



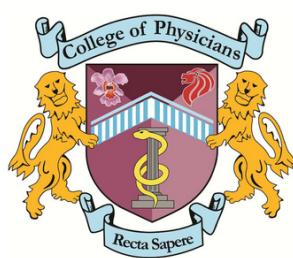
Understanding the Standards of Provision of Electrocardiography Stress Testing (EST)

28 February 2026, Saturday
9:30am - 1:00pm
via Zoom (virtual)

Course Fee: (including prevailing GST)
FAMS (Fellows of AMS): **\$272.50**
Non-FAMS: **\$490.50**
(CME Points will be accredited accordingly)



TO REGISTER, PLEASE CLICK HERE OR SCAN



CHAPTER OF CARDIOLOGISTS
COLLEGE OF PHYSICIANS, SINGAPORE



ACADEMY OF MEDICINE
SINGAPORE

A SHORT COURSE ON MEETING SUPERVISION REQUIREMENTS

The proposed Standards of Provision of Electrocardiography Stress Testing will require a minimal qualification for a doctor to supervise a treadmill is as follows:

(a) A specialist of Cardiology or Respiratory Medicine or Sports Medicine, having been accredited by the Specialist Accreditation Board; or

(b) A Family Physician with MMed (Family Medicine), having been accredited by the Family Physicians Accreditation Board; or

(c) Designated Medical Officer and above by the Department in all public hospitals; or

(d) Any doctor who has completed a MOH-approved course on meeting the EST Standards

Completion of this course as indicated in (d) will help to fulfil the requirement of the physicians who does not fulfil (a) – (c)

COURSE OUTLINE

9:30am Welcome and Introduction

by ***Dr Mohammed Rizwan and Dr Muhammad bin Idu Jion***

10:00am Set Up and Indication by ***Dr Muhammad bin Idu Jion***

- Equipment
- Staff Training: Supervisor/Reporting
- Indication

10:30am ECG Changes on a Stress Test by ***Dr Mohammed Rizwan***

- Lead Specificity/sensitivity and timing
- ST Depression and Elevation
- Non specific ST-T Changes

11:00 am Conducting a Stress Test by ***Dr Muhammad bin Idu Jion***

- Protocols and Duration of Test
- Maximal Stress Definition
- When to Stop a Test

11:30am Case Illustrations by Dr Mohammed Rizwan

12:00pm MCQs and Clarifications

by ***Dr Mohammed Rizwan and Dr Muhammad bin Idu Jion***

**THIS COURSE IS ENDORSED BY THE CHAPTER OF CARDIOLOGISTS,
COLLEGE OF PHYSICIANS, SINGAPORE**