

CORE PALLIATIVE MEDICINE ACTIVITIES / PROGRAMMES

- **Category 1A: Participation at local pre-approved activities**
 1. Monthly Palliative Medicine CME at St. Luke's Hospital
 2. NHG Advance Care Programme Monthly Journal Club
 3. Palliative Medicine AST Teaching Session
 4. Palliative Medicine Quarterly CME session Department of Medicine NUH
 5. Singapore Hospice Council (SHC) Journal Club
 6. Weekly Educational Activities at various inpatient hospital units (NCCS, TTSH, KTPH, NUH, CGH, KKWCH), hospices (Assisi Hospice, Dover Park Hospice, Bright Vision Hospital, St. Joseph's Home) and home care services (HCA Hospice Care, Metta Hospice Care, Agape Methodist Hospice, Singapore Cancer Society). These may include:
 - a. Journal Club
 - b. Multidisciplinary Team Meeting
 - c. Research Meeting
 - d. Teaching Session/Topic Presentation

- **Category 1B: Participation at local ad-hoc activities**
 1. Palliative Medicine Programs organized by Hospital/Cluster, whether standalone or part of Annual Scientific Meeting e.g NNI Colloquium on Neurological Palliative Care
 2. Palliative Medicine lectures in other subspecialty conferences/seminars
 3. SHC Postgraduate Course in Palliative Medicine
 4. Singapore Palliative Care Conference

- **Category 1C: Participation at overseas ad-hoc activities**
 1. Advanced Course in Symptom Management (Oxford, UK)
 2. Asia Pacific Hospice Conference
 3. Australian Palliative Care Conference
 4. Australian and New Zealand Society of Palliative Care Conference
 5. Canadian Hospice Palliative Care Conference
 6. Children's Hospice International World Congress
 7. Children's Palliative Care Congress
 8. European Association of Palliative Care Congress
 9. Indian Association of Palliative Care Conference
 10. International Congress on Palliative Care (Montreal Conference)
 11. Malaysian Hospice Congress
 12. Palliative Care Congress (UK)
 13. Palliative Medicine and Supportive Oncology (US)

- **Category 2 / 3A: Authorship / Review / Self-study of original articles published in refereed journals / audio-visual tapes**
 1. American Journal of Hospice and Palliative Medicine
 2. BMC Palliative Care
 3. BMJ Supportive and Palliative Care
 4. Current Opinion in Supportive and Palliative Care
 5. European Journal of Palliative Care
 6. Journal of Clinical Oncology
 7. Journal of Palliative Medicine
 8. Journal of Pain
 9. Journal of Pain and Symptom Management
 10. Lancet Oncology

11. Palliative and Supportive Care
12. Palliative Medicine
13. Pain
14. Pain Medicine
15. Supportive Care in Cancer

- **Category 3B: Overseas distance-learning programmes with verifiable self-assessment**

1. APHN Flinders Course in Palliative Care
2. Cardiff University Postgraduate Diploma/Msc in Palliative Medicine
3. Harvard Medical School Program in Palliative Care Education and Practice
4. Keele University MA Ethics in Cancer and Palliative Care
5. King's College Masters of Palliative Medicine