

COLLEGE OF ANAESTHESIOLOGISTS, SINGAPORE

ANNUAL REPORT FOR YEAR ENDED 31 DECEMBER 2019

The Charity was set up on 17 August 2004 as a College with Dr Edward Pang as the first elected President of the College. It was registered under the Charities Act on 18 August 2004.

The College aims to continually work towards improving the quality of anaesthesia practice and to foster a closely knitted anaesthesia fraternity in Singapore.

Unique Entity Number (UEN)	:	200410333E
Registered Address	:	81 Kim Keat Road NKF Centre, #11-00 Singapore 328836
Internal Auditor	:	Fiducia LLP

COLLEGE COAT OF ARMS AND MOTTO



The central shield contains two poppy bulbs signifying the use of opiates for pain relief and the anaesthesia bobbin. In the centre of the shield is the Chevron which symbolizes the coming together of all the medical specialties under one roof – the Academy. The shield is surrounded by medicinal plants and at the top of the shield, is the National flag of Singapore. The banner below the shield contains the College motto, “Semper Vigilant” meaning Ever (always) Vigilant.

The Coat of Arms was designed by Dr Chen Fun Gee and the Motto was thought up by Dr George Lim.

PRESIDENT'S MESSAGE



2019 has been a fruitful year for the College of Anaesthesiologists! A special note of thanks to our former president, Professor Sophia Chew for her contributions to the College. The College continues to build on its strengths while forging new partnerships and casting a bigger vision.

In order to build up our capabilities, the College continues to actively engage members, seeking feedback and views. As part of our outreach, we have started an engagement session with newly minted anaesthesiologists who have exited from residency. We look forward to welcoming more of them as Fellows of our College. We were fortunate to have the Master of the Academy join us at the engagement session to share the work of the Academy and College and cast the future vision for the younger anaesthetists.

College of Anaesthesiologists Singapore was consulted by the Fee Benchmark Advisory Committee to look into the issue raised in its report published in November 2018. College of Anaesthesiologists Singapore is committed to improving patient safety and ensuring delivery of high-quality peri-operative care as its priority. We are well positioned to assess changes to the current operating environment and evaluate the effect of those changes on the roles and responsibilities of professionals involved in anaesthesia and peri-operative care.

The committee members engaged all relevant stakeholders in Anaesthesiology over 20 consultation sessions. They are namely Fellows of CAS, anaesthesiologists in private practice, subspecialty interest groups, surgeons, proceduralists, Fee Benchmark Advisory Committee and Ministry of Health.

I would like to thank the Committee for their hard and enterprising work. I would also like to express appreciation to the many fellows of the College and anaesthesiologists who have candidly shared their thoughts and feedback. We hope that the Fee Benchmark Advisory Committee would consider these principles when embarking on its work with Anaesthesiology.

On behalf of the College of Anaesthesiologists, I thank everyone for your support. With the collective strength of the entire Council, members and Secretariat staff, the college will carry on to uphold the spirit of improving patient care and access to safe anaesthesia.

Dr Nelson Chua
President
College of Anaesthesiologists, Singapore

COUNCIL MEMBERS 2019-2020

President	Dr Nelson Chua Ping Ping <i>Director from 18 May 2016</i>
Immediate Past President	Adj A/Prof Sophia Chew Tsong Huey <i>Director from 22 May 2010</i>
Vice President	Dr Terence Quah Chien Choon <i>Director from 18 May 2016</i>
Honorary Secretary	Dr Tan Soo Guan <i>Director from 23 May 2018</i>
Honorary Treasurer	Dr Pan Ling Te Terry <i>Director from 23 May 2018</i>
Council Members	A/Prof Seet Chuen Ping Edwin <i>Director from 23 May 2018</i> Dr Yeo Sow Nam <i>Director from 8 May 2015</i> Dr Lie Sui Ann <i>Director from 23 May 2018</i>

ANNUAL GENERAL MEETING

The College's 15th Annual General Meeting was held on 25 May 2019 (Saturday) at Conference Room 1, Level 1, Tan Tock Seng Hospital. A total of 34 Fellows attended the meeting.

COUNCIL MEETINGS

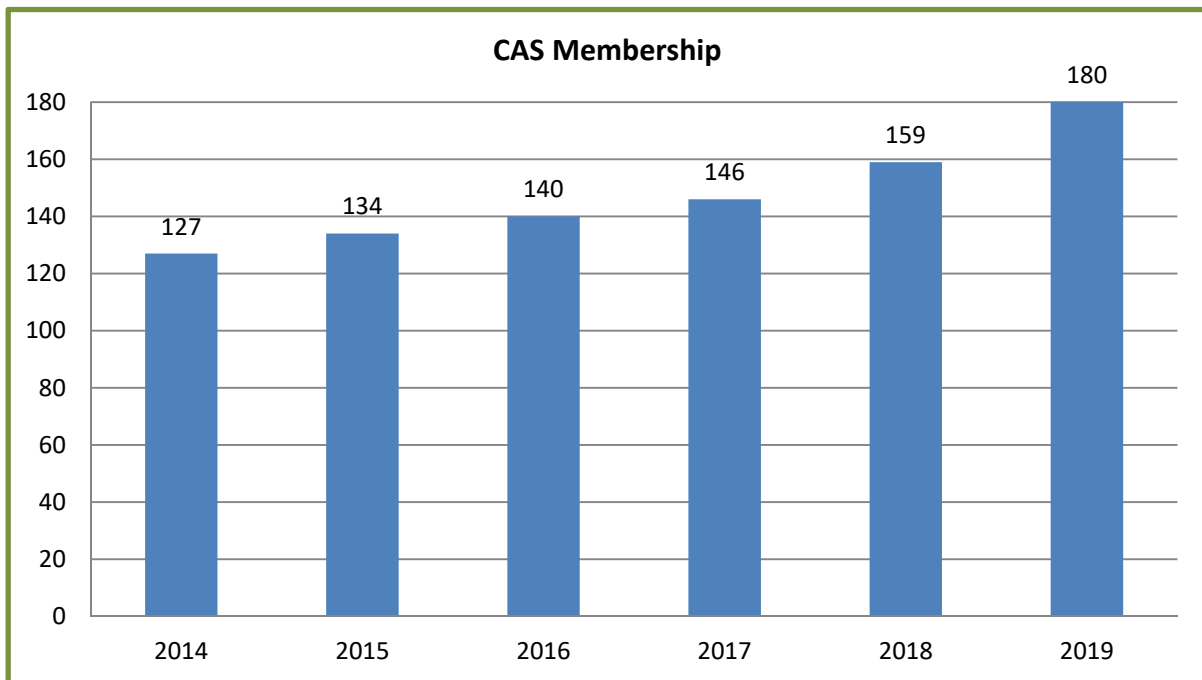
In 2019, the council has met four times to conduct the business and affairs of the College on 5 March, 25 June, 19 Sep and 26 Nov.

MEMBERSHIP

As of 31 December 2019, the College membership stood at 180 Fellows, comprising 173 Local Fellows and 7 Overseas Fellows.

The following members were admitted as Fellows of the Academy of Medicine, Singapore, (FAMS) and welcomed into CAS in 2019:

- | | |
|---------------------------|-----------------------------------|
| 1. Dr Chan Su Pin Hazel | 10. Dr See Tho Ving Yuen |
| 2. Dr Goh Qing Yuan | 11. Dr Tan Jit Ern Jonathan |
| 3. Dr Goh Shirley | 12. Dr Tan Hon Liang |
| 4. Dr Joshi Ashutosh | 13. Dr Teo Yeng Hok Alvin |
| 5. Dr Leong Xin Fang | 14. Dr Thangavelautham Suhitharan |
| 6. Dr Lew Eileen | 15. Dr Wong Weng Hoa |
| 7. Dr Ng Von Vee | 16. Dr Yeo Swan Thong Vincent |
| 8. Dr Ng Jiansheng Jensen | 17. Dr Zeng Ling Antonia |
| 9. Dr Ong Say Yang | |



ACTIVITIES

Anaesthesia Refresher Course

The College of Anaesthesiologists, Singapore (CAS) held its 13th annual Refresher Course, themed *Advancing Anaesthesia Safety and Precision Care*, on 6th-7th April 2019 at Melia Hanoi, Vietnam.

The organising committee has worked hard to put together an invigorating course where anaesthesia safety matters, professionalism and guideline updates were discussed. As a platform for anaesthetists to exchange ideas and enrich their knowledge and skills, the participants had a dynamic interaction with the speakers on issues that involved professionalism and the changing landscape of our practice. The Scientific Program was impactful and positive feedback was received from the participants.

Dr Lie Sui An Chairman of 2019 Refresher Course was joined by: Dr Raveenthiran Rasiah, President, College of Anaesthesiologists, Academy of Medicine of Malaysia; A/Prof Cong Quyet Thang, President, Vietnam Society of Anaesthesiologists; Prof Cheung Chi Wai, President, The Hong Kong College of Anaesthesiologists; A/Prof Edmund So, President, Taiwan Society of Intravenous Anaesthesia, Associate Professor, China Medical University; A/Prof Ti Lian Kah, Research Director, Department of Anaesthesia, Yong Loo Lin School of Medicine, NUS.



CAS 13th Refresher Course on 6-7 April 2019 focused on Advancing Anaesthesia Safety and Precision Care



Anaesthesia Safety Forum Discussion

Combined Anaesthetic Meetings

CAS and the Singapore Society of Anaesthesiologists had organised three Combined Anaesthesia Meetings in 2019.

Date : 16 February 2019 (Saturday)
 Theme : **Perioperative Medicine Service In SGH**
 Chaired by : Dr Hairil Rizal Abdullah *Clinical Director, Perioperative Services, Dept. of Anaesthesiology, Singapore General Hospital*
 Venue : Singapore General Hospital
 Total Attendees : 44

Date : 25 June 2019 (Saturday)
 Theme : **Neuroanaesthesia and Neurointensive Care Update**
 Chaired by : Dr Beatrice Lim, Consultant, Dept of Anaesthesiology, Intensive Care and Pain Medicine, TTSH
 Venue : Tan Tock Seng Hospital
 Total Attendees : 62

Date : 21 September 2019 (Saturday)
 Theme : **Updates in Regional Anaesthesia**
 Chaired by : Edwin Seet Chuen Ping, Associate Professor
 Head of Department, Senior Consultant
 Dept of Anaesthesiology, KTPH
 Venue : Yishun Community Hospital
 Total Attendees : 49

Staff Registrar Scheme (SRS) – Diploma in Anaesthesiology Course

The College rolled out the SRS scheme in July 2015. This was in response to the Academy of Medicine recommendation of conducting a structured diploma programme with on-the-job training for foreign doctors whose specialist degrees are not recognised by the Singapore Accreditation Board and/or whose medical schools are not recognised by the Singapore Medical Council. The program was endorsed by the Ministry of Health.

1st Intake (July 2015)

CAS congratulates the following candidates who have graduated with the Diploma in Anaesthesiology Course:

S/N	SRS Candidates (1 st Intake, July 2015)	Conferment Date
1	Dr Joselo Macachor (KTPH)	January 2019

2nd Intake (July 2016)

S/N	SRS Candidates (2 nd Intake, July 2016)	Conferment Date
1	Dr Moe War (NTFGH)	June 2019
2	Dr Maria Dhahrani Aman (SGH)	June 2019

3rd Intake (May 2018)

The following candidates are currently in training:

S/N	SRS Candidates (2 nd Intake, May 2018)	Training Progress
1	Dr Saw Nay Myo (KKH)	2 nd year
2	Dr Rhommela Garis-Duran (SKH)	2 nd year

Senior Residents Engagement Dinner

CAS held an engagement dinner on 19 Sept 2019, 7:00 pm, at Hotel Fort Canning with CAS Council and invited some of the senior residents. AMS Master, Dr Sayampanathan, attended as well and invited them to join the fraternity as Fellows and uphold the mission of promoting and advancing good clinical practices in Singapore.

Activities with CAS Partners

Co-organised by CAS

- **The Benefits and Risks of Deep Neuromuscular Blockade in Modern Anaesthesia CME Talk**, 24 April 2019 at Goodwood Park Hotel, co-organised by Bridion Suggamadex. The talk was delivered by Dr Paul Stewart from University of Sydney.
- **UTOPIA (Updates on Best Practices in Perioperative Care) Scientific Congress**, 14-14 Sept 2019 at Carlton Hotel. It was co-organised by the College of Surgeons, College of Anaesthesiologists and Fondazione Internazionale Menarini. This congress featured renowned key opinion leaders from Singapore and overseas sharing their best practices over a broad and impactful scientific programme ranging from medical ethics, peri-operative management, risk management in surgery, to continuing education as well as a glimpse at the future of medicine.
- **Sleep-Breathing in the Peri-Operative State: Beyond Obstructive Sleep Apnea CME Talk**, 30 Sept 2019 at Tan Tock Seng Hospital, co-organised with Whiterock Medical Asia. The talk was delivered by Dr Robert Joseph Thomas from Harvard Medical School.

Endorsed by CAS

- **ERAS (Enhanced Recovery After Surgery) Asia Congress 2019**, 27-28 Sep 2019 at Suntec Singapore. This year, with the support of ERAS® Society, ERAS Chapter (Singapore) and ERAS Chapter (Philippines) have organised the 1st ERAS®ASIA Congress in Singapore. This meeting was a great platform for surgeons, anesthesiologists, nurses and allied health professionals to share knowledge and practical tips on ERAS implementation, protocols and discuss controversies surrounding latest developments in perioperative care.

PILOT AMS SELF-LEARNING MODULES (SLM)

Since the launch of the pilot programme for FAMS on 8 May 2018, AMS SLM had been made available for Fellows' self learning since May 2018. As of 31 December 2019, CAS SLM had been attempted 13 times.

PROFESSIONAL MATTERS

Professional Opinions

The College has been tasked by Academy of Medicine, Singapore, to lead a multidisciplinary committee to provide the following professional opinion to external parties:

S/N	TOPIC	ORGANISATION
1	Clarification on the Guidelines On Safe Sedation Practice for Non-anaesthesiologists	Ministry of Health (MOH)

Expert Opinion Report

The Regulatory Compliance & Enforcement Division under MOH has requested an Independent Committee to Review Case of Liver Transplant Related Death [Case 2]. Dr Loo Chian Min has been tasked to chair this workgroup along with Prof Ang Tiing Leong from Chapter of Gastroenterologists.

FUTURE PLANS AND ACTIVITIES

S/N	EVENT	DATE	VENUE
1	Combined Anaesthesia Meeting 1 (with Chinese New Year 'Lo Hei')	1 Feb 2020 (Saturday)	Sengkang General Hospital
2	CAS Annual Refresher Course	30 May 2020 (Saturday)	York Hotel
3	Combined Anaesthesia Meeting 2	15 Aug 2020 (Saturday)	Changi General Hospital
4	Annual General Meeting	30 May 2020 (Saturday)	York Hotel
5	Combined Anaesthesia Meeting 3	7 Nov 2020 (Saturday)	Ng Teng Fong General Hospital

~ End of Report ~