

# COLLEGE OF OBSTETRICIANS AND GYNAECOLOGISTS, SINGAPORE

## 2009– 2010 COUNCIL MEMBERS

|  |   |                          |
|--|---|--------------------------|
| President  | : | Dr Lai Fon-Min           |
| Immediate Past President   | : | Dr Chang Tou Choong      |
| Vice-President & Chairperson, Section of Maternal Fetal Medicine | : | Dr Arijit Biswas         |
| Honorary Secretary   | : | Dr Suresh Nair           |
| Honorary Treasurer   | : | Dr Chern Su Min Bernard  |
| Council Members  | : | Dr Loh Kia Ee Sheila     |
|  | : | Dr Yeo Seow Heong George |
|  | : | Dr Jothi Kumar           |
|  | : | Dr Yam Kwai Lam Philip   |



## Chairpersons of Sections

|                          |   |                    |
|--------------------------|---|--------------------|
| Gynaecological Oncology  | : | Dr A Ilancheran    |
| Reproductive Medicine    | : | Dr Loh Seong Feei  |
| Urogynaecology           | : | Dr Han How Chuan   |
| Co-opted Council Members | : | Dr Ho Tew Hong     |
|                          | : | Dr Teoh Seng Hin   |
|                          | : | Dr Khoo Chong Kiat |

## SUBSPECIALTY SECTIONS

Executive Committee of the Sections of the College:

### Section of Gynaecological Oncology

|                    |                                   |
|--------------------|-----------------------------------|
| Chairman           | Dr A Ilancheran                   |
| Vice-Chairman      | Dr Lisa Wong                      |
| Honorary Secretary | Dr Ng Soon Yau, Joseph            |
| Committee Members  | Dr Quek Swee Chong                |
| Co-opted Members   | Dr Ho Tew Hong<br>Dr Chia Yin Nin |

### Section of Maternal Fetal Medicine

|                    |  |
|--------------------|--|
| Chairman           | Dr Arijit Biswas   |
| Vice-Chairman      | Dr Mary Rauff  |
| Honorary Secretary | Dr Tan Hak Koon  |
| Co-opted Members   | Dr Yeo Seow Heong George<br>Dr Su Lin Lin<br>Dr Tan Aileen |

### Section of Reproductive Medicine

|                    |                                    |
|--------------------|------------------------------------|
| Chairman           | Dr Loh Seong Feei                  |
| Vice-Chairman      | Dr Yu Su Ling                      |
| Honorary Secretary | Dr Loh Kia Ee Sheila               |
| Committee Members  | -                                  |
| Co-opted Members   | Dr Suresh Nair<br>Dr Yong Tze Tein |

### Section of Urogynaecology

|                    |                          |
|--------------------|--------------------------|
| Chairman           | Dr Han How Chuan William |
| Vice-Chairman      | Dr Chua Hong Liang       |
| Honorary Secretary | Dr Lee Lih Charn         |
| Committee Members  | Dr Ng Kwok Weng, Roy     |
| Co-opted Members   | Dr Lee Weng Soon James   |



1<sup>st</sup> Row (from Left): Dr Suresh Nair, Dr Arijit Biswas, Prof Sir Sabaratnam Arulkumaran (Guest Lecturer), Dr Lai Fon-Min, Master Fock Kwong Ming (Guest-of-Honour), Dr Chang Tou Choong, Dr Ho Tew Hong and Dr Bernard Chern  
 2<sup>nd</sup> Row (from Left): Dr Sheila Loh, Dr Khoo Chong Kiat, Dr Teoh Seng Hin, Dr A Ilancheran, Dr Yeo Seow Heong George, Dr Jothi Kumar, Dr Yam Kwai Lam Philip and Dr Loh Seong Feei  
 Absent from photo: Dr Han How Chuan  
 Photo taken for Council 2009-2010 at the 6<sup>th</sup> COGS Lectureship Dinner on 31<sup>st</sup> July 2009

### Continuing Medical Education

During the year, the College contributed actively to the Continuing Medical Education (CME) activities and lectures:

#### World Fertility Awareness Month in June 2009

The Section of Reproductive Medicine, College of O & G continued to uphold its objective of updating the practicing doctors and healthcare professionals on the key issues affecting the reproductive health and welfare of men and women in Singapore through organizing 3 forums in June. The theme for the Specialists and GPs Forums was "New Frontiers in Reproductive Health" while the Public Forum was on "New Technologies: Helping Couples Start A Family".

**6 Jun 2009: Specialists' Forum** with lectures covering the prevention of ovarian hyperstimulation syndrome, role for pre-implantation genetic screening, fertility preservation in cancer patients and the modern management of male infertility.

**7 Jun 2009: GPs Forum** which provided updates on diet, lifestyle & impact on reproductive health and fertility preservation for cancer patients. It also aimed to address patients' queries on the role of preimplantation genetic diagnosis and whether fibroids & uterine lesions could cause infertility.

**13 Jun 2009: Public Forum** with the theme on "New Technologies: Helping Couples Start A Family" aimed to address issues on the impact of weight on fertility, usefulness of the sperm tests as well as the safety aspects of using new IVF technologies.

#### 31 July 2009: 6th College of O & G Lecture & Dinner: "Improving Quality, Safety by Governance and Revalidation"

by Professor Sir Sabaratnam Arulkumaran, President, Royal College of O & G, Head of O&G, St George's University of London

The 6th College of O & G Lecture & Dinner was held on 31 July 2009 at the Intercontinental Singapore. This year, the College was honoured to have Prof Fock Kwong Ming, Master of Academy of Medicine, as the Guest-of-Honour and Professor Sir Sabaratnam Arulkumaran to deliver the lecture on "Improving Quality, Safety by Governance and Revalidation". While Prof Arulkumaran was in Singapore, an informal discussion with the President of the College, Dr Lai Fon-Min, led to the eventual subscription of the hard copy of The Obstetrician & Gynaecologist (TOG) journal at an extremely attractive rate for the O&G fellows of the COGS. The TOG is the journal for continuing professional development from the RCOG and is published 4 times a year. It is an excellent resource, available online to members and fellows of the RCOG and it contains CPD MCQs which can be submitted online. The first issue was distributed in January 2010. The COGS has submitted its request to the Singapore Medical Council for completed MCQs to be recognized as Category 3B verifiable CME points.

#### 8 October 2009 - HMDP Visiting Expert Lecture: "Strategies to Reduce Complications in Multiple Pregnancy"

Speaker: Professor Issac Blickstein

The Hadassah Hebrew University School of Medicine, Faculty of the Dept of O&G, Kaplan Medical Center

Chairperson: : A/Prof Mary Rauff

Senior Consultant, Department of O&G, National University Hospital

#### 12 November 2009 - The Rough Guide to Artificial Insemination

Speaker: Dr Sheila Loh

Clinical Director, Raffles Fertility Centre

Consultant, O&G, Raffles Women's Centre

Ms Yong Yin Yin, Senior Embryologist, Raffles Fertility Centre

Chairperson: Dr Sheila Loh

Clinical Director, Raffles Fertility Centre

Consultant, O&G, Raffles Women's Centre

#### 9th MRCOG Part II Examination Course, 15 – 18 January 2009

Co-organised by College of O & G Singapore, and the Singapore Representative Committee (RCOG), the 9th MRCOG Part II Examination Course was held at KK Women's & Children's Hospital. The annual 4-day intensive course to prepare O & G trainees for the MRCOG Part II Examinations was well received by 43 participants from the various countries in ASEAN, including Malaysia, Hong Kong, Brunei, Myanmar and Singapore. This year, we were honoured to have Dr Paul Fogarty, the former Chair, MRCOG Essay (SAQ) Committee (2004 to 2007) and Dr Ian Ramsay, Chairman EMQ Subcommittee (2005 to 2008) to be the Examiners of the Course. Through their coaching, it had allowed the participants to be better acquainted with the ever-changing format of the RCOG examinations and hopefully aid them in the organization of their own local course in the future.

#### College of O & G Malaysia Teaching Conference, 20 to 22 November 2009

The College of O & G, Academy of Medicine, Malaysia organised the College of O & G Teaching Conference which was held from 20 – 22 November 2009 at the One World Hotel, Petaling Jaya, Selangor, Malaysia, with the theme "The Old and The New". The College of O & G, Singapore had been invited as one of the collaborators in this event by sending speakers namely Dr Roy Ng, Dr Anupriya Agarwal and Dr Roland Chieng to deliver the respective lectures on "Third & Fourth Degree Perineal Tears", "Management of Voiding Difficulty after Incontinence Surgery", "Yield of Outpatient Hysteroscopy" and "Ovarian Tissue Cryopreservation before gonadotoxic therapy". The President, College of O & G, Singapore had also been invited to deliver a speech at the opening ceremony of this conference on 20 November 2009. To commemorate this event, the President, College of O & G, Singapore had presented our college plaque to the President, College of O & G, Academy of Medicine, Malaysia.

#### Publication of College Guidelines

No guidelines were published by the COGS in 2009. However, several guidelines were initiated and scheduled for publication in the coming years. The COGS also successfully lobbied (through AMS) for the use of Clinical Practice Guidelines (CPGs) as an additional source of content for developing Category 3B distance learning modules. Credit points will also be awarded to CPG workgroup members.

#### CREOG examinations

The Specialist Accreditation Board (SAB), Ministry of Health, has recommended the introduction of US-styled residency programs to capitalise on the structured formative training aspects of the program. In Singapore, the Accreditation Council for Graduate Medical Education International (ACGME-I) will be responsible for the accreditation of post-undergraduate medical training programs. As part of the program requirements, the CREOG (Council on Resident Education in Obstetrics and Gynecology) examination, a national specialty examination given to all ob-gyn residents annually in the USA, has been introduced to Singapore trainees. The results of the CREOG examination is used for self-assessment and residency program assessment. The O&G Specialist Training Committee has requested the Academy of Medicine to help administer the CREOG Examination from 2011 onwards which will be funded by the MOH, Singapore as part of the MOU. A Memorandum of Understanding was signed between the Ministry of Health (MOH) and the Academy of Medicine, Singapore for the furtherance of medical post graduate specialist training on 3 July 2009.

More information on the College and 2009 financial statements are available at [http://www.ams.edu.sg/chapter/home.aspx?sec\\_id=4](http://www.ams.edu.sg/chapter/home.aspx?sec_id=4)