

The College of Public Health and Occupational Physicians was inaugurated on 1 February 2013, from the Chapter of Public Health and Occupational Physicians founded in 1980. As part of the Academy of Medicine, Singapore, the College is a professional institution of Public Health, Occupational Medicine and Aviation Medicine specialists to advance the art and science of Preventive Medicine in Singapore through postgraduate specialist training, maintenance of high standards and ethical integrity through continuous professional development. The College provides professional leadership and makes recommendations to the Academy on respective specialist qualification and training. The College engages challenges related to the health and well-being of the population, and its Fellows serve on many national academic, training and intervention programmes.

FOREWORD BY COLLEGE PRESIDENT

Dear Fellows of the College of Public Health and Occupational Physicians,

Thank you for your support to the College Council over the past year. At our last AGM on 6 May 2016, we presented the College's Vision, Mission and Values, and discussed ways in which we can bring our College into the future to meet the needs of our Fellows and the profession as a whole. This includes strengthening of professional activities, organizing social and networking events, and reaching out to the broader public health community.



We have since had several engagements with you through a survey and discussions during social events to identify areas where we can expand, and the College Council has been working hard to turn your requests into reality. One feedback is for the organization of continuing medical education (CME) activities to achieve our role as educators of the profession. We have since organized several CME activities, including one on health insurance, and another on medical information technology. These activities have seen record participation, allowing for active discussions on key areas of interest to our Fellows. We have also organized social activities together with the CME, and have invited the Preventive Medicine residents to these events to promote networking with our future College Fellows, and to introduce them to the activities of the College.

The College also aims to increase the stature and awareness of our College through greater advocacy for topics of interest. The College is an important platform to provide professional opinion and commentary to supplement the official stance of our policy-making bodies, and to educate the community on key preventive medicine issues. The College wrote an opinion piece on diabetes with the Saw Swee Hock School of Public Health, and will aim to publish more of such pieces and to engage in other advocacy activities.

The 2nd Singapore International Public Health Conference and 11th Singapore Public Health & Occupational Medicine Conference held on 29 and 30 September 2016 was a major success, and saw more than 500 participants sharing their experiences on public health, occupational medicine, and aviation medicine. This conference was organized together with the Saw Swee Hock School of Public Health, and brought our College closer to the other major educator for public health in Singapore. This theme for the conference "Contemporary Challenges, Sustainable Solutions" addressed three current public health challenges prevalent in Asia, namely emerging infections including antimicrobial resistance; health systems and implications on healthcare costs as a result of population ageing; and the complexities of inequality and vulnerability of migrant and refugee populations and their implications on public health. The Fellows' lunch held during the conference saw 45 Fellows attending this annual event, where the College of Public Health and Occupational Physicians Lifetime Achievement Award 2016 recipient, Dr Lam Sian Lian, shared her insights and achievements during her career.

This year also saw Dr Clive Tan receiving a travel grant to attend the 4th World Congress of Integrated Care in Wellington, New Zealand in November 2016. Together with Dr Jason Yap, our College's Vice-President, they met up with the New Zealand College of Public Health Medicine's General Manager, Ms Jane Dancer; and also met with Ms Louise Delany, President of the Public Health Association of New Zealand. We encourage Fellows to apply for the travel grants should they require funding to attend meetings to further the mission of the College.

This year, 3 Public Health physicians and 1 Aviation Medicine physicians joined our College as Fellows. The membership breakdown and statistics are outlined in the Annual Report.

COLLEGE COUNCIL 2016 - 2017



Seated (left to right):

Dr Lim John Wah (Honorary Secretary), Dr Benjamin Ng (President), Dr Vernon Lee (President), Dr Jason Yap (Vice President), Dr Clive Tan (Honorary Treasurer)

Standing (left to right):

Dr Angela Chow (Council Member), Dr Kenneth Choy (Council Member), Dr Mona Toh (Council Member),

Not in Photo : Dr Gan Wee Hoe (Co-Opted Member)

3rd ANNUAL GENERAL MEETING

The 3rd Annual General Meeting (AGM) of the College of Public Health & Occupational Physicians was held on 6 May 2016. It was attended by some 12 fellows who came to support and witness the 3rd Council of the College takes office.

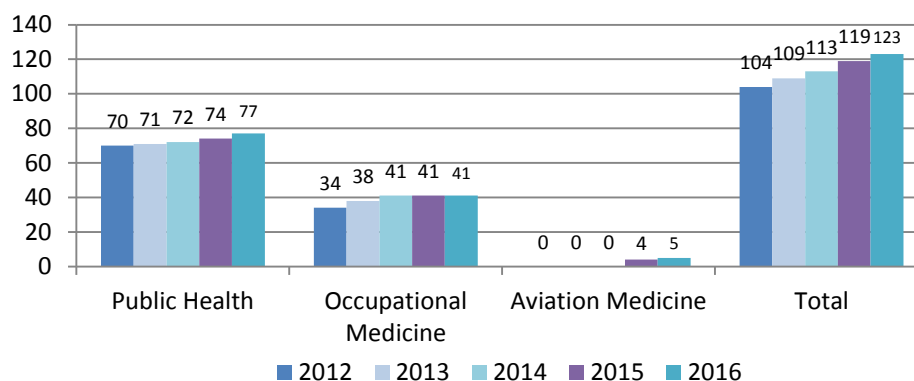
The 3rd Council for the year council term 2016 - 2017 were:

President	:	Dr Vernon Lee
Immediate Past President	:	Dr Benjamin Ng
Vice President	:	Dr Jason Yap
Honorary Secretary	:	Dr Lim John Wah
Honorary Treasurer	:	Dr Clive Tan
Council Members	:	Dr Angela Chow
		Dr Kenneth Choy
		Dr Toh Cheong Mui, Mona
Co-opted Members	:	Dr Gan Wee Hoe

MEMBERSHIP

The Membership of the College stood at 123 as of 31 December 2016.

The College Membership consisted of 115 Local Fellows, 7 Overseas Fellows and 1 Ordinary Member.



The following was admitted as Fellow of the Academy of Medicine, Singapore (CPHOP) in 2016:

- Dr Chong Chun Hon
- Dr Goh Jit Khong
- Dr Kim Ai Ling Phyllis
- Dr Wong Shiu Hong

The College would like to take this opportunity to welcome all who had joined in 2016.

ACTIVITIES

2nd Singapore International Public Health Conference and 11th Singapore Public Health & Occupational Medicine Conference

The 2nd Singapore International Public Health Conference and 11th Singapore Public Health and Occupational Medicine Conference 2016 (SIPHC 2016) was held on 29-30 September 2016 and was jointly organised by the College of Public Health and Occupational Physicians of the Academy of Medicine, Singapore, and the NUS Saw Swee Hock School of Public Health.

The Singapore International Public Health Conference is held every four years. It brought together a multi-national, multi-sector and multi-disciplinary panel of public health professionals and practitioners, academics, researchers, policy-makers and international stakeholders from around the world. It allowed participants to share their insights on a plethora of issues ranging from the use of novel technologies for surveillance of emerging infectious diseases, and improvement in healthcare delivery, workplace health and safety, and aviation medicine to the employment of novel strategies for the promotion of well-being and mental health, and the development of innovative health financing models. This two-day event enabled the discussion of successes, barriers and opportunities in tackling existing and emerging public health challenges and exchange knowledge about effective policies, programmes, best strategies, practices and methodology. The conference was well attended by more than 500 participants, including overseas participants from Canada and Malaysia.



A group photo taken during the Opening Ceremony of the 2nd SIPHC and 11th PHOM



Dr Lam Sian Lian, receiving the Achievement Award Medal from the Guest-of-Honor, Dr Amy Khor at the Conference



From left to right: Dr S R E Sayampanathan, Dr Amy Khor, Dr Lam Sian Lian, A/Prof Chew Ling, and Dr Vernon Lee

NATIONAL PREVENTIVE MEDICINE GRAND ROUNDS

The College funded refreshments for the National Preventive Medicine Grand Rounds which were conducted by the National Preventive Medicine Residency Program.

The following Grand Rounds were held in 2016:

Date : 14 January 2016, Thursday
 Topic : **Organisation of Health Systems – Role of Public Institutions vs. Community Organisations**
 Facilitators : Dr Eugene Shum, Dr Liu Jiaming
 Presenters : Dr Matthew Lee, Dr Loke Hsi-Yen, Dr Calvin Chiew, Dr Priyanka Rajendram

Date : 10 March 2016, Thursday
 Topic : **Case Studies in Epidemiology & Policy Decision**
 Faculty : Dr Vernon Lee

Date : 28 April 2016, Thursday
 Topic : **Systematic Services Development for Health and for Healthcare**
 Facilitators : Dr Ng Yeuk Fan, Dr Shermin Tan
 Presenters : Dr Dennis Chia, Dr Marc Ho, Dr Matthew Lee, Dr Nikki

Date : 12 May 2016, Thursday
 Topic : **Policy Considerations in Occupational Health**
 Facilitators : A/Prof Lee Hock Siang, Dr Ho Sweet Far, Dr Joseph Lim
 Presenters : Dr Jeff Hwang, Dr Melvin Seng, Dr Sankeerth Reddy

Date : 9 June 2016, Thursday
 Topic : **Changing Behaviour at Population Level**
 By : Foo Ling Li

Date : 14 July 2016, Thursday
 Topic : **Hepatitis C Outbreak: Lessons in Prevention and Control**
 Facilitators : A/Prof Angela Chow, Dr Marc Ho
 Presenters : Dr Loke Hsi-Yen, Dr Priyanka Rajendram, Dr Sankeerth Reddy, Dr Nikki

Date : 18 August 2016, Thursday
 Topic : **World War D: Man vs. Sugar**
 Facilitators : Dr Matthew Toh, Dr Andrew Green
 Presenters : Dr Andrea, Dr Namrata, Dr Nikki, Dr Wycliffe

Date : 8 September 2016, Thursday
 Topic : **Homelessness in Singapore: A Volunteer Worker's Perspective**
 Facilitators : Ms Mary Chia, Dr Marc Ho

Date : 13 October 2016, Thursday
 Topic : **End of Life Care: Writing Good Endings to their Stories**
 Facilitators : Dr Lee Meng Har, Dr Lim Wei-Yen, Dr Matthew

Date : 10 November 2016, Thursday
 Topic : **Regulation of Health Products**
 Facilitators : Dr Matthew, Dr Dominic, Dr Loke Hsi-Yen, Dr Andrew
 Presenters : Ass. Prof Raymond Chua, Dr Liu Jia Ming

COLLEGE GET-TOGETHER SESSIONS

The College celebrated Chinese New Year period this year with a "Lo Hei" at The Chinese Restaurant in Raffles Town Club. About 19 Fellows gathered together to socialize, network, and catch up with friends held on 12 February 2016.



Tossing Yu-Sheng For 'Good Luck'



Catching Up With Old Friends - A Photo For The Album

COLLEGE FELLOWS' LUNCH

The College organized a Fellows' lunch held on 29 September 2016, the first day of the 2nd Singapore International Public Health Conference (SIPHC) and 11th Singapore Public Health and Occupational Medicine (PHOM) Conference 2016 at the Pelican Room, Grand Copthorne Waterfront Hotel. 43 Fellows gathered together to socialize, network, and catch up with friends.



We were honoured to have Dr S R E Sayampanathan, Master of Academy of Medicine, Singapore, joining us and giving a short speech.



Dr Vernon Lee, President of the College and Dr Dr Lam Sian Lian, 2016 Lifetime Achievement Winner giving the College an opening speech.

COLLEGE COUNCIL GATHERING WITH RESIDENTS

The College organized a Year-End Get-Together with the residents on 1 December 2016, held at the Blue Ginger Restaurant. We were honoured to have Dr Wong Chiang Yin giving the CME talk, on the topic “A Public Health Physician’s Take on the HITF Report”.



Catching Up with Old Friends – A Photo For The Album

COLLEGE OF PUBLIC HEALTH & OCCUPATIONAL PHYSICIANS TRAVEL ASSISTANCE FUND

The College has a travel assistance fund to sponsor its Fellows to attend overseas meetings and conferences. Through the participation in these activities, the College aimed to: (a) develop ties and collaboration with public health colleges in other countries; and (b) promote the College annual Public Health and Occupational Medicine conference. Funding may include registration fee for the meeting, return economy class airfare and accommodation. To date, there was one granted application for the travel assistance fund to Dr Clive Tan.

COLLEGE OF PUBLIC HEALTH & OCCUPATIONAL PHYSICIANS NEWSLETTER

The College published 2 issues of the newsletter in August 2016 and December 2016. The newsletter provides Fellows with an update of the activities that happens bi-annually. It is also a means to reach out to the College's visitors and communicate information useful to Fellows.

APPRECIATION

The College wishes to record its thanks to all Fellows and friends who have supported the various activities throughout the year. The College also places on record its appreciation of the Secretariat.

December 2016

Dr Lim John Wah
Secretary
2016 – 2017
College of Public Health &
Occupational Physicians