

COLLEGE OF OBSTETRICIANS AND GYNAECOLOGISTS, SINGAPORE



PRESIDENT'S MESSAGE



DR JASON LIM SHAU KHNG

President

It is with deep humility, a strong sense of duty, and profound gratitude that I write to you as President of the College of Obstetricians and Gynaecologists, Singapore. Having formally assumed this responsibility in May 2025, I am deeply honoured to serve our College and to work alongside an exceptional community of clinicians, educators, researchers, and leaders who remain steadfast in their commitment to advancing women's health and upholding the highest standards of professional excellence.

I am privileged to lead the College together with an outstanding Council comprising Dr Tan Kai Lit as Vice President, Dr Citra Nurfarah Binte Zaini Mattar as Honorary Secretary, Dr Joella Ang Xiaohong as Honorary Treasurer, and Dr Tan Hak Koon and Dr Wang Junjie as Council Members. I am also pleased to welcome our newly appointed Section Chairs — Dr Suresh Nair as Chair of Gynaecological Endoscopy, Dr Eugene Huang Youjin as Chair of Urogynaecology, Dr Huang Zhongwei as Chair of Reproductive Medicine, and Dr Felicia Chin Hui Xian as Chair of Gynaecological Oncology — while Dr Tony Tan Yew Teck continues his dedicated service as Chair of Maternal Fetal Medicine. Collectively, this leadership team represents a breadth of expertise, experience, and vision that positions the College well for the next phase of its journey.

It is both a privilege and an honour to serve as President of the College of Obstetricians and Gynaecologists, Singapore. For decades, the College has stood as a cornerstone of professional excellence, collegiality, and service — contributing meaningfully to clinical standards, postgraduate education, research advancement, and advocacy for women's health locally and across the region. These enduring values continue to guide our work

as we respond to the evolving needs of patients, practitioners, and the healthcare system.

I would also like to express my deepest appreciation and sincere gratitude to our immediate Past President, Associate Professor Tan Lay Kok. Over the past four years, he has provided exemplary stewardship, guiding the College through a period of significant growth and transformation. Under his leadership, the College achieved numerous firsts and landmark milestones, strengthening its standing nationally and regionally. His vision, resolve, and unwavering commitment to excellence have left an indelible imprint on the College, and I am deeply mindful that I stand on the shoulders of giants as I assume this role.

As we continue to navigate an increasingly complex and evolving healthcare landscape, the role of our College remains more vital than ever. We are entrusted with upholding the highest standards of clinical excellence, advancing education and training across the continuum, supporting meaningful research and innovation, and advocating for safe, equitable, and high-quality care for women and their families. These collective endeavours are made possible only through the professionalism, dedication, and generosity of our members and fellows — as reflected in the breadth of activities, programmes, and initiatives undertaken throughout 2025.

Looking ahead, we will continue to strengthen engagement across our membership, deepen collaborations with key stakeholders, and invest in initiatives that support professional development, leadership succession, and the long-term sustainability of our specialty. These efforts will be

guided by thoughtful stewardship, inclusivity, and a commitment to ensuring that the College remains relevant, responsive, and future-ready.

As we enter 2026, beyond our continued medical education activities, my Council and I will purposefully engineer the strategic directions of the College to better align with the evolving needs and aspirations of our Members and Fellows. A key initiative will be the development of structured sub-specialty registries to enrol interested Fellows, enabling us to harness collective expertise across diverse domains. This will allow the College to more effectively tailor educational programmes, address emerging national priorities, and support initiatives such as the development of local clinical practice guidelines, consent addenda, medical expert witness programmes, and academic exchanges. We will also work towards harmonising collaborations across the public and private sectors and fostering a unified national identity for Obstetrics and Gynaecology in Singapore. Through these efforts, the College will continue to strengthen its collective voice in service of the nation. Our broader masterplan will be shared progressively in the months ahead.

Your continued and active participation, thoughtful contributions, and mentorship remain central to shaping the future direction of the College. I also warmly encourage you to inspire and support your colleagues — particularly our junior and aspiring O&G specialists — to join us in this shared endeavour, as we nurture the next generation of leaders for our profession.

I would like to express my sincere appreciation for your unwavering support, dedication, and service to our shared mission. Together, we will continue to advance obstetrics and gynaecology in Singapore, uphold the values that define our profession, and serve the needs of women and families with excellence and compassion.

As we embark on the year ahead, I extend my warmest wishes to all Members and Fellows for a meaningful and fulfilling year. May the coming year bring renewed purpose, good health, professional fulfilment, and continued strength in our collective endeavour to serve our patients and our profession.

I look forward to working closely with all of you in the year ahead.

ABOUT THE COLLEGE

The College of Obstetricians and Gynaecologists, Singapore was incorporated under the Companies Act (Registration No. 200410332N) as a Public Company Limited by Guarantee on 17 August 2004.

The College was established under the Memorandum of Association which established the objects and powers of the College and is governed under its Articles of Association. As at 31 December 2025, the College does not employ any staff. The Staff supporting the College's work are employed by the Academy of Medicine, Singapore.

REGISTERED ADDRESS

81 Kim Keat Road, #11-00, NKF Centre,
Singapore 328836

COMPANY SECRETARY

RSM Stone Forest

AUDITORS

Geetha A & Associates

OBJECTIVES



To advance the art and science of obstetrics and gynaecology and its subspecialties



To sustain and foster postgraduate education



To promote study and research into medical and scientific problems



To conduct higher professional examinations and to award diplomas

THE 2025-2026 COUNCIL



Front row from left

Dr Citra Nurfarah Binte Zaini Mattar, Dr Tan Kai Lit, Dr Jason Lim Shau Khng, Dr Tan Lay Kok and Dr Joella Ang Xiaohong

Back row from left

Dr Eugene Huang Youjin, Dr Tony Tan Yew Teck, Dr Tan Hak Koon, Dr Felicia Chin Hui Xian and Dr Huang Zhongwei

Not in picture

Dr Wang Junjie, Dr Suresh Nair, Dr Ho Tew Hong, Dr Mahesh Choolani and Dr Serene Thain Pei Ting

ELECTED COUNCIL



DR JASON LIM SHAU KHNG

President
Director (from 11 May 2016)

*Head & Senior Consultant
Obstetrics & Gynaecology
Singapore General Hospital*



DR TAN LAY KOK

Immediate Past President
Director (from 30 May 2018)

*Head & Senior Consultant
Maternal Fetal Medicine
KK Women's and Children's Hospital*



DR TAN KAI LIT

Vice President
Director (from 15 May 2021)

*Obstetrician & Gynaecologist
KL Tan Clinic & Surgery for Women*



**DR CITRA NURFARAH BINTE
ZAINI MATTAR**

Honorary Secretary
Director (from 7 June 2023)

*Senior Consultant
Division of Maternal Fetal Medicine Department of Obstetrics and
Gynaecology
National University Hospital*



DR JOELLA ANG XIAOHONG

Honorary Treasurer
Director (from 12 June 2024)

*Consultant
Obstetrics & Gynaecology
Singapore General Hospital*



DR EUGENE HUANG YOUJIN

Council Member
Director (from 20 May 2020)

*Senior Consultant
Department of Urogynaecology
KK Women's and Children's Hospital*



DR TAN HAK KOON

Council Member
Director (from 9 May 2025)

*Chairman and Senior Consultant,
Division of Obstetrics & Gynaecology, KK Women's and Children's Hospital
Senior Consultant
Department of Obstetrics & Gynaecology, Singapore General Hospital*



DR WANG JUNJIE

Council Member
Director (from 9 May 2025)

*Medical Director & Senior Consultant
Thomson Women's Clinic and Cancer Surgery*

SECTION CHAIRPERSONS



DR SURESH NAIR

Section of Gynaecological Endoscopy
Director (from 15 May 2021)

*Consultant
Obstetrician & Gynaecologist
Seed of Life, Fertility & Women's Care Medical Centre
Mount Elizabeth Novena Hospital*



DR TONY TAN YEW TECK

Section of Maternal Fetal Medicine
Director (from 7 June 2023)

*Consultant
Obstetrician & Gynaecologist,
Tony Tan Women and Fetal Clinic and Medical Director
Alvernia Obstetric Screening Centre
Mount Alvernia Hospital*



DR HO TEW HONG

*Chief of Gynaecology and Emeritus Consultant Division of Obstetrics & Gynaecology
KK Women's and Children's Hospital Senior Consultant Department of Obstetrics and Gynaecology Singapore General Hospital*



DR MAHESH CHOOLANI

*Head and Senior Consultant
Department of Obstetrics and Gynaecology
National University Hospital*



DR EUGENE HUANG YOUJIN

Section of Urogynaecology
Director (from 20 May 2020)

*Senior Consultant
Department of Urogynaecology
KK Women's and Children's Hospital*



DR HUANG ZHONGWEI

Section of Reproductive Medicine
Director (from 17 May 2025)

*Consultant
Division of Reproductive Endocrinology & Infertility
Department of Obstetrics and Gynaecology National University Hospital*



DR FELICIA CHIN HUI XIAN

Section of Gynaecological Oncology
Director (from 17 May 2025)

*Senior Consultant
Obstetrician & Gynaecologist
Gynae Onco Partners
Gleneagles Hospital*



DR SERENE THAIN PEI TING

*Head, Maternal Medicine Unit & Consultant Department of Maternal Fetal Medicine
KK Women's and Children's Hospital*

ANNUAL GENERAL MEETING

The College's 21st Annual General Meeting was held on 17 May 2025 at the Bluebird Room, Grand Copthorne Waterfront Hotel. A total of 21 Fellows attended the meeting.

MEMBERSHIP

As of 31 December 2025, the College membership stood at 257 Fellows, comprising 247 Local Fellows, 8 Overseas Fellows, 1 Associate Member and 1 Ordinary Member.

COUNCIL MEETINGS

In 2025, the Council met seven (7) times on 15 January, 19 March, 23 April, 30 April, 16 July, 3 September and 19 November 2025 to conduct the business and affairs of the College. The attendance record of the meetings is as follows:

Name	Designation	Attendance
Elected Council Members		
Dr Jason Lim Shau Khng	President	7
Dr Tan Lay Kok	Immediate Past President	6
Dr Tan Kai Lit	Vice President	4
Dr Serene Thain*	Vice President	3
Dr Citra Nurfarah Binte Zaini Mattar	Honorary Secretary	6
Dr Joella Ang Xiaohong	Honorary Treasurer	6
Dr Eugene Huang	Council Member	7
Dr Wang Junjie**	Council Member	1
Dr Tan Hak Koon**	Council Member	1

*Retired on 17 May 2025

**Joined on 17 May 2025

Name	Designation	Attendance
Section Chairpersons		
Dr Cynthia Kew Chia Yng*	Section of Gynaecological Endoscopy	2
Dr Suresh Nair**	Section of Gynaecological Endoscopy	3
Dr Wong Wai Loong*	Section of Gynaecological Oncology	2
Dr Felicia Chin**	Section of Gynaecological Oncology	2
Dr Tony Tan Yew Teck	Section of Maternal Fetal Medicine	7
Dr Suresh Nair*	Section of Reproductive Medicine	3
Dr Huang Zhongwei**	Section of Reproductive Medicine	3
Dr Arthur Tseng Leng Aun*	Section of Urogynaecology	3
Dr Eugene Huang**	Section of Urogynaecology	3

MAKING AN IMPACT: OUR WORK IN 2025

STRENGTHENING ADVOCACY TO SHAPE AND INFLUENCE HEALTHCARE POLICIES

PROFESSIONAL OPINION REQUESTS

The College provided professional opinions on the following topics requested by external parties:

S/N	Topic	Requested by
1	Revised Treatment Guidelines for Children and Adolescents with Gender Dysphoria	MOH
2	Revision of Occupational Disease Coverage in WSHA and WICA	MOM
3	ACE invitation to review and endorse the MOH ACGs on "Osteoporosis: Diagnosis and Management"	ACE
4	STRC Screening Recommendations for Osteoporosis/Osteopenia	MOH
5	Making Universal Newborn Hearing Screening Compulsory	MOH
6	2025 ACE Clinical Guideline (ACG) Topic Submission Call	ACE
7	ACE Invitation to endorse and nominate Expert Group members for 2026 ACGs - Benign prostatic hyperplasia (BPH), Chronic hepatitis B (CHB), Hereditary breast and ovarian cancer, Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD)	ACE

ADVANCING PROFESSIONALISM AND UPHOLDING COMPETENCY STANDARDS

19th Singapore International Society of Ultrasound in Obstetrics & Gynaecology (ISUOG) Approved Course in Conjunction with College of Obstetricians and Gynaecologists, Singapore

The 19th Joint SingHealth Course on Ultrasound in O&G, held in conjunction with the COGS Scientific Meeting, took place at the Grand Copthorne Waterfront from 15 to 17 May, 2025. The event welcomed nearly 177 local and international delegates and faculty.

Themed around the "5Cs" - CMV, other congenital infections, fetal CNS, CTG, and clinical peripartum management — the course focused on emerging topics of growing significance in Fetal Medicine, while also revisiting and updating core areas of peripartum care.

We were honored to have esteemed experts such as Professor Yves Ville, Professor Dario Paladini, and Professor Andrew Shennan among our faculty. Their contributions greatly enriched the programme, offering valuable insights, facilitating knowledge exchange, and fostering meaningful professional collaboration.



COGS 20th Annual Lecture and Dinner

The 20th Annual College Lecture and Dinner was held at Grand Copthorne Waterfront Hotel on 16 May 2025. The event was well-attended, with 220 participants, including College members and invited guests. We were honoured to have Dr Wong Chiang Yin, Master of the Academy of Medicine, Singapore, as our Guest-of-Honour. The event was helmed by Dr Tan Kai Lit, who served as the Organising Chairperson.

This year, we had the honor of inviting Professor Andrew Shennan to deliver the College Lecture. Professor Shennan, a Professor of Maternal and Fetal Health and Head of Department, Women's and Children's Health at King's College London, presented the 20th College of Obstetricians & Gynaecologists, Singapore Lecture titled "Making Your Innovation a Reality and Other Ways to Stay Happy".

During the dinner, Dr Tan Lay Kok, the College President, presented a medal to Dr Chan Ming Fen, the recipient of the 2025 COGS Exit Exam Award, as well as Certificates of Appreciation to the retiring Section Chairs: Dr Arthur Tseng, Dr Cynthia Kew, Dr Suresh Nair and Dr Wong Wai Loong.

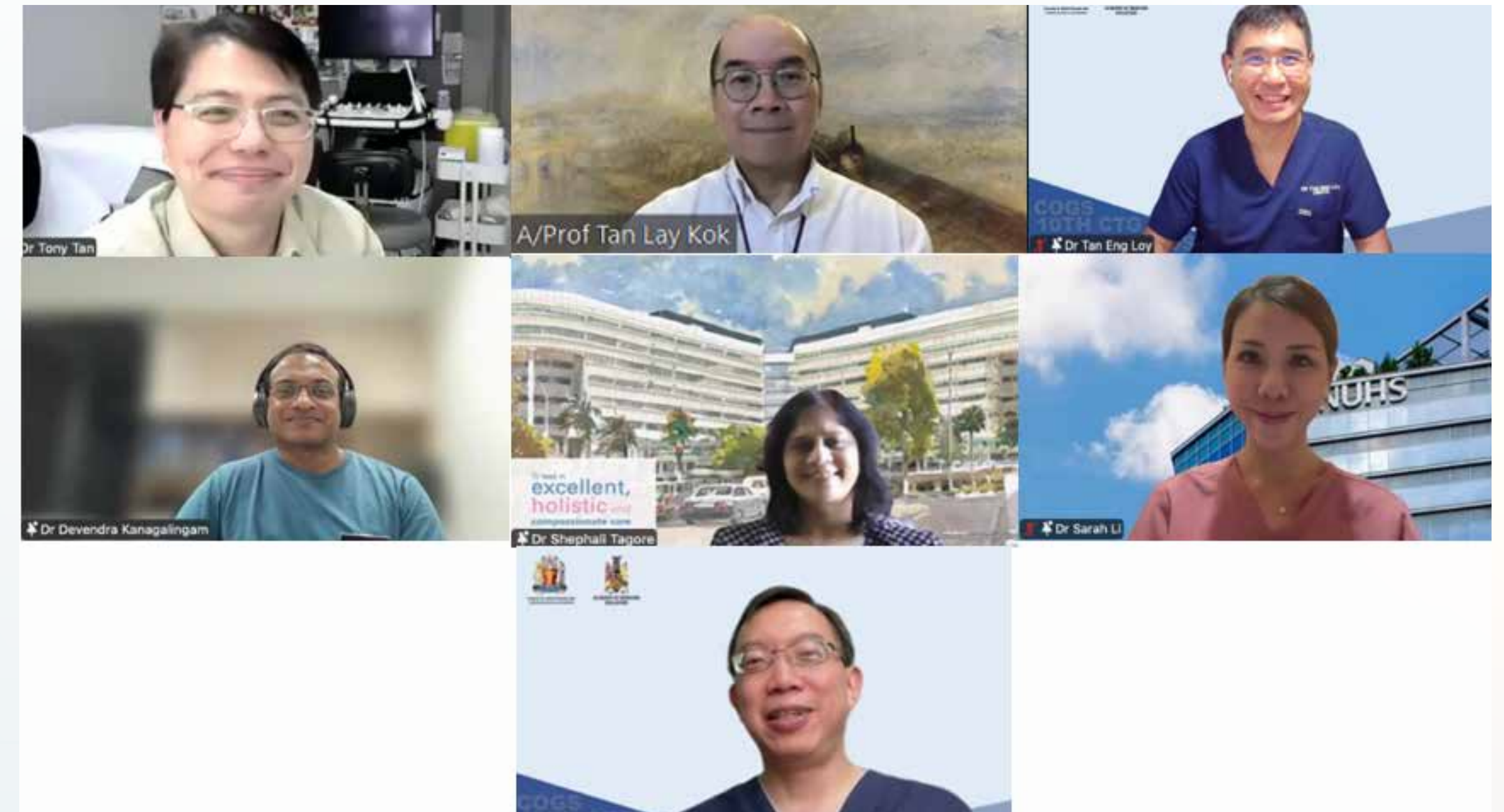


The 10th Fetal Monitoring (CTG) Masterclass

The 10th Fetal Monitoring (CTG) Masterclass took place virtually on 27 September 2025 and was chaired by Dr Tony Tan. There were 134 participants in attendance. A panel of speakers covered the following topics together with clinical case discussions:

- FIGO or NICE Classification of CTG
- Antepartum CTGs in extremely preterm pregnancies: Difficulties and Pitfalls
- Early onset FGR – Computerised CTG and Dopplers
- CTG Abnormalities from causes other than Fetal Acidaemia
- Interpretation of CTG including use of AI – Case Reports

This course received positive feedback from obstetricians and midwives in attendance. We are very grateful to Dr Tony Tan Yew Teck, Dr Tan Lay Kok, Dr Devendra Kanagalingam, Dr Shephali Tagore, Dr Tan Eng Loy and Dr Sarah Li for taking their valuable time off to share their expertise.



MRCOG Part III Practical Course

The College of Obstetricians & Gynaecologists, Singapore, in collaboration with the Royal College of Obstetricians and Gynaecologists (RCOG), successfully organised the MRCOG Part 3 Practical Course from 20 to 21 September 2025 at KK Women's and Children's Hospital, resuming the programme after a COVID-19 hiatus.

The course attracted participants from Hong Kong, India, Malaysia, and Singapore.

During the focused two-day programme, participants strengthened their clinical communication skills and exam readiness. Day One provided an overview of the UK training system, exam insights, and video-based scenario discussions. Day Two featured a practice circuit of 5 timed stations, each accompanied by structured faculty feedback, along with rotating workshops on patient safety, communication, and applied clinical knowledge. The course concluded with key teaching points and a Q&A session. UK examiners Dr Kate Collins and Mr Robert Haughney also shared valuable insights on handling the actual RCOG examination, equipping participants with practical strategies and greater confidence for the MRCOG Part 3 exam.

A total of 24 local trainers contributed to the course. The College extends its gratitude to Dr Ho Tew Hong and Dr Ada Ng for their dedication and hard work in organising this programme.



Gold Medal for Obstetrics & Gynaecology Exit Exam 2025

The Gold Medal for the Obstetrics & Gynaecology Exit Exam is awarded to the top scorer who passes the Exit Exam (at least 75%) on their first attempt. Dr Grace Chan Ming Fen has been awarded the Gold Medal for the Obstetrics & Gynaecology Exit Exam for 2025. Dr Chan is an Associate Consultant at the Department of Obstetrics and Gynaecology of National University Hospital.



CONTINUING MEDICAL EDUCATION AND MANDATORY MEDICAL EDUCATION ACTIVITIES

[Live Webinar] Subject Review on Maternal RSV Vaccination

Date	20 February 2025 (Thursday)
Discussion Topics	<ol style="list-style-type: none"> 1. How serious and how common is RSV infection in infants < 6 months old? 2. Premature births have been associated with a 1-2% increase in preterm birth when RSV vaccination is given at 24-34 weeks. Is this a random finding? What other mechanisms could cause this? 3. RCTs were done for maternal RSV vaccination at 24-34 weeks, yet one maternal RSV vaccine was licensed for use at 32-36 weeks without a similar RCT showing its efficacy during this gestation. Could the efficacy at 32-36 weeks be less than that when given at 24-34 weeks? Do we have long-term follow-up of babies born after maternal RSV vaccination? 4. Should COGS / MOH recommend that maternal RSV vaccination be offered to all pregnant women at 32-36 weeks? 5. UK and Australia recommend that all pregnant women be offered maternal RSV vaccination from 28 weeks onwards. What are your views on this approach? 6. Nirsevimab (RSV monoclonal antibody) can be given to infants < 8 months old to prevent infant RSV infection. Is this a better approach to prevent infant RSV infection? Do Obstetricians & Gynaecologists offering maternal RSV vaccination have to discuss this alternative approach with patients too?
Presenter	<p>Dr Tony Tan Chairman, Maternal Fetal Medicine Section, College of Obstetricians and Gynaecologists, Singapore Consultant Obstetrician and Gynaecologist, Mount Alvernia Hospital</p>

Panel

Dr Tan Lay Kok

President, College of Obstetricians and Gynaecologists, Singapore
 Head and Senior Consultant, Maternal Fetal Medicine Department
 KK Women's and Children's Hospital

Dr Muniswaran Ganeshan

President, Obstetrical & Gynaecological Society of Malaysia
 Maternal Fetal Medicine Consultant and Obstetrician & Gynaecologist
 Pantai Hospital Kuala Lumpur

Dr Arijit Biswas

Senior Consultant, Division of Maternal Fetal Medicine
 Department of Obstetrics and Gynaecology, National University Hospital

Dr Yung Chee Fu

Senior Consultant, Infectious Disease Service, KK Women's and Children's Hospital

Dr Leong Hoe Nam

Medical Director & Senior Consultant, Infectious Diseases Physician, Rophi Clinic

Prof David Baud

Head, Obstetric Service, Lausanne University Hospital

[Live Webinar] Updates on Endometrial Cancer

Date	11 March 2025 (Tuesday)
Speaker	<p>Dr Wang Junjie Head and Senior Consultant, Department of Gynaecological Oncology KK Women's and Children's Hospital</p>

[Live Webinar] OASI Care Bundle Symposium 2025

Date 9 May 2025 (Friday)

Topics and Speakers

Epidemiology and Risk Factors for OASI in Singapore

Dr Jill Lee

Consultant, Obstetrician & Gynaecologist
Urogynaecology, KK Women's and Children's Hospital

OASI Care Bundle

Dr Raneer Thakar

President, Royal College of Obstetricians and Gynaecologists, UK

What our Patients know about Pelvic Floor Disorders

Dr Li Xin Yi

Consultant, Obstetrician & Gynaecologist
Urogynaecology, KK Women's and Children's Hospital

What to Teach Patients for Antenatal Pelvic Floor Disorders

Ms Jenna Kee

Senior Physiotherapist, KK Women's and Children's Hospital

How do I do this in a busy Obstetrics Clinic?

A/Prof Manisha Mathur

Deputy Head, Department of Obstetrics and Gynaecology
KK Women's and Children's Hospital

Moderators

Dr Arthur Tseng

Chair, Section of Urogynaecology
College of Obstetricians and Gynaecologists, Singapore

Dr Jason Lim

Head, Department of Obstetrics and Gynaecology, Singapore General Hospital
President-Elect, College of Obstetricians and Gynaecologists, Singapore

A/Prof Tan Lay Kok

Head, Department of Maternal Fetal Medicine, KK Women's and Children's Hospital
President, College of Obstetricians and Gynaecologists, Singapore

[Lecture] Life Threatening Diseases in Pregnancy and the Value of Ultrasound

Date 21 May 2025 (Thursday)

Speaker

Prof. Dr. med. Wolfgang Henrich

Professor, Medical Doctor and Medical Director
Department of Obstetrics, Charité – Universitätsmedizin Berlin



[Live Webinar] Journal Review: Induction of Labour for Suspected Large for Gestational Age Fetus

Date	4 June 2025 (Wednesday)
Discussion Topics	<ol style="list-style-type: none">1. Should fetuses with EFW/AC \geq 90th percentile at 35-36 weeks be offered IOL at 38 weeks?2. How to counsel regarding the pros and cons of IOL vs. expectant management for suspected macrosomic fetuses?3. When to offer elective CS instead of IOL for suspected macrosomic fetuses?4. What are the other current indications to offer IOL?5. Should third trimester growth scan be done routinely at 36 weeks?6. For diabetic pregnancies, when should we offer IOL and when should we offer CS?
Presenter	Dr Tony Tan Chairman, Maternal Fetal Medicine Section, College of Obstetricians and Gynaecologists, Singapore Consultant Obstetrician and Gynaecologist, Mount Alvernia Hospital
Panel	Dr Tan Lay Kok Head and Senior Consultant, Department of Maternal Fetal Medicine KK Women's and Children's Hospital Dr Muniswaran Ganeshan President, Obstetrical & Gynaecological Society of Malaysia Maternal Fetal Medicine Consultant and Obstetrician & Gynaecologist Pantai Hospital Kuala Lumpur Dr Leung Tak Yeung Assistant Dean, Faculty of Medicine, The Chinese University of Hong Kong Dr Arijit Biswas Senior Consultant, Division of Maternal Fetal Medicine Department of Obstetrics and Gynaecology, National University Hospital Dr Devendra Kanagalingam Lead Labourist and Senior Consultant Department of Obstetrics and Gynaecology, Singapore General Hospital Dr Lai Fon Min Obstetrician and Gynaecologist, Camden Medical Centre

[Live Webinar] Paracetamol in Pregnancy – What are the Controversies?

Date	5 November 2025 (Wednesday)
Topics & Speakers	Review of studies that link prenatal use of paracetamol to increased risks of genital abnormalities, neurodevelopmental delays and poorer reproductive outcomes amongst offsprings Dr Tony Tan Chairman, Maternal Fetal Medicine Section College of Obstetricians and Gynaecologists, Singapore Review of studies that show that paracetamol use in pregnancy is safe Dr Serene Thain President, Obstetrical & Gynaecological Society of Singapore International consensus statements on the use of paracetamol in pregnancy Dr Tan Lay Kok Immediate Past President, College of Obstetricians and Gynaecologists, Singapore

APPRECIATION

The College records its appreciation to all Fellows for their unfailing support and efforts rendered in the past year for ongoing projects and activities. The College also places on record its appreciation of the Secretariat.