

COLLEGE OF PUBLIC HEALTH AND OCCUPATIONAL PHYSICIANS



DR GAN WEE HOE
President

PRESIDENT’S MESSAGE

Happy New Year and warm greetings to all Fellows and Members of the College of Public Health and Occupational Physicians as we begin 2026.

The past year has been one of meaningful progress and strong collegial spirit for the College. Against the shifts in public health and occupational health imperatives globally and in Singapore, our Fellows have continued to contribute actively to advancing population health, workforce wellbeing, and system resilience in Singapore and beyond. The College remains steadfast in its mission to equip the practitioner and enrich the community, supporting our members in navigating increasingly complex public health challenges.

Looking back at 2025, a key highlight was the successful 19th Public Health and Occupational Medicine Conference, which brought together thought leaders and practitioners for rich discussions on emerging frontiers in health. This was complemented by our study trip to Thailand, where Fellows gained valuable insights through site visits and exchanges with regional counterparts. Beyond education, the College strengthened its advocacy efforts with regional occupational medicine bodies and societies, reinforcing our role as a trusted professional voice. Equally important were the many opportunities for fellowship and bonding, with well-attended dinners organised throughout the year that fostered camaraderie and strengthened our professional community.

As we look ahead to 2026, the College will continue to build on this strong foundation. We look forward to hosting the 20th Public Health and Occupational Medicine Conference from 13–14 August 2026, where we are honoured to welcome Minister for Defence, Mr Chan

Chun Seng as our Guest-of-Honour. Plans are also underway for our next study trip in the second half of 2026, potentially to China, which will provide further opportunities for learning and exchange. At the same time, we will deepen our engagement with public health and occupational medicine organisations both regionally and internationally, strengthening partnerships and advancing our shared agenda.

This year also marks a leadership transition for the College. It has been my privilege to serve as President, an appointment which I will be handing over to Dr Brian See after the College’s Annual General Meeting in May 2026. Brian brings with him a wealth of leadership experience and a deep passion for advancing public health, occupational medicine, and aviation medicine. His commitment to professional excellence and vision for strengthening the College’s impact will serve our Fellows, Members and the broader community well.

As we embark on the year ahead, I encourage all Fellows and Members to continue participating actively in the College’s initiatives and to support one another in our shared mission. I look forward to seeing the College continue to grow in strength, relevance, and impact.

To good health and a purposeful 2026.

ABOUT THE COLLEGE

The College of Public Health and Occupational Physicians was inaugurated on 1 February 2013, from the Chapter of Public Health and Occupational Physicians, which was founded in 1980. As part of the Academy, the College is a professional institution of Public Health, Occupational Medicine and Aviation Medicine specialists to advance the art and science of Preventive Medicine in Singapore through postgraduate specialist training, maintenance of high standards and ethical integrity through continuous professional development. The College provides professional leadership and makes recommendations to the Academy on respective specialist qualification and training. The College engages challenges related to the health and well-being of the population, and its Fellows serve on many national academic, training and intervention programmes.

Vision and Mission

The vision of the College is to be an Entrusted Profession for a Healthy Population. The mission of the College is to promote and protect the health and well-being of everyone in society by:

- Equipping the practitioner
- Enriching our community
- Exemplifying excellence
- Engaging public health challenges



THE 2025-2026 COUNCIL



Front row from left:

Dr Jason Yap (Vice President), Dr Gan Wee Hoe (President), Dr Jake Goh (Honorary Secretary)

Back row from left:

Dr Adelina Young (Co-opted Member), Dr Joshua Wong (Council Member), Dr Alvin Koh (Honorary Treasurer), Dr Benjamin Tan (Co-opted Member), Dr Priyanka Rajendram (Co-opted Member)

Not in Picture:

Dr Brian See (President-Elect), Dr Kyle Tan (Council Member), Dr Zeenathnisa Mougammadou Aribou (Co-opted Member)

COUNCIL MEMBERS



DR GAN WEE HOE

President



DR BRIAN SEE

President-Elect



DR JASON YAP

Vice President



DR JAKE GOH

Honorary Secretary



DR ALVIN KOH

Honorary Treasurer



DR KYLE TAN

Council Member



DR JOSHUA WONG

Council Member



**DR ZEENATHNISA MOUGAMMADOU
ARIBOU**

Co-opted Member



DR PRIYANKA RAJENDRAM

Co-opted Member



DR BENJAMIN TAN

Co-opted Member



DR ADELINA YOUNG

Co-opted Member

ANNUAL GENERAL MEETING

The 12th Annual General Meeting of the College was held on 27 May 2025. 23 Fellows attended the meeting.



MEMBERSHIP

The membership of the College stood at 164 as of 31 December 2025, comprising 143 Local Fellows, 11 Overseas Fellows, 7 Ordinary Members, and 3 Associate Members.

The following member was admitted as a Fellow of the Academy of Medicine, Singapore, and welcomed into the College in 2025:

- Leonora Liu Yi Rong

The following were admitted as Ordinary Members of the Academy of Medicine, Singapore, and welcomed into the College in 2025:

- Sean Lim Lig Chuang
- Andrew Phua Ian Hong
- Simon Ong Jian Chong
- Paul Yuen Jun Xian

MAKING AN IMPACT: OUR WORK IN 2025

STRENGTHENING ADVOCACY TO SHAPE AND INFLUENCE HEALTHCARE POLICIES

PROFESSIONAL OPINION REQUESTS

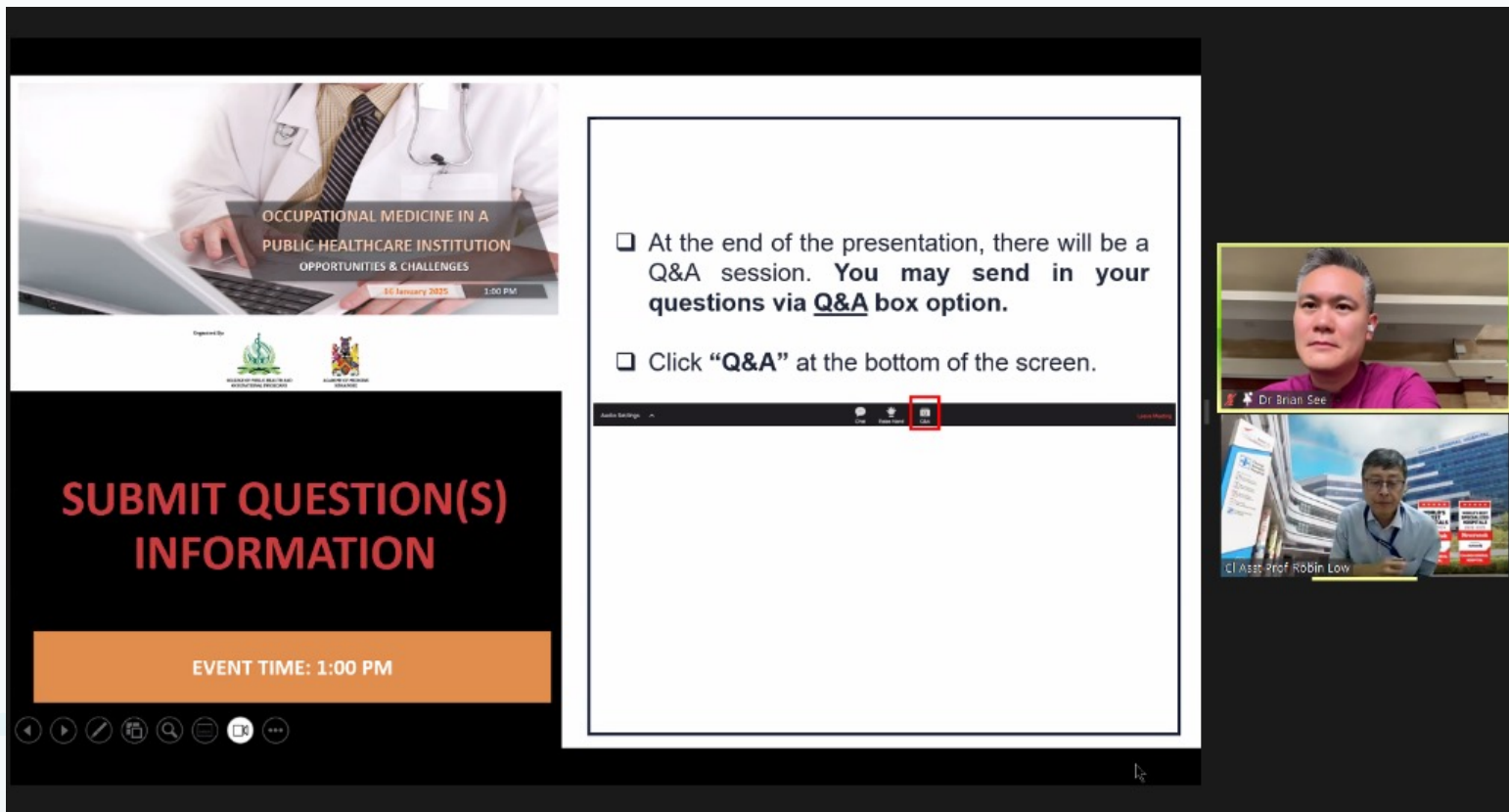
The College provided professional opinions on the following topics requested by external parties:

S/N	Topic	Requested by
1	Communicable Diseases Agency (CDA) invitation to review Singapore’s One Health Masterplan (ONEHealthSG)	CDA
2	Singapore Stroke Rehabilitation Guidelines and Toolkit	MOH
3	Revision of Occupational Disease Coverage in WSHA and WICA	MOM
4	Industry Consultation for WSH Guidelines on Diagnosis and Management of Occupational Diseases	MOM
5	STRC Screening Recommendations for Osteoporosis/Osteopenia	MOH
6	Singapore National Dengue Clinical Guideline	NCID

ADVANCING PROFESSIONALISM AND UPHOLDING COMPETENCY STANDARDS

CONTINUING MEDICAL EDUCATION (CME) SESSION: OCCUPATIONAL MEDICINE IN A PUBLIC HEALTHCARE INSTITUTION – OPPORTUNITIES AND CHALLENGES

The College organised the virtual CME lecture entitled “Occupational Medicine in A Public Healthcare Institution – Opportunities & Challenges” on 16 January 2025, chaired by Dr Brian See. We were honoured to invite Clinical Asst Professor Robin Low, Director of the Changi Aviation Medicine Centre at Changi General Hospital, to share his insights.



19TH SINGAPORE PUBLIC HEALTH AND OCCUPATIONAL MEDICINE (PHOM) CONFERENCE

This year’s 19th PHOM was held on 23–24 October 2025 with the theme “Achieving Healthier Populations in an Evolving World”.

Our Guest-of-Honour was Dr Koh Poh Koon, Senior Minister of State for the Ministries of Health and Manpower.



Following his speech, Dr Koh Poh Koon presented the College of Public Health and Occupational Physicians Lifetime Achievement Award to Dr Lee Hock Siang. This prestigious award is presented to exceptional individuals who have made significant and impactful contributions to the fields of Public Health, Occupational Medicine, and Aviation Medicine. Dr Sylvia Teo delivered the citation for Dr Lee Hock Siang.



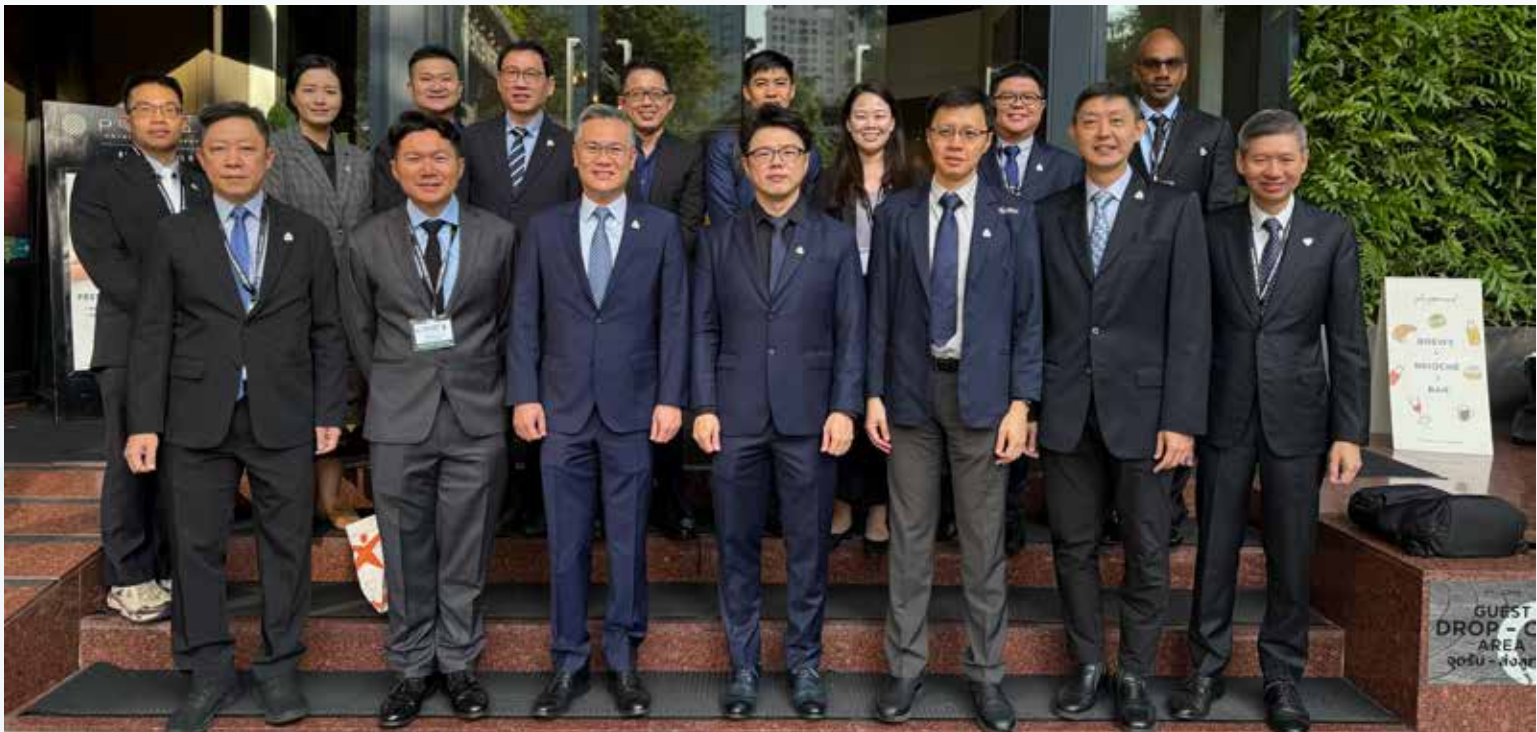
Members of the 19th PHOM Conference Organising & Scientific Committees
(From Left) Dr Walter Lam (Member, Scientific Committee), Dr Cheryl Chong (Member, Scientific Committee), Dr Wai Kit Fung (Member, Scientific Committee), Dr Joshua Wong (Treasurer), Dr Wong Chia Siong (Chair, Scientific Committee), Dr Lim Dwee Wee (Chair, Organising Committee), Dr Adelina Young (Vice-Chair, Organising Committee), Dr Arthur Chern (Member, Organising Committee), Dr Christina Png (Member, Organising Committee), Dr Wycliffe Wei (Member, Organising Committee), Dr Lim Ther (Member, Organising Committee), Dr Raymond Lim (Member, Organising Committee)

COLLEGE FELLOWS' DINNER

The College organised a Fellows' Dinner on the first day of the 19th PHOM 2025 at Sky22 @ Courtyard by Marriott. 39 Fellows gathered to socialise, network, and catch up with friends during the conference.

STUDY TRIP 2025: BANGKOK, THAILAND

The College organised its 4th study trip to Japan from 26 to 28 November 2025, with a total of 17 Fellows participating. Our Fellows learnt a lot from our Thai colleagues, while strengthening our social and professional linkages. Throughout the two and a half days, our Fellows also had the chance to reconnect with one another and build a strong sense of community.



We would like to acknowledge the organising committee, Dr Clive Tan, Dr Jake Goh, Dr Joshua Wong and Dr Christina Png, for planning and coordinating the sessions with our Thai colleagues.



Visit to the Thai Health Promotion Foundation



Visit to Chulalongkorn University



Visit to Praram 9 Hospital



Caring for the vulnerable groups in society – visit to a programme by the Ministry of Public Health



Visit to Nopparat Rajathanee Hospital



Thank You Dinner with Thai Speakers and Faculty

COLLEGE OF PUBLIC HEALTH AND OCCUPATIONAL PHYSICIANS TRAVEL ASSISTANCE FUND

The College of Public Health and Occupational Physicians Travel Assistance Fund enables Fellows of the College to attend conferences, seminars, workshops, and meetings. Through participation in these activities, the College aims to develop ties and collaborate with public health colleges in other countries and promote the College’s annual PHOM conference. The grant may include registration fees for the meeting, return economy class airfare, and accommodation.

In 2025, the College extended the grant to the following recipient:

Recipient	Conference	Date
Dr Chia Sin Eng	17th Indonesian Occupational Medicine Updates: The Future of Work: Prioritizing Health for Greater Productivity	17–18 May 2025

APPRECIATION

The College wishes to record its thanks to all Fellows and friends who have supported the various activities throughout the year. The College also places on record its appreciation of the Secretariat for the hard work and excellent support in the past year.

