

CORE SPORTS MEDICINE ACTIVITIES / PROGRAMMES

- **Category 1A: Participation at local pre-approved activities**
 1. Sports Medicine Training Programme (weekly Tuesday morning sessions helmed by CGH Sports Medicine)

- **Category 1B: Participation at local ad-hoc activities**
 1. Annual Sports Medicine Association (Singapore) seminars
 2. IOC Sports Medicine Course

- **Category 1C: Participation at overseas ad-hoc activities**
 1. American College of Sports Medicine Annual Meeting
 2. FIMS World Congress of Sports Medicine (FIMS – International Federation of Sports Medicine)
 3. IOC Sports Medicine Course

- **Category 2 / 3A: Authorship / Review / Self-study of original articles published in refereed journals / audio-visual tapes**
 1. American Journal of Sports Medicine
 2. British Journal of Sports Medicine
 3. Exercise and Sports Science Reviews
 4. Medicine and Science in Sports and Exercise Journal
 5. Sports Medicine Journal