

CORE HAND SURGERY ACTIVITIES / PROGRAMMES

- **Category 1A: Participation at local pre-approved activities**
 1. Advanced Hand Training Programme (NUH)
 2. NUH Clinical Case Discussion
 3. Review Course / Seminar
 4. SGH Advanced Hand Training Programme (Wed)
 5. SGH Combined Teaching Sessions (Fri)
 6. SGH Peri-operative Rounds
 7. SGH Research Meeting
 8. SOA/SSHS Combined Meeting
 9. Teaching Round of Accredited Hospital/ Teaching Centre
 10. TTSH Advanced Hand Training Program (Tue)
 11. TTSH Research meeting
 12. TTSH Hand CME Program (Tue)

- **Category 1B: Participation at local ad-hoc activities**
 1. Annual Hand Review/ASM
 2. Chapter CME lectures
 3. Chapter Dinner Lecture
 4. Chapter Master Series Lectures
 5. SOA Annual Scientific Meeting
 6. SSHS Quarterly Hand Review Course

- **Category 1C: Participation at overseas ad-hoc activities**
 1. ASEAN Orthopaedic Association Meeting
 2. American Academy of Orthopaedic Surgeons Annual Meeting
 3. American Association for Hand Surgery Annual Meetings
 4. American Society for Surgery of the Hand Annual Meeting
 5. Asia Pacific Federation of Societies for Surgery of the Hand Congress
 6. British or European Hand Society Annual Meeting
 7. International Federation of Societies for Surgery of the Hand Scientific Meeting (every 3 years)
 8. International Shoulder Conference
 9. International Symposium on Limb Salvage
 10. Japanese Hand Society Annual Meeting
 11. Radiological Society for North America Annual Meetings
 12. World Society for Reconstructive Microsurgery

- **Category 2 / 3A: Authorship / Review / Self-study of original articles published in refereed journals / audio-visual tapes**
 1. American Academy of Orthopaedic Surgeons (AAOS), USA (audiotapes)
 2. American Journal of Sports Medicine
 3. Arthritis & Rheumatism
 4. Bone
 5. Cancer Research
 6. Clinical Orthopaedics and Related Research
 7. Developmental Medicine and Child Neurology
 8. Hand Clinics
 9. Hand Surgery
 10. International Journal of Sports Medicine
 11. Journal of Biomechanics
 12. Journal of Bone and Joint Surgery – British Volume
 13. Journal of Computed Assisted Tomography
 14. Journal of Hand Surgery – British and European Volume
 15. Journal of Orthopaedic Research

16. Journal of Orthopaedic Trauma
17. Journal of Reconstructive Microsurgery
18. Journal of the American Society for Surgery of the Hand
19. Medical Physics
20. Muscle & Nerve
21. Orthopaedic Knowledge Online
22. Osteoarthritis and Cartilage
23. Osteoporosis International
24. Plastic & Reconstructive Surgery
25. Skeletal Radiology
26. The Journal of Bone and Joint Surgery – American Volume
27. The Journal of Hand Surgery – American Volume
28. The Journal of Shoulder and Elbow Surgery