



SECTION OF NEUROSTIMULATION, COLLEGE OF PSYCHIATRISTS

ECT PRACTITIONER & PRESCRIBER COURSE 2019

Who is this course for?

This course is for doctors and psychiatrists who administer electroconvulsive therapy (ECT).

Doctors administering ECT should attend the ECT Practitioner course as a minimum.

Doctors prescribing ECT should attend both the ECT Practitioner and ECT Prescriber course.

Learning Objectives

To be familiar with indications for ECT, different ECT modalities, patient preparation and practical aspects of administering ECT.

ECT Practitioner Course	
Date	1 st November 2019 (Friday)
Time	(Refer to Timetable)
Venue	NUHS Tower Block, Level 7, Seminar Room 07-04
Course Fees	\$210 (AMS Members) \$250 (non-AMS Members) \$450 for both days (AMS Members) \$500 for both days (non-AMS Members)
Target Audience	Doctors & Psychiatrists who administer and prescribe ECT

ECT Prescriber Course	
Date	2 nd November 2019 (Saturday)
Time	(Refer to Timetable)
Venue	NUHS Tower Block, Level 7, Seminar Room 07-04
Course Fees	\$260 (AMS Members) \$300 (non-AMS Members) \$450 for both days (AMS Members) \$500 for both days (non-AMS Members)
Target Audience	Doctors & Psychiatrists who prescribe ECT

LECTURERS - ECT PRACTITIONER & PRESCRIBER COURSE 2019



Dr Mok Yee Ming
Senior Consultant
/ Chief
Dept of General
Psychiatry
Institute of Mental
Health



Dr Poon Shi Hui
Consultant
Dept of
Psychiatry
Singapore
General Hospital



Dr Vanessa Mok
Consultant
Dept of
Psychological
Medicine
Changi General
Hospital



Dr Tor Phern Chern
Consultant / Head
General
Psychiatry /
Neurostimulation
Services
Institute of Mental
Health



Dr Johnson
Fam
Asst. Prof
Dept of
Psychological
Medicine
Yong Loo Lin
School of
Medicine
National
University of
Singapore



Dr John Leydon
Senior
Cardiothoracic
Anaesthetist
Royal North
Shore Hospital



Dr Donel
Martin
Research
Fellow,
School of
Psychiatry,
University of
New South
Wales



Dr Tan Sheng
Neng
Director
Consultation
Liaison Psychiatry
Service Assistant
Director
Integrated Sleep
Service Consultant
Department of
Psychological
Medicine CGH

TIMETABLE – DAY 1 (ECT Practitioner Course)

VENUE: NUHS Tower Block, Level 7, Seminar Room 07-04

S/N	Topic	Time (estimate)	Lecturer
1	Introduction to ECT	8.45am – 9.00am	Dr Mok Yee Ming
2	Mechanism of action of ECT	9.00am - 9.20am	Dr Poon Shi Hui
3	Indication for ECT	9.20am – 9.30am	Dr Poon Shi Hui
4	Pre-ECT Psychiatric / Medical / Anaesthesia preparation	9.30am – 10.30pm	Dr Tor Phern Chern
	Break	10.30am – 10.45am	
5	How to Read EEG	10.45am – 11.45am	Dr Johnson Fam
6	Monitoring progress and cognitive side effects over a course of ECT	11.45pm- 12.15pm	Dr Tor Phern Chern
	Lunch Break	12.15pm – 1.00pm	
7	Consent and Ethics in ECT	1.00pm – 1.30pm	Dr Tan Sheng Neng
8	MCQ Exam	1.30pm – 2.00pm	ALL
	Break	2.00pm – 2.30pm	
9	Practical Session for ECT Administration 1. Setting up EEG and ECG monitoring 2. Administration of ECT 3. Establishing a seizure threshold 4. How to manage change in EEG quality 5. How to handle a failed ECT 6. How to handle a prolonged seizure 7. How to manage poor response to ECT 8. How to manage cognitive side effects of ECT	2.30pm – 5.00pm	All Faculty

Register at <https://www.gevme.com/ect-practitioner-prescriber-course-2019-82861785>

For more information, please contact the College Secretariat at sharon.low@ams.edu.sg or call +65 6593 7872

TIMETABLE – DAY 2 (ECT Prescriber Course)

VENUE: NUHS Tower Block, Level 7, Seminar Room 07-04

S/N	Topic	Time (estimate)	Lecturer
1	Rational ECT Prescription	9.00am – 10.00am	Dr Tor Phern Chern
2	Effectiveness of ECT in depression, schizophrenia, bipolar disorder, catatonia	10.00am – 10.45am	Dr Poon Shi Hui
	Break	10.45am – 11.00am	
3	Choice of Anaesthesia in ECT	11.00am – 12.00pm	Dr John Leyden
4	Cognition in ECT: Current state of knowledge	12.00pm – 1.00pm	Dr Donel Martin
	Lunch Break	1.00pm – 2.00pm	
5	Safety of ECT	2.00pm – 2.30pm	Dr Tor Phern Chern
6	Maintaining improvement after ECT	2.30pm – 3.15pm	Dr Tor Phern Chern
7	Concurrent psychiatric medication during ECT	3.15pm – 4.00pm	Dr Vanessa Mok
	Break	4.00pm – 4.15pm	
8	Difficult case discussion	4.15pm – 5.00pm	Dr Johnson Fam

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