



SECTION OF NEUROSTIMULATION
COLLEGE OF PSYCHIATRISTS
ACADEMY OF MEDICINE, SINGAPORE



ECT PRACTITIONER & PRESCRIBER COURSE 2023

WHO IS THIS COURSE FOR?

This course is for doctors and psychiatrists who administer electroconvulsive therapy (ECT).
Doctors administering ECT should attend the ECT Practitioner course as a minimum.
Doctors prescribing ECT should attend both the ECT Practitioner and ECT Prescriber course.

LEARNING OBJECTIVES

To learn about the theory and practice of modern for indications in an Asian setting along with how to apply the knowledge at the individual patient level

*Only ECT Practitioner Course participants will receive one (1) hardcopy of "Clinical Cases in Electroconvulsive Therapy" at the practicum session.



DATE:	16 September & 28 October 2023			
TIME:	16 September: 9:00am - 4:45pm 28 October: 8:15am - 5:15pm			
VENUE:	Virtual via Zoom (Half-day Practicum Session at IMH for Practitioner Course)			
COURSE FEE:	AMS Members:	16 Sep	ECT Prescriber Course	S\$150
		28 Oct	ECT Practitioner Course	S\$150
		16 Sep & 28 Oct	Both Courses	S\$250
	Non-AMS Members:	16 Sep	ECT Prescriber Course	S\$200
		28 Oct	ECT Practitioner Course	S\$200
		16 Sep & 28 Oct	Both Courses	S\$350
REGISTRATION:	https://www.cvent.com/d/p0q9f0 (Deadline to Register: Friday, 11 August 2023)			

For more information, please contact the Secretariat for the Section of Neurostimulation at cpsych@ams.edu.sg.

CME points would be awarded for this course

TIMETABLE - ECT PRESCRIBER COURSE, 16 SEPTEMBER 2023

TIME	TOPIC	LECTURER
8:45am - 9:00am	Zoom Verification	Administrator
9:00am - 10:30am	Rational ECT Prescription	Dr Tor Phern Chern
10:30am - 10:45am	BREAK	
10:45am - 11:15am	Update on local data on ECT effectiveness (suicide, switching ECT, effect of capacity, Anaesthesia-ECT interval, readmission)	Dr Tor Phern Chern
11:15am - 11:30am	BREAK	
11:30am - 12:30pm	Cognition in ECT: Current state of knowledge	Dr Donel Martin
12:30pm - 1:15pm	LUNCH BREAK	
1:15pm - 1:45pm	Common myths of ECT (how are ECT seizures elicited, how do ECT seizures end, what is relationship between ECT dose and seizure duration and efficacy)	Dr Tor Phern Chern
1:45pm - 2:00pm	Safety of ECT	Dr Tor Phern Chern
2:00pm - 2:15pm	BREAK	
2:15pm - 3:00pm	Maintaining improvement after ECT	Dr Yap Hwa Ling
3:00pm - 3:30pm	Concurrent psychiatric medication during ECT: Practical recommendations	Dr Vanessa Mok
3:30pm - 3:45pm	BREAK	
3:45pm - 4:15pm	Controversies in ECT Practice (OCD and BPSD in Dementia)	Dr Leonard Eng
4:15pm - 4:45pm	Case based discussion from College ECT Casebook and Q&A	Dr Tor Phern Chern

LECTURERS



Dr Tor Phern Chern
Senior Consultant, Head
Neurostimulation
Services
Institute of Mental Health



Dr Yap Hwa Ling
Senior Consultant,
Dept of Psychological
Medicine, Changi
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Dr Donel Martin
Research Fellow, School of
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New South Wales



Dr Vanessa Mok
Consultant
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Medicine,
Changi General Hospital



Dr Leonard Eng
Consultant,
Department of Psychiatry,
Singapore General Hospital

TIMETABLE - ECT PRACTITIONER COURSE, 28 OCTOBER 2023

TIME	TOPIC	LECTURER
8:00am - 8:15am	Zoom Verification	Administrator
8:15am - 8:30am	Introduction to ECT	Dr Tor Phern Chern
8:30am - 9:15am	Mechanism of action of ECT / Indication for ECT	Dr Christopher Chan
9:15am - 10:00am	Effectiveness of ECT in depression, schizophrenia, bipolar disorder, catatonia	Dr Christopher Chan
10:00am - 10:15am	BREAK	
10:15am - 11:00am	Pre-ECT Psychiatric / Medical / Anaesthesia preparation	Dr Tor Phern Chern
11:00am - 11:15am	BREAK	
11:15am - 12:15pm	How to Read EEG	Dr Johnson Fam
12:15pm - 12:45pm	Consent and Ethics in ECT	Dr Tan Sheng Neng
12:45pm - 1:15pm	MCQ Exam (Google Forms)	Dr Tor Phern Chern
1:15pm - 3:00pm	LUNCH BREAK (TRANSPORT TO IMH ECT ROOM)	
3:00pm - 5:00pm	<p>Practicum Session (3 Stations, 30 Mins each)</p> <p>Station 1:</p> <ol style="list-style-type: none"> 1.Setting up EEG and ECT Monitoring 2.Administration of ECT 3.Establishing a Seizure Threshold <p>Station 2:</p> <ol style="list-style-type: none"> 1.How to manage change in EEG quality 2.How to manage poor response to ECT 3.How to manage cognitive side effects of ECT <p>Station 3:</p> <ol style="list-style-type: none"> 1.How to handle a failed ECT 2.How to handle a prolonged seizure 3.How to handle tardive seizure 	<p>Dr Tor Phern Chern</p> <p>Dr Jonathan Lee</p> <p>Dr Goh Shih Ee</p>
5:00pm - 5:15pm	Exam Debrief	ALL

LECTURERS



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