a dynamic interaction with the speakers on issues that involved professionalism and the changing landscape of our practice. The Scientific Program was impactful and positive feedback was received from the participants.

Dr Terence Quah, Chairman of 2018 Refresher Course was joined by: Past Master of the Academy of Medicine, Singapore, Prof Lim Shih Hui; President of Singapore Society of Anaesthesiologists, Adj A/Prof Tay Sook Muay; Chairman of the Medical Board of Sengkang Health, A/Prof Ong Biauwei Chi; Chairman of the Medical Board of Tan Tock Seng Hospital, A/Prof Thomas Lew; Vice President of Hong Kong College of Anaesthesiologists, Prof Joseph Lui; Vice Dean of Education of Duke-NUS Medical School, Prof Ian Curran, and many other valuable speakers and guests who attended the meeting.



CAS 12th Refresher Course on 7 April 2018 focussed on safer anaesthesia for patients and clinicians.



CAS President, Adj A/Prof Sophia Chew, delivered a talk during the Refresher Course held at York Hotel Singapore.

Combined Anaesthetic Meetings

CAS and the Singapore Society of Anaesthesiologists had organised three Combined Anaesthesia Meetings in 2018.

Date : 24 February 2018 (Saturday)
 Theme : Updates on Obstetric Anaesthesia & Paediatric Anaesthesia
 Chaired by : A/Prof Sng Ban Leong, Head & Senior Consultant, Women's Anaesthesia, KK Women's and Children's Hospital
 Venue : KK Women's and Children's Hospital
 Total Attendees : 88

Date : 26 May 2018 (Saturday)
 Theme : Neurosurgery and Anaesthesia: An Update
 Chaired by : Dr Bryan Ng, Clinical Director and Senior Consultant, Department of Anaesthesia, National University Hospital Singapore
 Venue : National University Hospital
 Total Attendees : 44

Date : 3 November 2018 (Saturday)
 Theme : Sharing The Upper Airway
 Chaired by : Dr Janardhan Baliga, Senior Consultant, Department of Anaesthesia, Ng Teng Fong General Hospital
 Venue : Ng Teng Fong General Hospital
 Total Attendees : 45

Staff Registrar Scheme (SRS) – Diploma in Anaesthesiology Course

The College rolled out the SRS scheme in July 2015. This was in response to the Academy of Medicine recommendation of conducting a structured diploma programme with on-the-job training for foreign doctors whose specialist degrees are not recognised by the Singapore Accreditation Board and/or whose medical schools are not recognised by the Singapore Medical Council. The program was endorsed by the Ministry of Health.

1st Intake (July 2015)

CAS congratulates the following candidates who graduated with the Diploma in Anaesthesiology Course:

S/N	SRS Candidates (1st Intake, July 2015)	Graduation Date
1	Dr Ceres Lucot Laud (CGH)	August 2018
2	Dr Teddy Fabila (KKH)	August 2018
3	Dr Nilanthi Samara Rajaguru (NUH)	August 2018
4	Dr Venkatesan Shree (NUH)	August 2018
5	Dr Arvin Alimagno (TTSH)	August 2018
6	Dr Swe Moe Thiha (TTSH)	August 2018
7	Dr Joselo Macachor (KTPH)	Pending (2019)

2nd Intake (July 2016)

The following candidates are currently in training:

S/N	SRS Candidates (2nd Intake, July 2016)	Training Progress
1	Dr Moe War (NTFGH)	3 rd year
2	Dr Maria Dhahrani Aman (SGH)	3 rd year

3rd Intake (May 2018)

The following candidates are currently in training:

S/N	SRS Candidates (2nd Intake, May 2018)	Training Progress
1	Dr Saw Nay Myo (KKH)	1 st year
2	Dr Rhommela Garis-Duran (SKH)	1 st year

Chief Residents Engagement Dinner

For all successful exit candidates, CAS held an engagement dinner on 23 May 2018, 8:00 pm, at Atout Restautant with CAS Council. AMS Master, Dr Sayampanathan, attended as well and invited them to

join the fraternity as Fellows and uphold the mission of promoting and advancing good clinical practices in Singapore.

The following Chief Residents were invited:

- | | | | |
|-------|------------------------|--------|------------------------|
| 1. Dr | Chow Sau Yee | 10. Dr | Wong Mei Jin Irene |
| 2. Dr | Chow Yuen Mei | 11. Dr | Yeoh Chuen Jye |
| 3. Dr | Goh Hui Fen Jacqueline | 12. Dr | Lee Chang Chuan Melvin |
| 4. Dr | Goh Qing Yuan | 13. Dr | Tan Shi Hui |
| 5. Dr | Lee Si Jia | 14. Dr | Foong Theng Wai |
| 6. Dr | Lee Yi Lin | 15. Dr | Long Huiyi Melody |
| 7. Dr | Lim Wan Yen | 16. Dr | Ng Shu Hui Elizabeth |
| 8. Dr | Loh Wei Wen Leonard | 17. Dr | Tan Yi Wei |
| 9. Dr | Saw Kah Ming Eddy | | |

Activities with CAS Partners

Endorsed by CAS

- **National Airway Programme of Singapore**, 25 to 26 August 2018, at Academia @SGH, organised by SingHealth Academy. The various restructured hospitals from various subspecialties came together to share various experiences and expertise and to formulate and unify teaching structures to convey a more comprehensive workshop. The two day workshop encapsulated the entire spectrum of hands on experience of basic airway management to advanced airway management including surgical airway access and simulation.

Co-organised with CAS

- **Singapore Anaesthesia Refresher Course (SARC)**, 18 to 19 August 2018, at Suntec Exhibition & Convention Centre, co-organised with the Singapore Society of Anaesthesiologists. The SARC is the focal point for Anaesthesiology, Intensive Care and Pain Medicine education in Singapore. It is a biennial gathering involving more than 300 local and regional attendees from the public and private sectors. It serves to provide a forum for exchange of ideas and continual updates amongst members of the anaesthesia community, and a platform for improving clinical outcomes and practices through peer-to-peer and business-to-peer interactions.
- **'Post-Operative Nausea and Vomiting – A Simple Yet Complex Problem' Dinner Lecture**, 24 October 2018, at Min Jiang, Goodwood Park Hotel, co-organised with Mundipharma Pharmaceuticals Pte Ltd,. It was delivered by A/Prof Shin Seokyoung from the Department of Anesthesiology & Pain Medicine, Yonsei University College of Medicine.

PILOT AMS SELF-LEARNING MODULES (SLM)

Since the launch of the pilot programme for FAMS on 8 May 2018, AMS SLM had been made available for Fellows' self learning since May 2018. As of 31 December 2018, CAS SLM had been attempted 9 times.

PROFESSIONAL MATTERS

Professional Opinions

The College had submitted the following professional opinions to external parties:

S/N	TOPIC	ORGANISATION
1	Diamagnetic Therapy for Rheumatology Treatment	Ministry of Health (MOH)
2	List of Prohibited Practices in Healthcare Services Bill	Ministry of Health (MOH)
3	Review of MOH CMIS Medical Alerts	Ministry of Health (MOH)
4	Hyperbaric Chambers	Ministry of Health (MOH)
5	Clarification on the Guidelines On Safe Sedation Practice for Non-anaesthesiologists	Ministry of Health (MOH)
6	Independent Committee to Review Case of Liver Transplant Related Death	Ministry of Health (MOH)
7	Advice on Use of Cannabis or Cannabinoids for Cancer	Health Sciences Authority

Professional Guidelines

CAS had been developing two (2) professional guidelines:

- **Guidelines on Preoperative Fasting in Patients undergoing Elective Surgery and Procedures**

Expected to be published in 2019, this had been developed by the following FAMS:

- | | |
|-------------------------|-------------------------------|
| 1. A/Prof Koh Kwong Fah | 4. Dr Terence Quah |
| 2. Dr Mukesh Kumar | 5. Dr Yeo Sow Nam |
| 3. Dr Lim Suan Ling | 6. Dr Tseng Seng Sou, Phillip |

- **Recommendations For Standards Of Neuromuscular Monitoring During Anaesthesia**

This is still under development by the following FAMS:

- | | |
|---------------------------------|---------------------------|
| 1. Dr Wong Patrick | 4. Dr Pan Ling Te Terry |
| 2. A/Prof Seet Chuen Ping Edwin | 5. Dr Terence Quah |
| 3. A/Prof Koh Kwong Fah | 6. Dr Kumar Chandra Mohan |

Fee Benchmarks Advisory Committee

On January 21, 2018, the Ministry of Health (MOH) announced the appointment of a Fee Benchmark Advisory Committee to recommend industry benchmarks for medical procedures and services. CAS welcomes and supports the publication of fee benchmarks as a guide for patients, caregivers and medical providers.

The committee is chaired by Dr Terence Quah and the full committee comprises CAS Council and private practitioners:

	MEMBERS	SECTOR
<i>Council</i>	1. Adj A/Prof Sophia Chew Tsong Huey 2. Dr Nelson Chua Ping Ping 3. Dr Yeo Sow Nam 4. Dr Tan Soo Guan 5. Dr Terry Pan Ling Te 6. A/Prof Koh Kwong Fah 7. A/Prof Edwin Seet Chuen Ping 8. Dr Terence Quah Chien Choon 9. Dr Chong Jin Long 10. Dr Lie Sui Ann	Public Public Private Private Public Public Public Private Private Public
<i>Fellows</i>	11. Dr Claire Ang Sze Teng 12. Dr Darren Phua Shing Kuan 13. Dr See Tho Ving Yuen 14. Dr Kenneth Tan 15. Dr Tan Wah Tze 16. Dr Wang Chin Foong 17. Dr David Woo	Private Private Private Private Private Private Private

Independent Medical Expert

Dr Nelson Chua, CAS President Elect, was appointed as an independent medical expert at the request of the Singapore Police Force.

FUTURE PLANS AND ACTIVITIES

S/N	EVENT	DATE	VENUE
1	Combined Anaesthesia Meeting 1 (with Chinese New Year 'Lo Hei')	16 Feb 2019 (Saturday)	Singapore General Hospital
2	CAS Annual Refresher Course	6 to 7 Apr 2019 (Saturday & Sunday)	Meliá Hanoi, Vietnam
3	Combined Anaesthesia Meeting 2	25 May 2019 (Saturday)	Tan Tock Seng Hospital
4	Annual General Meeting	25 May 2019 (Saturday)	Tan Tock Seng Hospital
5	Combined Anaesthesia Meeting 3	21 Sep 2019 (Saturday)	Khoo Teck Phuat Hospital

~ End of Report ~