

The College of Public Health and Occupational Physicians was inaugurated on 1 February 2013, from the Chapter of Public Health and Occupational Physicians founded in 1980. As part of the Academy of Medicine, Singapore, the College is a professional institution of Public Health, Occupational Medicine and Aviation Medicine specialists to advance the art and science of Preventive Medicine in Singapore through postgraduate specialist training, maintenance of high standards and ethical integrity through continuous professional development. The College provides professional leadership and makes recommendations to the Academy on respective specialist qualification and training. The College engages challenges related to the health and well-being of the population, and its Fellows serve on many national academic, training and intervention programmes.

FOREWORD BY COLLEGE PRESIDENT

Dear Fellows of the College of Public Health and Occupational Physicians,

Thank you for your support to the College Council over the past year. At our last AGM on 12 May 2017, we discussed on what the College can do to meet our College's Vision, Mission and Values, including engaging the broader public health community. We committed to continue developing professional activities, and look into organizing social and networking events. We have also been working closely with AMS on key issues that affect the broader medical and specialist community, and our Fellows have participated in many of these engagements and activities.



We have continued to organize continuing medical education (CME) activities, often coupled with social events to bring our Fellows closer together. We have also continued to invite the Preventive Medicine residents to these events to engage them early to introduce them to the activities of the College and to encourage them to consider joining the college when they complete their training. We supported several National Preventive Medicine Grand Rounds where Fellows are encouraged to attend to discuss topical issues of interest with the residents.

With regards to engaging the broader public health community, we noted the interest by various stakeholders to explore setting up a platform for professional development and exchange, and the College will look to engage with and support any future initiatives. We will continue to explore this issue with our Fellows, and welcome suggestions on this issue.

2017 also saw the successful organization of the 12th Singapore PHOM Conference, which was incorporated as part of the 51st Singapore-Malaysia Congress of Medicine (SMCM) in support of the 60th anniversary of the Academy of Medicine, Singapore. This allowed us to hold joint events to enable cross attendance from other specialties, including partnering with 7 colleges and chapters to organize joint conference sessions on 42 different topics. More than 400 people attended the SMCM. At this year's PHOM Conference, we awarded Prof David Koh with the College's Lifetime Achievement Award for his work on and scholarly contributions to occupational health in Singapore and globally. The Fellows' lunch held during the conference saw 40 Fellows attending this annual event, where AMS Master Dr S R E Sayampanathan updated everyone on the direction and activities of AMS, and Prof David Koh shared his insights and career achievements.

This year also saw 3 new Fellows joining the College - the membership breakdown and statistics are outlined in the Annual Report. We hope that more public health, occupational medicine, and aviation medicine specialists will join our community in the future.

COLLEGE COUNCIL 2017 - 2018



Seated (left to right):

Dr Clive Tan (Honorary Treasurer), Dr Vernon Lee (President), Dr Jason Yap (Vice President), Dr Lim John Wah (Honorary Secretary)

Standing (left to right):

Dr Gan Wee Hoe (Co-Opted Member), Dr Kenneth Choy (Council Member), Dr Mona Toh (Council Member), Dr Angela Chow (Council Member)

4th ANNUAL GENERAL MEETING

The 4th Annual General Meeting (AGM) of the College of Public Health & Occupational Physicians was held on 12 May 2017. It was attended by some 12 fellows who came to support and witness the 4th Council of the College takes office.

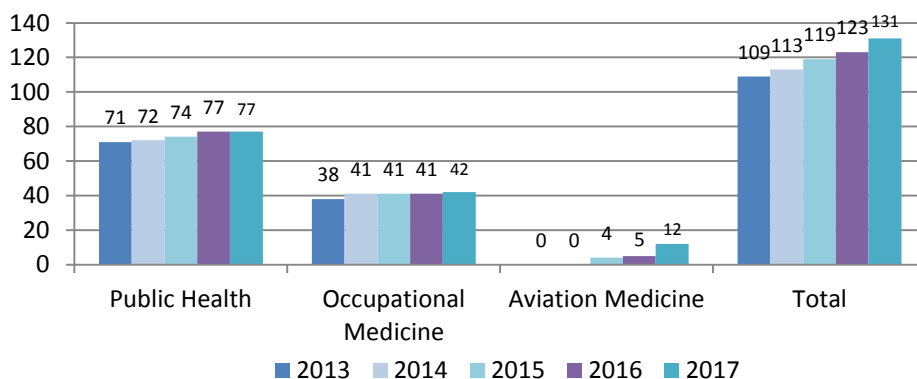
The 4th Council for the year council term 2017 - 2018 were:

President	: Dr Vernon Lee
Vice President	Dr Jason Yap
Honorary Secretary	: Dr Lim John Wah
Honorary Treasurer	: Dr Clive Tan
Council Members	: Dr Angela Chow Dr Kenneth Choy Dr Toh Cheong Mui, Mona
Co-opted Members	: Dr Gan Wee Hoe

MEMBERSHIP

The Membership of the College stood at 131 as of 31 December 2017.

The College Membership consisted of 121 Local Fellows, 9 Overseas Fellows and 1 Ordinary Member.



The following was admitted as Fellow of the Academy of Medicine, Singapore (CPHOP) in 2017:

- Dr Koh David
- Dr Tan Chiang Lee Marcus
- Dr Wong Ting Hway

The College would like to take this opportunity to welcome all who had joined in 2017.

ACTIVITIES

51st Singapore-Malaysia Congress of Medicine and 12th Singapore Public Health & Occupational Medicine Conference

The 12th annual Public Health and Occupational Medicine (PHOM) Conference was held from 21 to 23 July 2017, at the Grand Copthorne Waterfront Hotel. This year's conference was held in conjunction the 51st Singapore-Malaysia Congress of Medicine (SMCM), organised by the Academy of Medicine.



Dr Clive Tan, Chairman of the 12th PHOM Conference, delivering the Opening Address

Building upon a last year's highly successful 11th PHOM Conference chaired by Dr Eugene Shum, the 2017 conference chaired by Dr Clive Tan was themed "Moving Forward, Staying Ahead". The conference gathered together more than 300 experts, researchers, healthcare professionals, policy-makers and industry leaders from Singapore and the Asia-Pacific region to share insights and seek cross-disciplinary solutions for our health system's ever-dynamic challenges.

Professor Fung Hong, President of the Hong Kong College of Community Medicine, kicked off the conference with the Plenary Keynote on the topic "Rethinking Health System Leadership", highlighting the complex nature of healthcare and the concept of distributed leadership, and then sharing his thoughts on how healthcare sector leaders should be developed.

This year's PHOM Conference took on a strong collaborative approach, with several breakout sessions thoughtfully designed to bring together experts from different disciplines and sectors together to address a complex problem collaboratively and holistically.



At the Opening Ceremony of the 12th PHOM Conference: [from left] RADM (Dr) Tang Kong Choong, Prof Ivy Ng, Prof Chia Kee Seng, A/Prof Vernon Lee, Prof David Koh, Guest-of-Honour, Senior Minister of State for the Ministry of Health, Dr Lam Pin Min, Dr S R E Sayampanathan, Dr Clive Tan, Professor Fung Hong, COL (Dr) Ng Yih Yng and Dr Lee Meng Har.

Cross-Disciplinary breakout sessions

- Ageing in the Community – led by Dr Arthur Chern, from St Andrew's Mission Hospital
- Care Integration & Population-Based Care – led by A/Prof Eugene Shum, from Singhealth
- Infectious Diseases – Environment and Food Safety, led by A/Prof Ooi Peng Lim from the Ministry of Health
- Return to Work – led by A/Prof Lim John Wah from Khoo Teck Puat Hospital
- Tackling Chronic Diseases at Work, led by A/Prof Chew Ling from the HPB
- Aviation Medicine – Clinical and Physiological Issues, led by Dr Benjamin Ng
- The Future of Health Informatics, led by A/Prof Jason Yap from the Saw Swee Hock School of Public Health

Other than collaboration across disciplines and sectors, the conference also featured dedicated sessions on 'value' – how healthcare providers and systems can deliver 'better outcomes at lower cost'. There was a dedicated session on Health Technology Assessment led by Dr Pwee Keng Ho, and a lunch-time symposium on 'Value-Based Healthcare' sponsored and hosted by Medtronic.

A key highlight of the conference was when Professor David Koh was awarded the College of Public Health and Occupational Physicians' Lifetime Achievement Award. The Award honours exceptional public health or occupational medicine leaders and visionaries who have distinguished themselves through their accomplishments and contributions to the field of public health or occupational medicine (PHOM) in Singapore, and served as role models to the PHOM community.



Prof David Koh (left) receiving the CPHOP 2017 Lifetime Achievement Award from Senior Minister of State and Guest-of-Honor, Dr Lam Pin Min (right)

NATIONAL PREVENTIVE MEDICINE GRAND ROUNDS

The College funded refreshments for the National Preventive Medicine Grand Rounds which were conducted by the National Preventive Medicine Residency Program.

The following Grand Rounds were held and funded in 2017:

Date : 13 July 2017, Thursday
 Topic : **Creating Value in Health Care**
 Facilitators : Dr Ng Yeuk Fan, Dr Alexander Gorny
 Presenters : Dr Zubaidah Said, Lim Dwee Wee, Dr Dominic Tan

Date : 14 September 2017, Thursday
 Topic : **Breast Milk V.S. Formula Milk**
 Facilitators : A/Prof Chew Ling, Dr Liu Jiaming
 Presenters : Dr Lim Huai Yang, Dr Nokuthula Kitikiti, Dr Gabriel Chia

Date : 12 October 2017, Thursday
 Topic : **Work Stress and Health**
 Facilitators : Dr Judy Sng, Dr Lim Dwee Wee
 Presenters : Dr Dominic Tan, Dr Namrata Hange, Dr Wycliffe Wei

Date : 9 November 2017, Thursday
 Topic : **Population Based Approach: Are We Screening Right?**
 Facilitators : Dr Eugene Shum, Dr Marc Ho
 Presenters : Dr Andrea Lim, Dr Gabriel Chia and Dr Tay Min Zhi

COLLEGE LUNAR NEW YEAR GET-TOGETHER & CME SESSION

The College celebrated Chinese New Year with a CME talk, jointly organised by the College of Public Health and Occupational Physicians and Johns Hopkins Bloomberg School of Public Health at the Multi-Purpose Hall in Communicable Disease Centre 1. We were honoured to have Dr Jeremy Lim, Dr Clive Tan and Mr Nawal Roy to share their insights on 'Big Data' in Healthcare – Insights from information; Action from Insights'. About 44 people attended and gathered together to socialize, network, and catch up with friends.



Catching Up With Old Friends - A Photo For The Album



*Dr Jeremy Lim, Dr Clive Tan and Mr Nawal Roy sharing their insights on 'Big Data' in Healthcare –
Insights from information; Action from Insights'*



All ready to Toss Yu-Sheng For 'Good Luck'

CME SESSION: “Fatigue Monitoring and Management – Technology and Readiness”

The College organised the CME talk on “Fatigue Monitoring and Management – Technology and Readiness” at The Academy of Medicine, Singapore on 26 April 2017. We were honoured to invite Dr Wong Sheau Hwa to give this talk.

**CME SESSION: “Caring for the sick foreign worker - Law and Ethics at the crossroads”**

The Law and Ethics talk was held on 2 August 2017 in Ng Teng Fong Hospital. The topic of CME was “Caring for the sick foreign worker - Law and Ethics at the crossroads”, presented by Adjunct Associate Professor Dr Lee See Muah, Senior Consultant in Occupational Medicine, who is also the Chair of Bioethics Committee, Ng Teng Fong General Hospital.

**CME SESSION: “Occupational Health for Healthcare Workers - Sharing of HMDP Experiences in London”**

The CME talk was on Occupational Medicine, held on 24 Oct 2017 at NKF Centre. Dr Lim John Wah and Dr Brian See were presenters for this event. The topic of this CME talk was “Occupational Health for Healthcare Workers - Sharing of HMDP Experiences in London”.

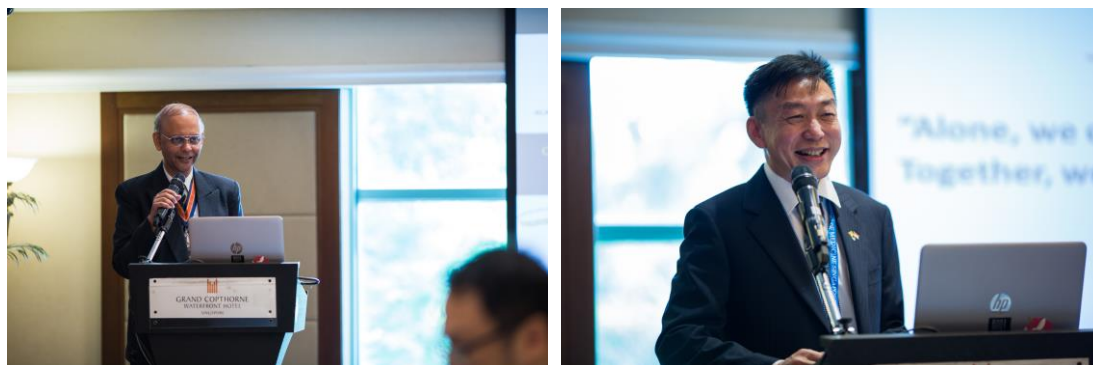


COLLEGE FELLOWS' LUNCH

The College organized a Fellows' lunch held on 21 July 2017, the first day of the 51st Singapore-Malaysia Congress of Medicine (SMCM) and 12th Singapore Public Health and Occupational Medicine (PHOM) Conference 2017 at the Paradiso Room, Grand Copthorne Waterfront Hotel. 40 Fellows gathered together to socialize, network, and catch up with friends.



A memorable lunch with friends



Dr S R E Sayampanathan, Master of Academy of Medicine, Singapore and Prof David Koh, 2017 Lifetime Achievement Winner giving the College an opening speech.

COLLEGE YEAR END GET-TOGETHER WITH RESIDENTS

The College organized a Year-End Get-Together with the residents on 23 November 2017, held at Spuds and Aprons, Faber Peak Singapore. We were honoured to have Ms Kuik Shiao-Yin giving the CME talk, on the topic “How to last the good fight”.



COLLEGE OF PUBLIC HEALTH & OCCUPATIONAL PHYSICIANS TRAVEL ASSISTANCE FUND

The College has a travel assistance fund to sponsor its Fellows to attend overseas meetings and conferences. Through the participation in these activities, the College aimed to: (a) develop ties and collaboration with public health colleges in other countries; and (b) promote the College annual Public Health and Occupational Medicine conference. Funding may include registration fee for the meeting, return economy class airfare and accommodation. To date, there was two granted application for the travel assistance fund to Dr Jason Yap and Prof Chia Kee Seng.

COLLEGE OF PUBLIC HEALTH & OCCUPATIONAL PHYSICIANS NEWSLETTER

The College published Issue 10 of the newsletter in June 2017. The newsletter provides Fellows with an update of the activities that happens bi-annually. It is also a means to reach out to the College's visitors and communicate information useful to Fellows.

APPRECIATION

The College wishes to record its thanks to all Fellows and friends who have supported the various activities throughout the year. The College also places on record its appreciation of the Secretariat.

December 2017

Dr Lim John Wah
Secretary
2016 – 2018
College of Public Health &
Occupational Physicians