**Keeping ourselves and our patients safe during Covid-19**

We knew we had to continue to provide CT imaging and care to our patients despite the COVID-19. What are some of the things we do to keep ourselves and patient safe?

To ensure safety for our patients and ourselves, we unceasingly need to be vigilant, practice strict hygiene, and don the appropriate Personal Protective Equipment (PPE) during the delivery of patient care. The scan room and the CT scanner need to be clean and disinfected with the right cleaning agent and staffs need to put on the correct PPE even though more time have to be devoted to these additional steps.

PPE attire for handling of CT scan patients

Image source: Dr Charlene Liew
The additional effort invested in providing timely and safe CT imaging care would not have been made possible without the positive work relationships amongst the team members. We worked cohesively with one another by consistently reminding each other of good hygiene practice and maintaining good morale by showing support and motivation. The quote by Helen Keller: “Alone we can do so little, together we can do so much” very accurately reflected the good team spirit in the CT team.

When the strategy to prevent cross-infection is to observe strict hygiene policy, it is important for us to ensure there is enough supply of appropriate cleaning agent and protective gear in the CT scan room. The work instructions and co-ordination need to be clear, specific and concise, as well as easy enough to be understood and complied with. For example, what and where are the cleaning agents to be used to clean the CT equipment? Who are the stakeholders that need to be informed prior, during & after scanning the patient? What are the numbers to call for terminal cleaning? When should we schedule suspect/confirm cases?

To summarise, a little patience and understanding goes a long way.

At the end of each working day, we can go home knowing that we have done our part to keep our colleagues and patient safe.

Sam Chong, Radiographer
CT scan team, CGH