

# CHAPTER OF PSYCHIATRISTS

## 25<sup>TH</sup> ANNUAL GENERAL MEETING

The 25<sup>th</sup> Annual General Meeting of the Chapter of Psychiatrists was held on 3 June 2011, 7:30pm in Seminar Room 1, Level 3, Main Building, Tan Tock Seng Hospital, (TTSH), 11 Jalan Tan Tock Seng, Singapore 308433.

The Office-Bearers for the year 2011-2012 were:

Chairperson:	Dr Yap Hwa Ling
Vice-Chairperson:	Dr Ng Beng Yeong
Secretary:	A/Prof Fones Soon Leng Calvin
Treasurer:	Dr Ngui Tet Shin Francis
Committee Members:	A/Prof Ong Thiew Chai Dr Kok Lee Peng
Co-opted Members:	A/Prof Wong Chee Meng John A/Prof Rathi Mahendran

## MEMBERSHIP

The total membership of the Chapter as at 31 December 2011 stands at 91.

## COMMITTEE MEETINGS

The Chapter held one meeting for the year 2011.

## ACTIVITIES

### Quarterly Professional Lecture 2011

The following lecture was co-organised with the Academy of Medicine, Singapore (AMS):

#### 17 March 2011

##### 1<sup>st</sup> Professional Lecture: 'Life Trajectories of Common Childhood Disorder – ADHD, Bipolar & Early Psychosis'

Professor Eric Andrew Taylor

Emeritus Professor of Child & Adolescent Psychiatry – King's College London, England, UK & Visiting Academician Y2011, Academy of Medicine, Singapore & Chapter of Psychiatrists

Chairperson: A/Prof Wong Chee Meng John

### Continuing Medical Education

The Chapter organised the following lectures:

#### 28 July 2011

##### 'Effective Antipsychotic Treatment for Relapse Prevention'

Dr Haya Ascher

Research Fellow, Global Health Outcomes with Eli Lilly & Company since Y2000

Adjunct Clinical Associate Professor of Psychology, Psychiatry Department, Indiana University School of Medicine, Indianapolis, IN 2000, USA

Chairperson: A/Prof Wong Chee Meng John.

#### 11 October 2011

##### 'The Impact of Treatment on the Course & Outcome of Bipolar Disorder'

Dr Sagar V Parikh

Deputy Psychiatrist-in-Chief at the University Health Network (Toronto General Hospital, Toronto Western Hospital, and Princess Margaret Hospital) and Director of Continuing Mental Health Education at the University of Toronto, Ontario, Canada

Chairperson: A/Prof Lim Eng Choon Leslie

### Seminar on 'Forensic Psychiatric Assessments: Pitfalls & Problems'

The Chapter and the Department of Psychological Medicine, Tan Tock Seng Hospital (TTSH) were joint collaborators to a seminar on 'Forensic Psychiatric Assessments: Pitfalls & Problems', held on 3 June 2011 at TTSH. The programme comprised the following topics and speakers:

- *The Lawyer's Perspective: 'What Lawyers want from a Psychiatric Report'*

Mr Nicholas Cheong, Advocate & Solicitor, Singapore; Advocate, England & Wales; Honorary Secretary, Medico-Legal Society of Singapore & Partner, Lim Soon Peng & Co LLP

- *The Psychiatrist's Perspective – 'Difficulties in Forensic Psychiatric Assessments'*  
A/Prof Calvin S L Fones, Consultant Psychiatrist, Fones Clinic-Psychological Medicine, Gleneagles Medical Centre, Singapore
- *Report – 'The Chapter of Psychiatrists Survey on Forensic Psychiatric Reports'*  
Dr Tor Phern Chern, Adjunct Lecturer, Department of Psychological Medicine, National University Health System, Singapore

A panel discussion was held at the end of the session, chaired by Dr Nicholas Chew (Consultant, Department of Psychological Medicine, TTSH). The session was well-attended.

#### **Workshop on 'Courtroom Skills'**

The Institute of Mental Health (IMH) and the Chapter co-organised a Workshop on Courtroom Skills' which took place on 14 September 2011 at IMH. The programme comprised two cases: one for Civil on PTSD and the second was a Criminal presentation. The Organising Chairperson was Dr Goh Hern Yee Jerome, Deputy Chief & Consultant, Department of Forensic Psychiatry, IMH.

#### **SURVEY OF PSYCHIATRISTS ON FORENSIC PSYCHIATRIC ASSESSMENTS IN SINGAPORE**

The Chapter conducted a 'Survey of Psychiatrists on Forensic Psychiatric Assessments in Singapore' among all Specialist Psychiatrists registered with the Specialist Accreditation Board (SAB) in 2011. Dr Tor Phern Chern presented a report to all Fellow Psychiatrists at a Seminar on 'Forensic Psychiatric Assessments – Pitfalls & Problems' held on 3 June 2011. The final survey was completed on 2 September 2011.

#### **MOH CONSULTATION PAPER – 'PROPOSED MEASURES TO MONITOR ERRANT PRESCRIBING OF BENZODIAZEPINES (BZS)'**

A meeting for the MOH Consultation Paper on 'Proposed Measures to Monitor Errant Prescribing of Benzodiazepines (BZs)', was convened for FAMS Psychiatrists on 5 October 2011 at Postgraduate Medical Institute (PGMI), Singapore General Hospital (SGH). An official letter of reply containing feedback from members present during the above session was submitted to MOH on 19 October 2011.

#### **MINISTRY OF HEALTH (MOH) REQUESTS**

The Chapter provided her professional opinions through the Academy's Professional Affairs Department to MOH who had requested for:

- Clinical Practice Guidelines (CPGs) Masterplan Topics for FY2012 [Development of CPG for 'Attention Deficit Hyperactivity Disorder (ADHD)']
- Use of Bright Light Therapy (BLT) in Geriatric Delirious Patients
- Health Regulation Strategic Thrusts
- Practice of Clinical Hypnosis
- Provision of Hypnotherapy Services in a GP Clinic

#### **MINISTRY OF HEALTH (MOH) CLINICAL PRACTICE GUIDELINES (CPGs)**

The Chapter submitted its endorsements through the Academy's Professional Affairs Department to MOH for:

- CPG on Schizophrenia (Review)
- CPG on Management of Gambling Disorders
- CPG on Depression (Draft)

#### **PSYCHIATRY RESIDENT IN-TRAINING EXAMINATIONS (PRITE)**

The Chapter witnessed the birth of a new Psychiatry residency programme headed by A/Prof Chiam Peak Chiang (Programme Director), Vice-Chairman, Medical Board (Education), IMH. The Academy conducted the PRITE (offered by the American College of Psychiatrists) for all registered year two Psychiatry residents in Singapore on 13 October 2011 at IMH. It was a formative assessment administered in two parts, the first session started from 0900 hours to 1200 hours and the second from 1300 hours to 1600 hours.