

COLLEGE OF PUBLIC HEALTH AND OCCUPATIONAL PHYSICIANS



Dr Gan Wee Hoe
President

PRESIDENT'S MESSAGE

Happy New Year and greetings to all College Fellows and Members at the start of a new year in 2025.

Last year has been a busy and impactful one for the College of Public Health and Occupational Physicians (CPHOP). With Healthier SG underway, there is a decisive shift towards public and preventive health in our national mission to promote healthy ageing and reduce the chronic disease burden in our population. Many of our Fellows are directly involved in or contributing towards this national initiative.

Nationally on the occupational and aviation medicine fronts, there has been a similar emphasis in the occupational health prevention, protection and promotion of an ageing workforce. The focus extends beyond physical health to encompass psychological wellbeing, requiring practitioners to go beyond the conventional coverage of occupational and aviation medicine.

To this end, the College is committed to support our Fellows and Members in engaging public health challenges and exemplifying excellence through equipping the practitioner and enriching the community, all of which underscore the College's mission.

Looking back at the key highlights of 2024, we successfully organised the 18th Public Health and Occupational Medicine Conference ("Frontiers in Health"). This is against the backdrop of several Continuing Medical Education sessions over last year. To cap off the learning journey, the study trip to Tokyo in end November 2024 saw participating Fellows immersed in various site visits, which enabled them to learn about Japan's eldercare policies and ecosystem, as well as the occupational health management of the workforce in a multinational company.

The College has also been asked by the Ministry of Health to provide professional inputs on national guidelines, including on smoking cessation, and the Screening Test Review Committee's guidelines on

ABOUT THE COLLEGE

The College of Public Health and Occupational Physicians (CPHOP) was inaugurated on 1 February 2013, from the Chapter of Public Health and Occupational Physicians founded in 1980. As part of the Academy of Medicine, Singapore, the College is a professional institution of Public Health, Occupational Medicine and Aviation Medicine specialists to advance the art and science of Preventive Medicine in Singapore through postgraduate specialist training, maintenance of high standards and ethical integrity through continuous

professional development. The College provides professional leadership and makes recommendations to the Academy on respective specialist qualification and training. The College engages challenges related to the health and well-being of the population, and its Fellows serve on many national academic, training and intervention programmes.

cervical and colorectal cancers, among others. I would like to thank our Fellows who stepped up to the call to review these national guidelines.

Looking forward to 2025, our educational mission to equip the practitioner and national advocacy role to enrich the community will continue to anchor the College's activities. In addition, the Council will see a rejuvenation with a call for Counsellor nominations for Counsellors who have completed their existing terms, as well as the nomination call for President-Elect, who will take over me as the College President in 2026.

This year therefore promises to be another exciting one. I would like to encourage our Fellows and Members to participate actively in the College's events and I look forward to engaging with many of you in the course of the year.

To good health and abundant joy in a purpose-filled 2025!

VISION AND MISSION

The vision of the College is to be an Entrusted Profession for a Healthy Population. The mission of the College is to promote and protect the health and well-being of everyone in society by:

- Equipping the practitioner
- Enriching our community
- Exemplifying excellence
- Engaging public health challenges

COLLEGE COAT OF ARMS & MOTTO

The crest represents the core focus of public health, occupational medicine and aviation medicine:

- The circle of people with linked hands represents the community and population at large.
- The Rod of Asclepius marks the taking up the responsibility and gaining the knowledge required to ensure good health and workplace safety practice.
- The globe represents setting Singapore as the benchmark to the world.
- Treatment and cure provided by occupational and aviation medicine physicians, represented by the garland uplifting the whole process, are needed when prevention has not been successful.
- The Academy, learning and knowledge of our fellows are represented by the open book.

The motto of the College is Populi Salus Summa, which is Latin for Advancing the Health of Populations.

COLLEGE COUNCIL 2024 – 2025



Dr Gan Wee Hoe
President



Dr Brian See
Vice President



Dr Jake Goh
Honorary Secretary



Dr Alvin Koh
Honorary Treasurer



Dr Chng Jeremiah
Council Member



Dr Kyle Tan
Council Member



Dr Joshua Wong
Council Member



Dr Liu Jiaming
Co-Opted Member



Dr Benjamin Tan
Co-Opted Member



Dr Adeline Young
Co-Opted Member

11TH ANNUAL GENERAL MEETING

The 11th Annual General Meeting (AGM) of the CPHOP was held on 20 May 2024. It was attended by some 23 fellows who came to support and witness the 11th Council of the College take office.



The 11th Council for the year council term 2024 - 2025 included:

President	Dr Gan Wee Hoe
Vice President	Dr Brian See
Honorary Secretary	Dr Jake Goh
Honorary Treasurer	Dr Alvin Koh
Council Members	Dr Chng Jeremiah Dr Kyle Tan Dr Joshua Wong
Co-opted Members	Dr Liu Jiaming Dr Benjamin Tan Dr Adelina Young



Members of the 11th Council Term 2024-2025:

Seated [from left] Dr Jake Goh (Honorary Secretary), Dr Gan Wee Hoe (President), Dr Alvin Koh (Honorary Treasurer)

Standing (from left) Dr Kyle Tan (Council Member), Dr Joshua Wong (Council Member) Dr Chng Jeremiah (Council Member), Dr Benjamin Tan (Co-opted Member)

MEMBERSHIP

The membership of the College stood at 161 as of 31 December 2023. The College membership consisted of 139 Local Fellows, 11 Overseas Fellows, 8 Ordinary Members and 3 Associate Member.

The following were admitted as Fellows of the Academy of Medicine, Singapore (CPHOP) in 2024:

- Lim Boon Tar Raymond
- Lim Hui Fen, Rachel

The following were admitted as Ordinary Members of the Academy of Medicine, Singapore (CPHOP) in 2024:

- Boey Yang
- Png Hui Ying Christina
- Seah Zhi Qiang Benjamin

The College would like to take this opportunity to welcome all who had joined in 2024.

MAKING AN IMPACT: OUR WORK IN 2024

STRATEGIC PRIORITY 1: STRENGTHEN ROLE IN ADVOCACY TO SHAPE AND INFLUENCE IMPORTANT HEALTHCARE POLICIES

Professional Opinions

The College provided professional opinions on various topics at the request of various external parties. The professional opinions provided are listed below:

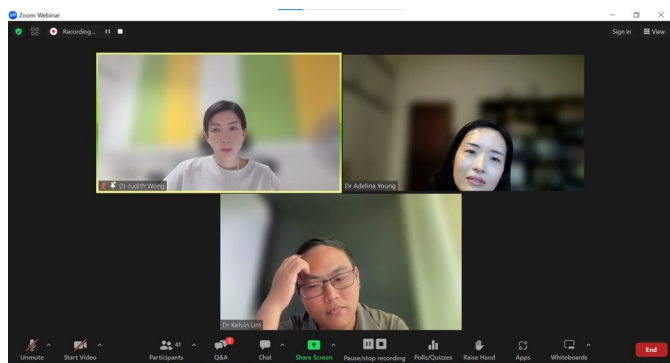
Date	Topic	Org
2 Sep 2024	MOM Guidance Document Protection of Hearing at Recreational or Community	MOM
3 Sep 2024	Events Nominees for STRC Osteoporosis/Osteopenia workgroup	MOH

23 Oct 2024	STRC Screening recommendations for DHL and Obesity & breast cancer	ACE
6 Nov 2024	Draft contents of the consumer guide and professional guidance on the Moratorium on Genetic Testing and Insurance	MOH

STRATEGIC PRIORITY 2: TAKING A MORE ACTIVE ROLE IN ADVANCING PROFESSIONALISM & UPHOLDING COMPETENCY STANDARDS

CME SESSION: “Inter-disciplinary Approach to Communicable Disease Control”

The College organised the virtual CME lecture on “Inter-disciplinary Approach to Communicable Disease Control” on 10 June 2024, chaired by Dr Adelina Young. We were honoured to invite Dr Kelvin Lim and Dr Judith Wong to share their insights. It was held virtually on Zoom.



18th Singapore Public Health & Occupational Medicine (Phom) Conference

This year's 18th PHOM was held on 23-24 September 2024 with the theme of 'Frontiers in Health'.

Our Guest of Honour was Ms Lai Wei Lin, Permanent Secretary (Policy and Development), Ministry of Health.



Following her speech, Ms Lai Wei Lin witnessed Dr Wong Chiang Yin presenting the prestigious CPHOP Lifetime Achievement Award to the Dr Chew Suok Kai. This prestigious award is presented to exceptional individuals who have made significant and impactful considerations to the fields of Public Health, Occupational Medicine and Aviation Medicine. A/Prof Jeffrey Cutter delivered the citation for Dr Chew Suok Kai.



Dr Chew Suok Kai receiving the CPHOP Lifetime Achievement Award 2024



Members of the 18th PHOM Conference Organizing & Scientific Committee:

Seated [from left] Dr Elliot Eu (Treasurer), Dr Lim Huai Yang (Chair, Scientific Committee), Dr Lim John Wah (Chair, Organizing Committee), Dr Jake Goh (Vice-Chair, Organizing Committee), Dr Sylvia Lim (Vice-chair, Scientific Committee)
Standing [from left] Dr Benjamin Seah, Dr Tyson Chan, Dr M Premikha, Dr Celine Tan, Dr Anne Goei, Dr Lim Ther, Dr Lim Dwee Wee, Dr Lim Gim Hui

College Fellows' Dinner

The College organized a Fellows' Dinner on the first day of the 18th PHOM 2024 at the Atrium Restaurant, Holiday Inn Atrium Level 4. 45 Fellows gathered together to socialize, network, and catch up with friends during the conference.

Study Trip 2024: Tokyo, Japan

The College organized its 3rd study trip to Japan from 27 to 29 November 2024 with a total of 19 Fellows participating in the study trip. Fellows learnt a lot from our Japan friends, while strengthening our social and professional linkages. Throughout the two and half days, our Fellows also had the chance to reconnect with one another and build a strong sense of community.



Within our College, we would like to acknowledge the organizing committee, Dr Daniel Lee, Dr Wong Chiang Yin, Dr Ng Yih Yng and Dr Jeremy Lim for organizing and coordinating the sessions with their Japan counterparts.



College Of Public Health & Occupational Physicians Travel Assistance Fund

The College has a travel assistance fund to sponsor its Fellows to attend overseas meetings and conferences. Through the participation in these activities, the College aims to: (a) develop ties and collaborate with public health colleges in other countries; and (b) promote the College's annual Public Health and Occupational Medicine conference. Funding may include registration fee for the meeting, return economy class airfare and accommodation. For the year 2024, there was one application submitted.

College Of Public Health & Occupational Physicians Newsletter

The College published a total of 8 Snippets in 2024.

APPRECIATION

The College wishes to record its thanks to all Fellows and friends who have supported the various activities throughout the year. The College also places on record its appreciation of the Secretariat for their hard work and excellent support in the past year.