

COLLEGE OF PSYCHIATRISTS

ANNUAL REPORT FOR YEAR ENDED 31 DECEMBER 2019

The College of Psychiatrists was officially formed on 5 November 2014 under the umbrella of Academy of Medicine, Singapore. Formerly, the Chapter of Psychiatrists was formed in 1986. Now as a College, it continues to provide professional leadership, continuing education in psychiatry, advocacy in quality care and safe clinical psychiatry practice. The College also provides recommendations to the Academy on specialist qualification and training, and Fellows of the College serve on national specialist training committees and academic programme committees.

An important milestone in the history of local psychiatry was achieved on 5 November 2014 when the College of Psychiatrists was officially formed. From then, the College has enjoyed the following the advantages:

- a) Equal standing with other Colleges under AMS;
- b) Raising the profile of the specialty both locally and overseas;
- c) Providing a good platform to develop subspecialties and allow subspecialties to have more focused activities;
- d) Acquiring greater autonomy in developing professional initiatives and activities;
- e) Having more financial autonomy.

COLLEGE COAT OF ARMS DESCRIPTION



The College of Psychiatrist Crest's design is centered on the ten qualities of a good psychiatrist. The College of Psychiatrist's motto of "Competence, Wisdom and Compassion" reflects the basic fundamental qualities expected of a good Psychiatrist.

The College Crest incorporates the traditional serpent-entwined rod of Asclepius, which is symbolic of Medicine and Psychiatry, representing the professionalism expected of Psychiatrists.

The Shield encompasses two Figures, which are representative of how Psychiatrists are expected to be both good communicator and listener. The Chevrons within the shield represent the boundaries that Psychiatrists need to abide by. The lion within the shield symbolize the College serving Singapore, the Lion City, and also serves as a reminder of the honesty and integrity that Psychiatrist are expected to have in their practice.

The College of Psychiatrist Coat of Arms / College Crest are jointly designed by: Dr Melvyn Zhang WB and Ms Alina Tong.



PRESIDENT'S MESSAGE

2019 was another good year for the young College of Psychiatrists since its inception in November 2014, with its focused engagement of CME themes relevant to the practice of psychiatry, pharmacotherapy and research. This helped sharpened the professionalism of psychiatry across many fronts!

We register our deep appreciations to the 2019 College Council and Sections, through their leadership together with the CME faculties contributing to another successful year!

The four Sections in Child & Adolescent Psychiatry, Neuropsychiatry, Neuro-stimulation, and Addiction Psychiatry, attest to the emphasis on deeper professional development in frontiers of specialty psychiatric practices, and measuring up to new practice standards.

Besides advancing clinical professional training through College CME, we continued to engage the NUS Center for Biomedical Ethics to co-organize Clinical Ethics Course in Psychiatric Practices; signed an MOU with the Singapore Medical Associations in mental capacity assessment course, an evolving area of importance with strong academic and clinical relevance to our College Fellows, and the larger medical doctor fraternity.

The College is seeking to develop its roles in providing medical expert position in emerging issues of psychiatry, and the need to engage the wider public, providing them with objective and evidence based professional opinion, helping to enhance quality psychiatry care and safe practices, serving the public's larger interest. This will continue to promote and strengthen professional conduct in psychiatric practices, help demystify and destigmatize mental health care patients and their care. A new section on Forensic Psychiatry is being set up in the year 2020.

The College thanks Psychiatrist Fellows for their continued support and strong interest in pursuit of professional training, and the many educational partners for providing their resources to sustain high quality training this past year.

The Council has embarked to develop the collaborative AMS-CPE Psychiatry Bulletin in 2020, and will seek out to serve the professional development needs of our Fellow in 2020, and address new challenges of COVID-19 pandemic and post-COVID mental health issues!

DR JOHN WONG CM

President & President-Elect (2017 – 2021)

College of Psychiatrists

Academy of Medicine, Singapore

COUNCIL MEMBERS 2019 – 2020

President & President-Elect	Dr John Wong Chee Meng
Vice President	Dr Lee Cheng
Honorary Secretary	Dr Giles Tan Ming Yee
Honorary Treasurer	Dr Robin Goh Kye Hock
Council Members	Dr Daniel Fung Shuen Sheng Dr Leslie Lim Eng Choon Dr Roger Ho Chun Man
Section Chairmen	Dr Robin Goh Kye Hock Dr Lee Tih Shih Dr Johnson Fam
Co-Opted Members	Dr Ong Say How Dr Winslow Rasaiah Munidasa Dr Gangadharan Sathyadevan

ANNUAL GENERAL MEETING

The 5th Annual General Meeting of the College was held on 03 May 2019 at Seletar Room, Temasek Club, 131 Rifle Range Road, Singapore 588406. A total of 20 Fellows attended the meeting.

COUNCIL MEETINGS

The council meets once every four months to conduct the business and affairs of the College.

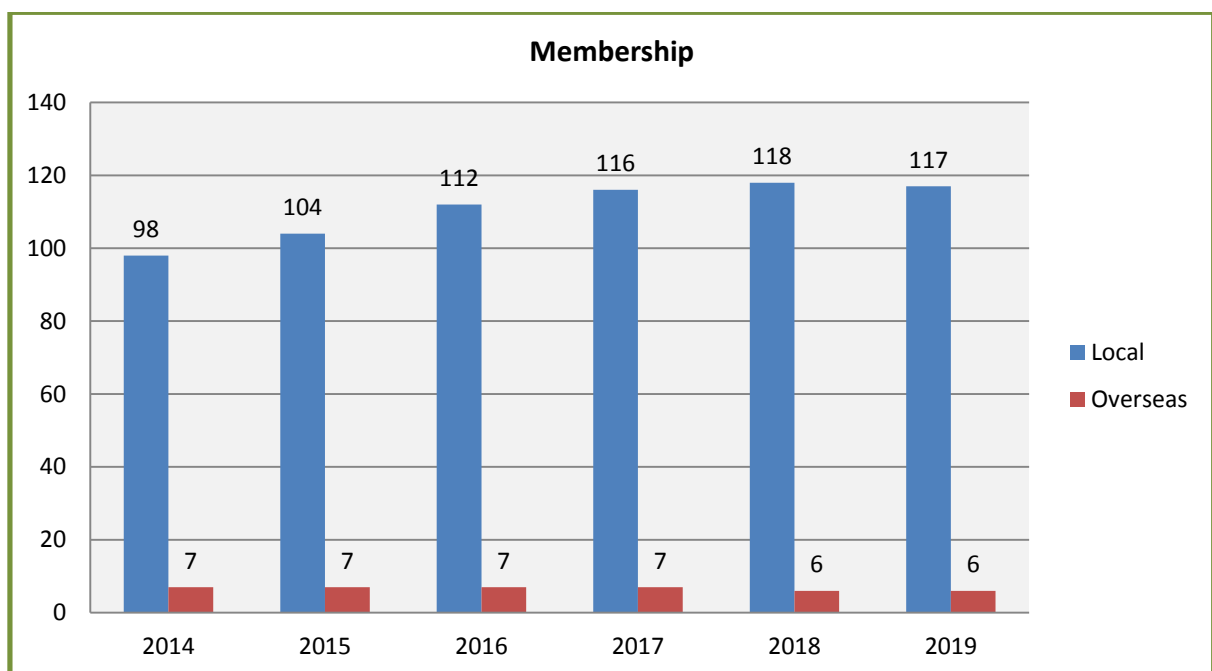
In 2019, the council has met three (3) times on 01 February, 3 May, and 12 July.

MEMBERSHIP

The membership of the College stood at 123 as of 31 December 2019, consisting of 117 Local and 6 Overseas Fellows.

The following was admitted as Fellows of the Academy of Medicine, Singapore (CPSYCH) in 2019:

- Dr Tan Zhenwen Tina



ACTIVITIES

Continuing Medical Education (CME)

The College had organised the following activities in 2019.

Date	Topic	Speakers
15 January	Dinner Talk: An Introduction to Pharmacogenetics: How brain biology informs and advances treatment opportunities	Dr. Lawren Few Senior Medical Science Liaison
14 February	Section of Neuropsychiatry: Mind Brain Rounds	Adj. Asst. Prof. Poon Shi Hui Dr Jeremy Heng
25 February	Section of Addiction Psychiatry: Educational Symposium - Understanding Addiction	Mr Samuel Chua Dr Guo Song Dr Arthur Lee Adj Assoc Prof Lee Cheng Dr Lim Chau Sian Dr Lambert Low Ms S B Viknesan Adj Prof Wong Kim Eng Dr Mohamed Zakir Dr Melvyn Zhang
25 February	Section of Child & Adolescent Psychiatry: Pharmacokinetics and Pharmacodynamics in Child and Adolescent Psychiatry	Dr Bram Dierckx MD, PhD
15 March	2nd Chee Kuan Tsee Lecture 2019	Prof Michael Joseph Patrick Meaney
25 April	Psych CME @ Novena: [2018] SMCDT 11: Implications for our Psychiatric Practice	Dr Lee Ee Lian
3 May	Inaugural Paul W Ngui Lecture 2019	Rev Dr Robert Solomon
16 May	Section of Neuropsychiatry: Mind Brain Rounds	Dr Simon Ting
30 May	Psych CME @ Novena: Convert Medication	Dr Munidasa Winslow
25 July	Psych CME @ Novena: Benzodiazepines Good, Bad & Ugly	Dr Zenn Chua

27 August	Section of Child & Adolescent Psychiatry: Helmut Remschmidt Research Seminar (HRRS)	Prof. Dr. Christina Schwenck
29 August	Psych CME @ Novena: Utilisation of Molecular Diagnostic in Psychiatric Clinic	Dr Issam Aljajeh
26 September	Psych CME @ Novena: Case Sharing on Vortioxetine	Dr Ken Ung
18 October	Section of Neuropsychiatry: Master Clinician Seminars 2019	Professor William Honor
21 October	Section of Neuropsychiatry: Master Clinician Seminars 2019	Professor Trevor Hurwitz
24 October	Psych CME @ Novena: Achieving Depression Remission with Brintellix	Dr Seng Kok Han
1 November	Section of Neurostimulation: ECT Practitioner Course	Dr Mok Yee Ming Dr Poon Shi Hui Dr Tor Phern Chern Dr Johnson Fam Dr Tan Sheng Neng
2 November	Section of Neurostimulation: ECT Prescriber Course	Dr Tor Phern Chern Dr Poon Shi Hui Dr John Leyden Dr Donel Martin Dr Vanessa Mok Dr Johnson Fam
15 & 16 November	Section of Neurostimulation: rTMS Certification Course	Dr Lo Yew Long Dr Johnson Fam Dr Tor Phern Chern Dr Christopher Chan Dr Teo Wei Peng
28 November	Psych CME @ Novena: Patient Communication	Dr Abishek Mathew Abraham



rTMS Certification Course 2019



Understanding Addiction Psychiatry

Psychiatry Resident In-Training Examination (PRITE)

AMS had conducted the 2019 Psychiatry Resident In-Training Examination (PRITE) for 33 registered Psychiatry residents in Singapore on 5 October 2019. There were 6 Residents who were absent for the exam.

PROFESSIONAL OPINION

The College had submitted opinions to external parties. The professional opinions are listed below.

S/N	Topic	Organisation
1.	Letter to Straits Times Forum: COLLEGE OF PSYCHIATRISTS	Academy of Medicine, Singapore
2.	Conduct of psychological tests	Ministry of Health
3.	Queries on the use of a new drug Vyvanse indicated for treatment of ADHD	Ministry of Health

INDEPENDENT MEDICAL EXPERTS

The College assisted the Academy of Medicine, Singapore in providing expert opinions 2 complaint committee cases from Singapore Medical Council.

FUTURE PLANS AND ACTIVITIES

The College Council will continue to embark on the following in the coming year 2020/2021:

- Targeted CME Clinical Skill workshops in emerging psychiatry practices, and Professional Up to Date Symposiums
- Define focus areas for Mental Health and Wellness advocacy, and media communication engagement.
- Building capacity for Medical Experts in Psychiatry
- Strengthen College's financial plan and revenue streams to support sustainable programmes and mission
- Focused enrollment of new Psychiatrist Fellows and Associate members to enhance professional representation in AMS

~ End of Report ~