



COLLEGE OF PAEDIATRICS AND CHILD HEALTH, SINGAPORE

PRESIDENT'S MESSAGE

DR LIEW WOEI KANG

“ My Council will continue to take care of the professional matters of our Fellows and represent their views through the Academy of Medicine, Singapore. I am particularly thankful for the support of my Council who has worked tirelessly to advance the interest of paediatricians in Singapore. ”



CPOCHS Council has been very busy in 2018. One of our main activities is to plan regular CMEs for our Fellows, and we started a new theme of 'Hot Topics/Advances in Various Paediatric Subspecialties'. Our education efforts culminated in the annual Singapore Paediatric and Perinatal Congress (SiPPAC) where we were the lead organiser in 2018. We experimented with getting various established paediatric subspecialties to be involved in the planning of the SiPPAC that held dedicated symposiums to gain subspecialty CME points. I am glad to report an overwhelming support from the local paediatricians at all our education events.

The Council launched some clinical guidelines, continuing the efforts initiated by A/Prof Marion Aw, the immediate past-president. We completed the

Growth Monitoring and Neonatal Jaundice guidelines, and are working on others including Nutrition, Allergy Testing and Allergy Prevention guidelines. There were also several professional opinions sought by Ministry of Health (MOH), including on the use of autologous cord blood for the treatment of cerebral palsy, epilepsy, autism and hypoxic-ischaemic encephalopathy. We also formed a workgroup to evaluate the use of codeine cough medications in children.

As we step into 2019, my Council will continue to take care of the professional matters of our Fellows and represent their views through the Academy of Medicine, Singapore. I am particularly thankful for the support of my Council who has worked tirelessly to advance the interest of paediatricians in Singapore.

ABOUT THE COLLEGE

The College of Paediatrics and Child Health, Singapore (CPOCHS) was incorporated under the Companies Act (Cap 50), on and from 17 August 2004 (Unique Entity Number (UEN): 200410329W) and the company is a Public Company Limited by Guarantee. Its registered address is at 81 Kim Keat Road, #11-00 NKF Centre, Singapore 328836. Its banker is DBS Bank Ltd and auditor is Fiducia LLP.

The principal activities of the College are to advance the art and science of paediatrics and neonatology and its subspecialties, promote study and research into medical and scientific problems, to sustain and foster postgraduate education and conduct higher professional examinations and to award diplomas.

The College is financially supported by donations from members, income from events and educational grants. As at 31 December 2018, the College does not employ any staff. The staff supporting the College's work is employed by the Academy of Medicine, Singapore. The College's financial report is available separately.

ANNUAL GENERAL MEETING

The College's 14th Annual General Meeting was held at JW Marriott Hotel Singapore South Beach on 19 May 2018. It was attended by 54 Fellows.

COUNCIL MEETINGS

The Council met to conduct the business and affairs of the College. The Council met four times in 2018: 4 April, 19 May, 27 July and 20 October.

THE 2018-2019 COUNCIL

President	Dr Liew Woei Kang <i>Director (from 14 May 2011)</i>
President-Elect	Dr Ng Kee Chong <i>Director (from 18 May 2013)</i>
Vice-President	Dr Lee Yung Seng <i>Director (from 14 May 2016)</i>
Honorary Secretary	Dr Khoo Poh Choo <i>Director (from 18 May 2013)</i>
Honorary Treasurer	Dr Chua Mei Chien <i>Director (from 19 May 2018)</i>
Council Members	Dr Varsha Atul Shah <i>Director (from 10 May 2014)</i> Dr Daniel Goh Yam Thiam <i>Director (from 6 May 2017)</i> Dr Ong Hian Tat <i>Director (from 14 May 2016)</i>
Chairman, Chapter of Neonatologists	Dr Victor Samuel Rajadurai <i>Director (from 6 May 2017)</i>
Co-Opted Members	Dr Lim Kwang Hsien Dr Low Kah Tzay Dr Ng Yong Hong



Group photo taken at 7th Singapore Paediatrics & Perinatal Annual Congress (SiPPAC) on 28 July 2018.

Seated (from left to right):

Dr Ng Yong Hong (Co-Opted Member), Dr Chua Mei Chien (Honorary Treasurer), Dr Ng Kee Chong (President-Elect), Dr Liew Woei Kang (President), Dr Varsha Atul Shah (Council Member), Dr Khoo Poh Choo (Honorary Secretary)

Standing (from left to right):

Dr Low Kah Tzay (Co-Opted Member), Dr Ong Hian Tat (Council Member), Dr Lee Yung Seng (Vice-President), Dr Victor Samuel Rajadurai (Chairman, Chapter of Neonatologists), Dr Daniel Goh Yam Thiam (Council Member)

Not in photo:

Dr Lim Kwang Hsien (Co-Opted Member)

CHAPTER OF NEONATOLOGISTS

In accordance to the Constitution of the College of Paediatrics and Child Health, Singapore, specialty chapters are to serve a two-year term. The Committee Members of the sole Chapter of the College (2017-2019) are as follows:

Chairman	Dr Victor Samuel Rajadurai
Vice-Chairman	Dr Daisy Chan Kwai Lin
Honorary Secretary	Dr Poon Woei Bing

Committee Members	Dr Khoo Poh Choo
	Dr Steven Ng Chin Yuen
	Dr Krishnamoorthy Niduvaje
	Dr Terence Tan Hwa Min
Ex-Officio (President, CPCHS)	Dr Liew Woei Kang



Group photo taken at 7th Singapore Paediatrics & Perinatal Annual Congress (SiPPAC) on 28 July 2018.

From left to right:

Dr Poon Woei Bing (Honorary Secretary), Dr Daisy Chan Kwai Lin (Vice-Chairman), Dr Victor Samuel Rajadurai (Chairman), Dr Khoo Poh Choo (Committee Member), Dr Steven Ng Chin Yuen (Committee Member)

Not in photo:

Dr Krishnamoorthy Niduvaje (Committee Member), Dr Terence Tan Hwa Min (Committee Member)

COUNCIL MEETING ATTENDANCE

A total of four Council meetings were held for the year to discuss the business and affairs of the College. The attendance record of the meetings is as follows:

NAME	DESIGNATION	ATTENDANCE
Elected Council Members		
Dr Liew Woei Kang	President	4
Dr Marion Aw*	Immediate Past President	1
Dr Ng Kee Chong	Vice-President	2
Dr Lee Yung Seng	Honorary Secretary	4
Dr Varsha Atul Shah	Honorary Treasurer	3
Dr Chua Mei Chien**	Council Member	3
Dr Daniel Goh Yam Thiam	Council Member	4
Dr Khoo Poh Choo	Council Member	3
Dr Ong Hian Tat	Council Member	4

ACTIVITIES

CONTINUING MEDICAL EDUCATION

PAEDIATRIC UPDATE	
Date	19 May
Topics & Speakers	<p>Hot Topics/Advances in Paediatric Radiology Dr Tang Phua Hwee <i>Senior Consultant</i> <i>Diagnostic and Interventional Imaging</i> <i>KK Women's and Children's Hospital</i></p> <p>Approach to Management of Childhood Urticaria Dr Colin Theng <i>Senior Consultant Dermatologist</i> <i>The Skin Specialists & Laser Clinic</i> <i>Mount Alvernia Medical Centre</i></p> <p>Hot Topics/Advances in Paediatric Genetics A/Prof Denise Goh <i>Head & Senior Consultant</i> <i>Division of Paediatric Genetics and Metabolism</i> <i>Khoo Teck Puat – National University Children's Medical Institute</i></p>
Chairperson	Dr Liew Woei Kang <i>President, College of Paediatrics and Child Health, Singapore</i>

COMBINED PAEDIATRIC UPDATE – THE LAUNCH OF NATIONAL NEONATAL JAUNDICE GUIDELINES

Date	20 October
Topics & Speakers	<p>National Neonatal Jaundice Guidelines Prof Victor Samuel Rajadurai <i>Senior Consultant</i> <i>Department of Neonatology</i> <i>KK Women's and Children's Hospital</i></p> <p>Use of TcB A/Prof Roy Joseph <i>Senior Consultant</i> <i>Department of Neonatology</i> <i>National University Hospital</i></p>

NAME	DESIGNATION	ATTENDANCE
Appointed Council Member		
Dr Victor Samuel Rajadurai	Chairman, Chapter of Neonatologists	2

*Retired on 19 May 2018
**Joined on 19 May 2018

MEMBERSHIP

As at 31 December 2018, the total membership of the College stood at 226, comprising of 221 Fellows (Local) and five Fellows (Overseas).

The following paediatricians were admitted to the Academy of Medicine, Singapore as Fellows of the College in 2018:

- Dr Kao Pao-Tang
- Dr Li Jiahui
- Dr Yvonne Lim Yijuan
- Dr Lim Hong Huay
- Dr Odattil Geetha
- Dr Ong Dave
- Dr Soh Jian Yi
- Dr Lydia Wong Su Yin

Topics & Speakers	<p>Breastmilk and NNJ Dr Lim Kwang Hsien <i>Private Paediatrician</i> <i>Kinder Clinic, Mount Alvernia Medical Centre</i></p> <p>Prolonged NNJ: Causes and Workup Prof Phua Kong Boo <i>Senior Consultant</i> <i>Department of Paediatrics</i> <i>Gastroenterology Service</i> <i>KK Women's and Children's Hospital</i></p> <p>Hands-on TcB Demonstration Dr Abdul Haium Abdul Alim <i>Consultant</i> <i>Department of Neonatology</i> <i>KK Women's and Children's Hospital</i></p>
Chairperson	Dr Liew Woei Kang <i>President, College of Paediatrics and Child Health, Singapore</i>



Group photo of the Singapore Workgroup Committee on Neonatal Jaundice taken during the launch of National Neonatal Jaundice Guidelines on 20 October 2018. From left to right: Dr Angelia Chua Hwee Ling (National Healthcare Group Polyclinics), Dr Lim Kwang Hsien (Kinder Clinic, Mount Alvernia Medical Centre), Prof Phua Kong Boo (Paediatrics, KK Women's and Children's Hospital), Dr Christina Ong (Paediatrics, KK Women's and Children's Hospital), Prof Victor Samuel Rajadurai (Chairman of Workgroup, Neonatology, KK Women's and Children's Hospital), Dr Abdul Haium Abdul Alim (Neonatology, KK Women's and Children's Hospital), Dr Ratnaporn Siriamornsarp (SingHealth Polyclinics), Dr Ruth MingLi Zheng (National University Polyclinics), A/Prof Roy Joseph (Neonatology, National University Hospital), A/Prof Daisy Chan Kwai-Lin (Neonatal & Developmental Medicine, Singapore General Hospital).

THE 7TH SINGAPORE PAEDIATRICS & PERINATAL ANNUAL CONGRESS (SIPPAC)

The 7th Singapore Paediatric & Perinatal Annual Congress (SIPPAC) 2018 was held from 27 to 28 July 2018 at Novotel Singapore on Stevens.

The theme was 'Paradigm Shifts in Paediatric Care'. This congress was organised by the College of Paediatrics and Child Health, Singapore with support from Perinatal Society of Singapore (PSS) and Singapore Paediatric Society (SPS). The event attracted close to 230 delegates comprising paediatricians, neonatologists, medical students, nurses, allied health staff, residents and trainees as well as overseas delegates.

The scientific programme comprised 11 symposia (Paediatric, Perinatal and Neonatal tracks), two nursing symposia, four lunch symposia and one oral presentation.

A total of 52 abstracts were accepted, of which eight were selected for Oral Presentations and eight were selected for Poster Presentations. A total of 36 abstracts were displayed on poster panels at the event. The prizes awarded are as follows.

ORAL PRESENTATION (CATEGORY: DOCTORS)

1st Prize **CREB Regulated Transcription Coactivator 3 (CRTC3) as a Novel Predictor of Metabolic Risk in Severely Obese Children**
Presenting author: Dr Nicholas Ng Beng Hui

2nd Prize **Antibody Response Post Hepatitis B Vaccination and Booster Dose**
Presenting author: Dr Low Jia Ming

3rd Prize **Effective Correction of Ear Anomalies with Non-Surgical Ear Molding**
Presenting author: Dr Chia Hui Ling

ORAL PRESENTATION (CATEGORY: ALLIED HEALTH/STUDENTS)

1st Prize **Modified Constraint Induced Movement Therapy Programme for Children with Hemiplegia: A Pilot Experience in Singapore**
Presenting author: Mr Ong Jia Wei

POSTER PRESENTATION (CATEGORY: DOCTORS)

1st Prize **Hearing Assessment in Preschool Children with Developmental Delays, Who Passed Newborn Hearing Screen in Singapore**
Presenting author: Dr Ting Fang Ni

POSTER PRESENTATION (CATEGORY: ALLIED HEALTH/STUDENTS)

1st Prize **Neonatal Omission of Crossmatch (NEOXM) – Take Less, Give More: An Improvement Initiative to Neonatal Transfusion**
Presenting author: Ms Charlene Wimala

THE 13TH COLLEGE OF PAEDIATRICS & CHILD HEALTH LECTURE

In conjunction with 7th SiPPAC, the 13th College Lecture was held on 28 July 2018 at Novotel Singapore on Stevens. The lecturer was Prof Ivy Ng, SingHealth Group Chief Executive Officer. The title of her lecture was 'Journey in Thalassaemia – Insights & Leadership Lesson'.

In recognition of her contributions, Dr Liew Woei Kang (College President) presented a plaque and honorarium to Prof Ivy Ng.



Dr Liew Woei Kang (right) presenting a plaque to Prof Ivy Ng.

CPCHS-INITIATED GUIDELINES

The College had initiated the following internal workgroups in 2018 which are expected to be completed in 2019.

TOPIC	LED BY
Nutrition Guidelines	A/Prof Marion Aw
Allergy Testing	Dr Soh Jian Yi
Primary Allergy Prevention	Prof Hugo Van Bever

CHAPTER OF NEONATOLOGISTS ACTIVITIES

DATE	ACTIVITY
23 January	Combined Neonatal Update – Neonatal PDA
21 April	Combined Neonatal Update & 6th Annual General Meeting – 'Optimising Infant Nutrition for Best Outcomes'
20 October	Combined Neonatal Update – The Launch of National Neonatal Jaundice Guidelines

PROFESSIONAL OPINION

The College had received professional opinion requests from the Academy of Medicine, Singapore for the following topics/issues:

- Use of Autologous Cord Blood Stem Cell Infusion for Cerebral Palsy, Epilepsy, Autism and Hypoxic-Ischaemic Encephalopathy
- Invitation to Review MOH CMIS Medical Alerts
- Use of Codeine Containing Cough Mixtures in Children

FUTURE PLANS AND COMMITMENTS

The College is committed to further and enhance continuing medical education for the paediatric fraternity in Singapore, by organising workshops, annual scientific meetings and courses that will benefit paediatricians at-large.