



# COLLEGE OF PAEDIATRICS AND CHILD HEALTH, SINGAPORE

## PRESIDENT'S MESSAGE

DR NG KEE CHONG



Our College remained strong and vibrant in 2019. In July, we held our 8<sup>th</sup> Tripartite Singapore Paediatric and Perinatal Congress (SiPPAC) entitled 'Exploring the Science – Beyond Medicine to Health'. Educational updates in 2019 covered cord blood and stem cell therapy as well as infant nutrition, allergy prevention and mental wellness in child health.

Our 14<sup>th</sup> College Lecture was delivered on 27 July by Prof William Yip. His far-ranging and well received insightful lecture was on how to 'Be Ye Steadfast in the Midst of Change: Changing Practice of Medicine & the Unchanging Principles'. With our colleagues from the College of Obstetricians & Gynaecologists, Singapore, we developed a consensus statement on 'Primary Prevention of Allergy in At-Risk Infants' which will be released in early 2020.

We are also working with the Ministry of Health (MOH) to review the Development of Specialty-Specific Guidelines for Informed Consent Taking and the recommendations will be ready in 2020. We have also developed a Curriculum for Advanced Diploma in Paediatric Endocrinology for Paediatric Endocrinology subspecialty training and this has been approved by the Academy of Medicine, Singapore and MOH.

“As we enter a new decade in 2020, our College will continue to engage and represent the professional needs and interests of our paediatric community—both in the private and public healthcare sectors.”

Finally, I am pleased to share that we are working with the Royal College of Paediatrics & Child Health in the United Kingdom to jointly organise a scientific meeting. We are looking forward to bring together not just our local community but also our regional and international colleagues to share, learn and collaborate so as to advance and improve the global health of all our children.

## ABOUT THE COLLEGE

The College of Paediatrics and Child Health, Singapore (CPCHS) was incorporated under the Companies Act (Cap 50) on 17 August 2004 (Unique Entity Number [UEN]: 200410329W). The company is a Public Company Limited by Guarantee. Its registered address is at 81 Kim Keat Road, #11-00 NKF Centre, Singapore 328836. Its banker is DBS Bank Ltd and auditor is Fiducia LLP.

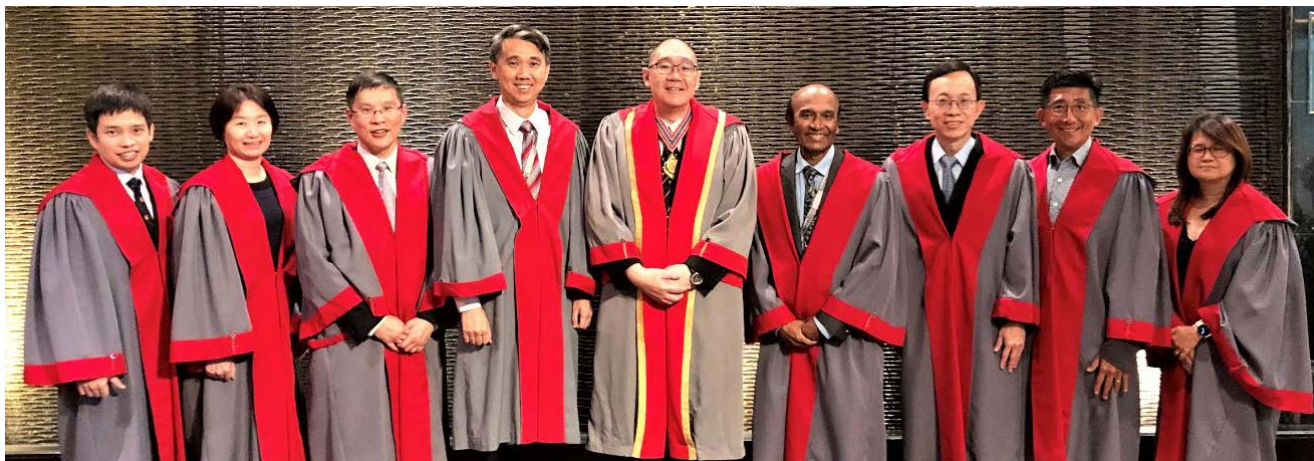
The principal activities of the College are to advance the art and science of paediatrics and neonatology and its subspecialties, promote study and research into medical

and scientific problems, to sustain and foster postgraduate education and conduct higher professional examinations and to award diplomas.

The College is financially supported by donations from members, income from events and educational grants. As of 31 December 2018, the College does not employ any staff. The staff supporting the College's work is employed by the Academy of Medicine, Singapore. The College's financial report is available separately.

## THE 2019-2021 COUNCIL

President	<b>Dr Ng Kee Chong</b>	<i>Director (from 18 May 2013)</i>
Immediate Past President	<b>Dr Liew Woei Kang</b>	<i>Director (from 14 May 2011)</i>
Vice-President	<b>Dr Lee Yung Seng</b>	<i>Director (from 14 May 2016)</i>
Honorary Secretary	<b>Dr Khoo Poh Choo</b>	<i>Director (from 18 May 2013)</i>
Honorary Treasurer	<b>Dr Chua Mei Chien</b>	<i>Director (from 19 May 2018)</i>
Council Members	<b>Dr Varsha Atul Shah</b>	<i>Director (from 10 May 2014)</i>
	<b>Dr Daniel Goh Yam Thiam</b>	<i>Director (from 6 May 2017)</i>
	<b>Dr Ong Hian Tat</b>	<i>Director (from 14 May 2016)</i>
Chairman, Chapter of Neonatologists	<b>Dr Victor Samuel Rajadurai</b>	<i>Director (from 6 May 2017)</i>
Co-Opted Members	<b>Dr Lim Kwang Hsien</b>	
	<b>Dr Low Kah Tzay</b>	
	<b>Dr Ng Yong Hong</b>	



Group photo taken at 8<sup>th</sup> Singapore Paediatrics & Perinatal Annual Congress (SiPPAC) on 27 July 2019

From left to right:

Dr Lim Kwang Hsien (Co-Opted Member), Dr Ng Yong Hong (Co-Opted Member), Dr Liew Woei Kang (Immediate Past President), Dr Lee Yung Seng (Vice-President), Dr Ng Kee Chong (President), Dr Victor Samuel Rajadurai (Chairman, Chapter of Neonatologists), Dr Low Kah Tzay (Co-Opted Member), Dr Daniel Goh Yam Thiam (Council Member), Dr Khoo Poh Choo (Honorary Secretary)

Not in photo:

Dr Chua Mei Chien (Honorary Treasurer), Dr Ong Hian Tat (Council Member), Dr Varsha Atul Shah (Council Member)

## CHAPTER OF NEONATOLOGISTS

In accordance to the Constitution of the College of Paediatrics and Child Health, Singapore, specialty chapters are to serve a two-year term.

The Committee Members of the sole Chapter of the College (2019-2021) are as follows:

Chairman	Dr Victor Samuel Rajadurai
Vice-Chairman	Dr Daisy Chan Kwai Lin
Honorary Secretary	Dr Steven Ng Chin Yuen

### Committee Members

Dr Epton Natalie Ann

Dr Khoo Poh Choo

Dr Poon Woei Bing

Dr Krishnamoorthy Niduvaje

### Co-Opted Members

Dr Ong Eng Keow

Dr Ikshuvanam Malathi

### Ex-Officio

(President, CPCHS)

Dr Ng Kee Chong



Group photo taken at 8<sup>th</sup> Singapore Paediatrics & Perinatal Annual Congress (SiPPAC) on 27 July 2019

From left to right:

Dr Khoo Poh Choo (Committee Member), Dr Epton Natalie Ann (Committee Member), Dr Daisy Chan Kwai Lin (Vice-Chairman), Dr Ong Eng Keow (Co-Opted Member), Dr Victor Samuel Rajadurai (Chairman), Dr Steven Ng Chin Yuen (Honorary Secretary), Dr Poon Woei Bing (Committee Member), Dr Krishnamoorthy Niduvaje (Committee Member)

Not in photo:

Dr Ikshuvanam Malathi (Co-Opted Member)

## ANNUAL GENERAL MEETING

The College's 15<sup>th</sup> Annual General Meeting was held at Grand Copthorne Waterfront Singapore on 18 May 2019. It was attended by 46 Fellows.

## COUNCIL MEETINGS

The Council met to conduct the business and affairs of the College. The Council met five times in 2019: 2 March, 6 April, 18 May, 27 July and 9 November.

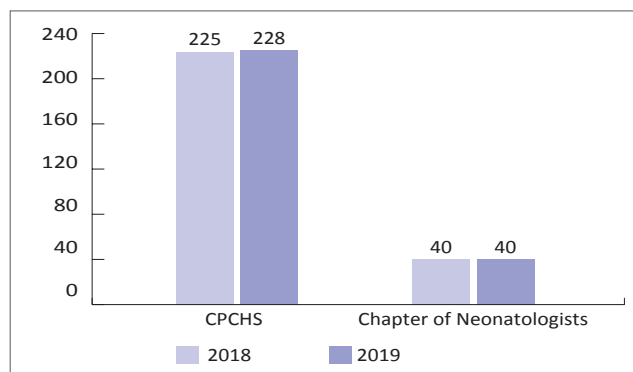
The attendance record of the meetings is as follows:

NAME	DESIGNATION	ATTENDANCE
<b>Elected Council Members</b>		
Dr Liew Woei Kang	President	5
Dr Ng Kee Chong	President-Elect	5
Dr Lee Yung Seng	Honorary Secretary	3
Dr Varsha Atul Shah	Honorary Treasurer	4
Dr Chua Mei Chien	Council Member	3
Dr Daniel Goh Yam Thiam	Council Member	4
Dr Khoo Poh Choo	Council Member	4
Dr Ong Hian Tat	Council Member	3
Dr Lim Kwang Hsien	Co-Opted Member	4
Dr Ng Yong Hong	Co-Opted Member	4
Dr Low Kah Tzay	Co-Opted Member	2
<b>Appointed Council Member</b>		
Dr Victor Samuel Rajadurai	Chairman, Chapter of Neonatologists	3

## MEMBERSHIP

As of 31 December 2019, the total membership of the College stood at 228, comprising 223 Fellows (Local) and five Fellows (Overseas). The following paediatricians were admitted to the Academy of Medicine, Singapore as Fellows of the College in 2019:

- Dr Petrina Wong Poh Chen
- Dr Mohana d/o Rajakulendran
- Dr Chua Xiuzhen



## ACTIVITIES

### CONTINUING MEDICAL EDUCATION

#### HMDP VISITING EXPERT

Date	14 January
Topic & Speaker	<b>Primary Care Strategies to Promote Healthy Development</b> Prof Barry Zuckerman <i>Professor and Chair, Department of Pediatrics, Boston University School of Medicine/Boston Medical Center, USA</i>
Chairperson	Dr Varsha Atul Shah <i>Honorary Treasurer, College of Paediatrics and Child Health, Singapore</i>

#### PAEDIATRIC UPDATE: CORD BLOOD – TO BANK OR NOT TO BANK?

Date	18 May
Topics & Speakers	<b>Cord Blood as Stem Cell Therapy – Proven Indications</b> Adj A/Prof Joyce Lam <i>Head of Service, Haematology Laboratory and Blood Bank, KK Women's and Children's Hospital</i>
	<b>Advances in the Management of Cerebral Palsy: Any Role for Autologous Cord Blood Therapy?</b> A/Prof Ong Hian Tat <i>Head &amp; Senior Consultant, Division of Paediatric Neurology, National University Hospital</i>
Topics & Speakers	<b>Advances in Autism Including the Utility of Autologous Stem Cell Therapy</b> Adj Asst Prof Yeleswarapu Sita Padmini <i>Senior Consultant, Department of Child Development, KK Women's and Children's Hospital</i>
Chairperson	Dr Liew Woei Kang <i>President, College of Paediatrics and Child Health, Singapore</i>

#### PAEDIATRIC UPDATE: UPDATES ON INFANT NUTRITION, ALLERGY PREVENTION & MENTAL WELLNESS

Date	9 November
Topics & Speakers	<b>Recommendations for Feeding and Nutrition for Optimal Growth in Infants</b> A/Prof Marion Aw <i>Head &amp; Senior Consultant, Division of Paediatric Gastroenterology, Nutrition, Hepatology and Liver Transplantation, Department of Paediatrics, National University Hospital</i>
	<b>Primary Prevention of Allergic Diseases: Do We Need Singaporean Guidelines?</b> Prof Hugo Van Bever <i>Senior Consultant, Division of Paediatric Allergy, Immunology &amp; Rheumatology Department of Paediatrics, National University Hospital</i>

**Updates of Mood Disorders, Self-Harm and Suicide in Paediatrics**

Dr Vicknesan Marimuttu

*Head & Consultant, Child & Adolescent Mental Wellness Service**Department of Psychological Medicine, KK Women's and Children's Hospital*

Chairperson Dr Ng Kee Chong

*President, College of Paediatrics and Child Health, Singapore***THE 8<sup>TH</sup> SINGAPORE PAEDIATRICS & PERINATAL ANNUAL CONGRESS (SIPPAC)**

The 8<sup>th</sup> Singapore Paediatric & Perinatal Annual Congress (SiPPAC) 2019 was a two-day event held from 27 to 28 July 2019 at Grand Copthorne Waterfront Hotel, Singapore.

The congress was organised by the Singapore Paediatric Society with support from College of Paediatrics and Child Health, Singapore and Perinatal Society of Singapore. The theme was 'Exploring the Science – Beyond Medicine to Health'. Close to 324 delegates comprising paediatricians, neonatologists, medical students, nurses, allied health

staff, residents and trainees and overseas delegates were in attendance.

The scientific programme featured 12 symposia (Paediatric, Perinatal and Neonatal tracks), two nursing symposia, four lunch symposia and one oral presentation. A total of 52 abstracts were accepted, of which eight were selected for Oral Presentations and nine were selected for Poster Presentations. A total of 44 abstracts were displayed on poster panels at the event.

**PRIZES AWARDED FOR ORAL PRESENTATION (CATEGORY: DOCTORS)**

1 <sup>st</sup> Prize	<b>Risk Factors for Mortality Associated With Late-Onset Sepsis in Very-Low-Birth-Weight Infants</b> <i>Presenting author: Dr Goh Guan Lin</i>
2 <sup>nd</sup> Prize	<b>Analysis of Alpha Thalassaemia Haematological Phenotype in Singapore</b> <i>Presenting author: Dr Stella Zhang Letian</i>

**PRIZE AWARDED FOR ORAL PRESENTATION (CATEGORY: STUDENTS)**

1 <sup>st</sup> Prize	<b>Feasibility of Electrocardiogram in Heart Rate Assessment and Comparison With Pulse Oximeter in the Delivery Room</b> <i>Presenting author: Ms Lee Li Wen</i>
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**PRIZE AWARDED FOR POSTER PRESENTATION (CATEGORY: DOCTORS)**

1 <sup>st</sup> Prize	<b>Neonatal Staff Perceptions of Bereavement or End of Life Care of Families of Dying and Critically Ill Infants</b> <i>Presenting author: Dr Ting Yu Shan</i>
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**PRIZES AWARDED FOR POSTER PRESENTATION (CATEGORY: STUDENTS/NURSES)**

Top Prize	<b>Predictors of Anaemia Among Adolescents Aged 11-17 Years Old in East Jakarta, Indonesia</b> <i>Presenting author: Ms Davrina Rianda</i>
Top Prize	<b>Predictive Value of ABO Blood Group and Infant Antibody Titre for Treatment Outcomes in Direct Coomb's Test Positive Infants</b> <i>Presenting author: Ms Shamen Koh</i>

**THE 14<sup>TH</sup> COLLEGE OF PAEDIATRICS & CHILD HEALTH LECTURE**

In conjunction with 8<sup>th</sup> SiPPAC, the 14<sup>th</sup> College Lecture was held on 27 July 2019 at the Grand Copthorne Waterfront Hotel, Singapore.

Prof William Yip, Adjunct Professor, Department of Paediatrics, National University of Singapore, delivered the lecture titled 'Be Ye Steadfast in the Midst of Change: Changing Practice of Medicine & the Unchanging Principles'. In recognition of his contributions, A/Prof Ng Kee Chong (College President) presented a plaque and honorarium to Prof William Yip.



College President, A/Prof Ng Kee Chong (left) presenting a plaque to Prof William Yip.

## DEVELOPMENT OF ADVANCED DIPLOMA IN PAEDIATRIC ENDOCRINOLOGY PROGRAMME

The College played an essential role in developing the Academy of Medicine, Singapore Fellowship Programme in Paediatric Endocrinology. The first candidate (from Brunei) began her Advanced Diploma Training in November 2019.

## DEVELOPMENT OF CONSENSUS STATEMENT ON PRIMARY PREVENTION OF ALLERGY IN AT-RISK INFANTS

The College, together with College of Obstetricians and Gynaecologists, Singapore, developed the Consensus Statement on Primary Prevention of Allergy in At-Risk Infants. The document is expected to be released in early 2020.

The document aims to provide guidelines on primary prevention of allergy, thereby decreasing the risk of allergy development (without guarantee) in at-risk infants. These guidelines are applicable to Singaporean children and children who have immigrated to Singapore.

The College would like to thank Prof Hugo Van Bever (Chairman), Dr Chiang Wen Chin, A/Prof Anne Goh, Prof Lee Bee Wah, Dr Liew Woei Kang, Dr David Ng Chee Siong, A/Prof Ng Kee Chong and Dr Elizabeth Tham for representing the College and for their contributions towards the development of the consensus statement.

## STAFF REGISTRAR SCHEME

### DIPLOMA IN PAEDIATRIC AND CHILD HEALTH

#### Year 2 Assessment

Candidate Dr Salazar May Atienza (11<sup>th</sup> Intake)

Examiners Prof Quak Seng Hock, A/Prof Ng Kee Chong

#### Completed SRS Diploma

Candidate Dr Salazar May Atienza

### DIPLOMA IN PAEDIATRIC CANCER CARE

#### Year 2 Assessment

Candidate Dr Heidi De Castro Barola (4<sup>th</sup> Intake)

Examiners A/Prof Tan Poh Lin, A/Prof Quah Thuan Chong, A/Prof Tan Ah Moy

#### Completed SRS Diploma

Candidate Dr Heidi De Castro Barola

## CHAPTER OF NEONATOLOGISTS – ACTIVITIES 2019

DATE	ACTIVITY
6 April	Combined Neonatal Update & 7 <sup>th</sup> Annual General Meeting – ‘New Insights in Neonatology’
1 November	Making Moments Meaningful (3M): Improving the Care of Vulnerable Babies and Their Families

## PROFESSIONAL OPINION

The College provided professional opinion on the following topics:

TOPIC	ORGANISATION
Palivizumab For the Prevention of Serious Infection Caused by Respiratory Syncytial Virus (RSV)	Ministry of Health
Seeking AMS Inputs on the Use of Gentian Violet-Containing Products in Singapore	Health Sciences Authority

## FUTURE PLANS AND COMMITMENTS

The College is committed to the furthering and enhancement of continuing medical education for the paediatric fraternity in Singapore by organising workshops, annual scientific meetings and courses that will benefit paediatricians-at-large.